THE BOOK OF PSALMS

COLLECTED INTO ENGLISH meter, by THOMAS STERNEHOLD, JOHN HOPKINS, and others: conferred with the Hebrew; with apt Notes to sing them withal.

Set forth and allowed to be sung in all Churches, of the people together,

before and after Morning and Evening Prayer:
As also before and after Sermon;
and moreover in private houses, for their godly solace and
comfort,

laying apart all ungodly Songs and Ballads, which tend only to the nourishment of vice, and corrupting of youth.

JAMES V.

If any be afflicted, let him pray: if any be merry, let him sing Psalms.

COLLOSSIANS III.

Let the word of God dwell plenteously in you, in all wisdom, teaching and exhorting one another, in Psalms, Hymns, and spiritual Songs, and sing unto the Lord in your heart.

Veni Creator

One holy Ghost eternal God, proceeding from above, both from the Father and the Son, the God of peace and love.

Visit our minds, and into us thy heavenly grace inspire, that in all truth and godliness we may have true desire.

Thou art the very comforter in all woe and distress:

The heavenly gift of God most high, Which no tongue can express.

The fountain and the lively spring of joy celestial:

The fire so bright, the love so clear, and unction spiritual.

Thou in thy gifts are manifold,
whereby Christ's Church doth stand,
In faithful hearts writing thy Law
the finger of God's hand.
According to thy promise made,
thou givest speech of grace:
That through thy help the praise of God
may stand in every place.

O holy Ghost into our minds send down thy heavenly light: Kindle our hearts with fervent love, to serve God day and night. Strength and 'stablish all our weakness so feeble and so frail, That neither flesh, the world, nor devil, against us do prevail. Put back our enemies far from us, and grant us to obtain:
Peace in our hearts with God and man, without grudge or disdain.
And grant O Lord, that thou being our leader and our guide:
We may eschew the snares of sin, and from thee never slide.

To us such plenty of thy grace,
good Lord grant we thee pray:
That thou maist be our comfortess
at the last dreadful day.
Of all strife and dissention
O Lord dissolve the bands:
And make the knots of peace and love,
throughout all Christian Lands.

Grant us O Lord, through thee to know, the Father most of might,
That of his dear beloved son, we may attain the sight.
And that with perfect faith also, we may acknowledge thee:
The spirit of them both alway, one God in persons three.

Laud and praise be to the Father, and to the son equal:
And to the holy spirit also, one God coeternal:
And pray we that thy only Son, vouchsafe his spirit to send.
To all that do profess his name, unto the worlds end.

The Humble Suite of a Sinner.

O Lord of whom I do depend,
behold my careful heart,
And when thy will and pleasure is,
release me of my smart,
Thou seest my sorrows what they are,
my grief is known to thee:
And there is none that can remove
or take the same from me.

But only thou whose aid I crave,
whose mercy still is pressed:
To ease all those that come to thee,
for succor and for rest.
And sith thou seest my restless eyes,
my tears and grievous groan:
Attend unto my suite O Lord,
mark well my 'plaint and moan.

For sin hath so enclosed me,
And 'compass me about,
That I am now remediless,
if mercy help not out:
For mortal man cannot release,
or mitigate this pain:
But even thy Christ my Lord, and God,
which for my sin was slain.

Whose bloody wound are yet to see, though not with mortal eye:
Yet do thy Saints behold them all, and so I trust shall I.
Though sin doth hinder me a while when thou shalt see it good, shall enjoy the sight of him, and see his wounds and blood.

And as thine Angels and thy saints, do now behold the same:
So trust I to possess that place, with them to praise thy name.
But while I live here in this vale, where sinners do frequent,
Assist me ever with thy grace, my sins still to lament.

Least that I tread in sinners' trace, and give them my consent,
To dwell with them in wickedness, where to nature is bent.
Only thy grace must be my stay, least that I fall down flat.
And being down, then of myself, cannot recover that.

Wherefore, this is yet once again,
my suite and my request,
To grant me pardon for my sins,
that I in thee may rest.
Then shall my heart, my tongue, and voice,
be instruments of praise,
And in the Church and House of Saints,
sing Psalms to thee always.

Venite exultemus. Ps. 95.

Sing this as the Benedictus.

O Come and let us now rejoice,
And sing unto the Lord,
And to our only savior:
Also with one accord.
O let us come before his face,
With inward reverence,
Confessing all our former sins,
And that with diligence.

To thank him for his benefits,
Always distributing:
Wherefore to him right joyfully,
In Psalms now let us sing
And that because that God alone,
Is Lord magnificent,
And eke above other Gods,
A King omnipotent.

His people doth not he forsake, At any time or ride: And in his hands are all the coasts Of all the world so wide.

And with his loving countenance He looketh every where: And doth behold the tops of all The mountains far and near.

The sea and all that is therein
Are his, for he them made:
And eke his hand hath fashioned,
The earth which doth not fade.

O come therefore and worship him, And down before him fall, And let us kneel before the Lord, The which hath made us all. He is our God, our Lord, and King,
And we his people are:
His flocks and sheep of his pasture,
On whom he taketh care.
This day if ye will hear his voice,
Yet harden not your heart,
As in their bitter murmuring,
When ye were in desart.

Which thing was of their negligence
Committed in the time
Of trouble in the wilderness:
A great and grievous crime.
Whereas your fathers tempted me,
And tried me every way:
They proved me and saw my works,
What I could do or say.

These forty years I have been grieved, With all this generation? And evermore I said they erred In their imagination.

Wherewith their hearts were sore cumbered Long time and many days,
Wherefore I know assuredly,
They have not known my ways.

To whom I in my anger swore, That they should not be blessed, Nor see my joy celestial, Nor enter in my rest.

Gloria Patri.

All laud and praise be to the Lord O that of might art most:
To God the Father, and the Son, And to the Holy Ghost.
As it in the beginning was, Forever heretofore:
And is now at this present time, And shall be evermore.

The Song of S. Ambrose, called *Te Deum*.

We praise thee God, we knowledge thee, the only Lord to be, and as eternal Father all, the earth doth worship thee:

To thee all Angels cry, the heavens and all the powers therein,

To thee Cherub and Seraphim, to cry they do not lin.

O holy, holy Lord,
of Sabbath Lord the God,
Through heaven and earth thy praise is spread,
and glory all abroad.
The Apostles' glorious company
yield praises unto thee:
The Prophets' goodly fellowship
praise thee continually.

The noble and victorious host
of Martyrs found thy praise:
The holy Church throughout the world,
doth knowledge thee always.
Father of endless Majesty
they do acknowledge thee:
Thy Christ, thine honorable, true,
and only son to be.
The holy Ghost the Comforter,
of glory thou art King.
O Christ and of the Father art
the son everlasting.

When sinful man's decay in hand thou tookest to restore,
To be enclosed in virgin's womb thou diddest not abhor.
When thou hadst overcome of death the sharp and cruel might,
Thou heaven's kingdom didst set up to each believing wight.
In glory of the Father thou doest sit on God's right hand:
We trust that thou shalt come our Judge, our cause to understand.

Lord help thy servants whom thou hast bought with thy precious blood:
And in eternal glory set them with thy Saints so good.
O Lord, do thou thy people save, bless thine inheritance:
Lord govern them and Lord do thou For ever them advance.

We magnify thee day by day,
and world without an end
Adore thy holy name, O Lord,
vouchsafe us to defend.
From sin this day. Have mercy Lord,
have mercy on us all:
And on us as we trust in thee,
Lord let thy mercy fall.

O Lord, I have reposed all my confidence in thee: Put to confounding shame therefore, let me never be.

The song of the three Children praising God, provoking all creatures to do the same.

O all ye works of God the Lord,

bless ye the Lord, praise him, and magnify him forever.

O all ye Angels of the Lord,

bless ye the Lord, praise him, and magnify him forever.

O ye starry heavens high,

bless ye the Lord, praise him, and magnify him forever.

O ye the waters above the sky

bless ye the Lord, praise him, and magnify him forever.

O all ye powers of the Lord

bless ye the Lord, praise him, and magnify him forever.

O ye the shining Sun and Moon,

bless ye the Lord, praise him, and magnify him forever.

O ye the glistering stars of heaven,

bless ye the Lord, praise him, and magnify him forever.

O ye the showers and dropping dew,

bless ye the Lord, praise him, and magnify him forever.

O ye the blowing winds of God,

bless ye the Lord, praise him, and magnify him forever.

O ye fire and warming heat,

bless ye the Lord, praise him, and magnify him forever.

Ye winter and the summer tide,

bless ye the Lord, praise him, and magnify him forever.

O ye the dew, and binding frosts,

bless ye the Lord, praise him, and magnify him forever.

O ye the frosts and chilling cold,

bless ye the Lord, praise him, and magnify him forever.

O ye congealed ice and snow,

bless ye the Lord, praise him, and magnify him forever.

O ye the nights and lightsome days,

bless ye the Lord, praise him, and magnify him forever.

O ye the darkness and the light,

bless ye the Lord, praise him, and magnify him forever.

O ye the lightnings and the clouds,

bless ye the Lord, praise him, and magnify him forever.

O let the earth eke bless the Lord,

yea bless the Lord, praise him, and magnify him forever.

O ye the mountains and the hills,

bless ye the Lord, praise him, and magnify him forever.

O all ye green things of the earth,

bless ye the Lord, praise him, and magnify him forever.

O ye the ever springing wells,

bless ye the Lord, praise him, and magnify him forever.

O ye the seas, and ye the floods,

bless ye the Lord, praise him, and magnify him forever.

Whales and all that in the waters move,

bless ye the Lord, praise him, and magnify him forever.

O all ye flying fowls of the air,

bless ye the Lord, praise him, and magnify him forever.

O all ye beasts and cattle eke,

bless ye the Lord, praise him, and magnify him forever.

O ye the children of mankind,

bless ye the Lord, praise him, and magnify him forever.

Let Israel eke bless the Lord,

bless ye the Lord, praise him, and magnify him forever.

O ye the Priests of God the Lord,

bless ye the Lord, praise him, and magnify him forever.

O ye the servants of the Lord,

bless ye the Lord, praise him, and magnify him forever.

Ye spirits and souls of righteous men,

bless ye the Lord, praise him, and magnify him forever.

Ye holy and ye meek of heart,

bless ye the Lord, praise him, and magnify him forever.

O Aanias bless the Lord,

bless ye the Lord, praise him, and magnify him forever.

O Azarias bless the Lord,

bless ye the Lord, praise him, and magnify him forever.

And Misael bless the Lord,

bless ye the Lord, praise him, and magnify him forever.

The song of Zacharias, called *Benedictus*.

The only Lord of Israel be praised evermore: For through his visitation and mercy kept in store,

His people now he hath redeemed, that long hath been in thrall: And spread abroad his saving health upon his servants all.

In David's house his servant true,
According to his mind:
And also his anointed King,
As we in Scripture find.
As by his holy Prophets all,
Oft times he did declare:
The which were since the world began,
His ways for to prepare.

That we might be delivered From those that make debate: Our enemies, and from the hands, Of all that do us hate.

The mercies which he promised Our fathers, to fulfill, And think upon his covenant made According to his will.

And also to perform his oath, Which he before had sworn To Abraham our father dear, For us that were forlorn.

That he would give himself: for us, And us from bondage bring, Out of the hands of all our foes, To serve our heavenly King. And that without all manner fear, And eke in righteousness: And also for to lead our lives In steadfast holiness.

And thou O child which now art born, And of the Lord elect, Shalt be the Prophet of the highest, His ways for to direct.

For thou shalt go before his face For to prepare his ways: And also for to teach his will And pleasure all thy days.

To give them knowledge how that their Salvation is near, And that remission of their sins Is through his mercy mere.

Whereby the Day-spring from on high Is come us for to visit:
And those for to illuminate,
Which do in darkness sit.
To lighten those that shadowed be
With death and eke oppressed:
And also for to guide their feet
The way to peace and rest.

The Song of the blessed Mary, called Magnificat.

My soul doth magnify the Lord, my spirit eke evermore, Rejoiceth in the Lord my God, which is my Savior.

And why? because he did regard, and gave respect unto,
So base estate of his handmaid, and let the mighty go.

For now behold nations all, And generations all, From this time forth forevermore Shall me right blessed call.

Because he hath me magnified Which is the Lord of might: Whose name be ever sanctified, And praised day and night.

For with his mercy and his grace
All men he doth enflame,
Throughout all generations,
To such as fear his name.

He showed strength with his great arm, And made the proud to start, With all imaginations That they bare in their heart. He hath put down the mighty ones From their supernal feat: And did exalt the meek in heart, As he hath thought it mete.

The hungry he replenished With all things that were good: And through his power he made the rich Oft times to want their food.

And calling to remembrance
His mercy every deal
Hath holpen up assistantly
His servant Israel,
According to his promise made
To Abraham before,
And to his seed successively,
To stand forevermore.

Whom thou mercifully hast set,
Of they abundant grace,
In open sight and visible,
Before all peoples face.
The Gentiles to illuminate,
And Satan over-quell:
And eke to be the glory of
Thy people Israel.

The Symbol or Creed of Athanasius, called, Quicunque vult.

What man soever he be that, salvation will attain, the Catholic believe he must before all things retain:
Which faith unless he holy keep and undecidedly:
Without all doubt eternally, he shall be sure to die.

The Catholic belief is this,
that God we worship one
In Trinity, and Trinity
in unity alone.
So as we neither do confound
the persons of the three.
Nor yet the substance whole of one,
in sunder parted be:

One person of the father is, another of the son:
Another person proper of the holy Ghost alone.
Of father, son and holy Ghost, but one the Godhead is:
Like glory coeternal eke, the majesty likewise.

Such as the father is, such is the son in each degree
And such also we do believe the holy Ghost to be.
Uncreate is the father and uncreate is the son:
The holy Ghost uncreate so, uncreate is each one.

Incomprehensible father is, incomprehensible son.
And comprehensible also is the holy Ghost of none.
The father is eternal, and the son eternal so:
And in like sort eternal is the holy Ghost also.

And yet though we believe that each of these eternal be;
Yet there but one eternal is, and not eternals three.
As ne incomprehensible we ne yet uncreate three.
But one incomprehensible, one uncreate hold to be.

Almighty so the father is, the son almighty so: And in like sort almighty is the holy Ghost also. And albeit that everyone, of these almighty be: Yet there but one almighty is, and not almighties three.

The father God is, God the son,
God holy Ghost also:
Yet there are not three Gods in all
But one God and no mo'e:
So likewise Lord the father is,
and Lord also the son,
And Lord the holy Ghost yet are
there not three Lords but one.

For as we are compelled to grant by Christian verity: Each of the persons by himself, both God and Lord to be. So Catholic Religion, forbiddeth us alway, That either Gods be three, or that there Lords be three to say.

Of none the father is ne made, ne create nor begot,
The son is of the father, not create, ne made, but got.
The holy Ghost is of them both the father and the son:
Ne made, ne create, nor begot, but doth proceed alone.

So we one Father hold not three, one Son also not three:
One holy Ghost alone, and not three holy Ghosts to be.
None in This Trinity before, nor after other is,
Ne greater any than the rest, ne lesser is likewise.

But everyone among themselves, of all the persons three,
Together coeternal all,
and all coequal be:
So unity in Trinity,
as said it is before,
And trinity in unity,
in all things we adore.

Therefore what man soever that salvation will attain:
This faith touching the trinite, of force we must retain.
And needful to eternal life, it is that every wight
Of the incarnating of Christ our Lord believe aright.

For this the right faith is, that we believe and eke do know,
That Christ our Lord the Son of God, is God and man also:
God of his father's substance got before the world began,
And of his mother's substance born, in world a very man.

Both perfect God and perfect man, in one, one Jesus Christ,
That doth of reasonable soul, and humane flesh subsist,
Touching his Godhead equal with his father God is he,
Touching his manhood lower than his father in degree.

Who though he be both very God, and very man also:Yet is he but one Christ alone, and is not persons two.One not by turning of Godhead, into the flesh of man:But by taking manhood to God, this being one began.

All one not by confounding of the substance into one,
But only by the unity, that is one person,
For as the reasonable soul, and flesh but one man is.
So in one person God and man, is but one Christ likewise.

who suffered for to save us all, to hell he did descend:
The third day rose again from death! to heaven he did ascend,
He sits at the right hand of God, the Almighty father there.
From thence to judge the quick and dead, again he shall retire.

At whose return all men shall rise, with bodies new restored:
And of their own works they shall give account unto the Lord.
And they into eternal life shall go, that have done well,
Who have done ill shall go into eternal fire to dwell.

This is the Catholic belief,
who doth not faithfully
Believe the same, without all doubt,
he saved cannot be.
To father, son, and holy Ghost,
all glory be therefore,
As in beginning was, is now,
and shall be evermore.

The Lamentation of a sinner M.

O Lord turn not away thy face, from him that lieth prostrate, Lamenting fore his sinful life, before thy mercy gate,

which gate thou openest wide to those, that do lament their sin,
Shut not that gate against me Lord,
but let me enter in.

And call me not to mine accounts,
How I have lived here:
For then I know right well, O Lord,
How wise I shall appear:
I need not to confess my life,
I am sure thou canst tell:
What I have been, and what I am,
I know thou knowest it well,
O Lord thou knowest what things be past,
And eke the things that be.
Thou knowest also what is to come,
Nothing is hid form thee:

Before the heavens and the earth were made Lord let thy mercy come. Thou knewest what things were then:
As all things else that hath been since,
Among the Sons of men.

And can the things that I have done, Be hidden form thee then? Nay nay thou knowest them all, O Lord, Where they were done and when.

Wherefore with tears I come to thee, To beg and to entreat: Even as the Child that hath done evil, And feareth to be beat.

So come I to thy mercy gate
Where mercy doth abound,
Requiring mercy for my sin,
To heal my deadly wound.
O Lord, I need not to repeat,
What I do beg or crave:
Thou know'st, O Lord, before I ask,
The thing that I would have.
Mercy good Lord, mercy I ask,
This is the total sum:
For mercy Lord is all my suite,
Lord let thy mercy come.

The Lords prayer, or Pater Noster

Our father which in heaven art, Lord hallowed be thy name, thy Kingdom come, thy will be done in earth, even as the same in heaven is.

Give us, O Lord, our daily bread this day. As we forgive our debtors, so forgive our debts we pray. Into temptation lead us not, from evil make us free: For kingdom, power and glory thine, both now and ever be.

The 10 Commandments Audi Israel. Exod. 20

Hark Israel, and what I say,
give heed to understand,
I am the Lord thy God that brought
thee out of Egypt land,
even from the house wherein
thou did'st in thralldom live a slave:
None other Gods at all before
my presence shalt thou have.

No manner graven image shalt thou make at all to be,
Nor any figure like by thee, shall counterfeited be,
Or any thing in heaven above, nor in the earth below:
More in the waters beneath the earth, to them thou shalt not bow.

Nor shalt thou serve. The Lord thy God, a jealous God am I,
That punish parent faults unto, the third and fourth degree,
Upon their children that me hate, and mercy do display
To thousands of such as me love, and my precepts obey:

The name thou of thy Lord thy God, in vain shalt never use
For him that takes his name in vain, the Lord will not excuse,
Remember that thou holy keep, the sacred Sabbath day:
Six days thou labor shalt and do, thy needful works alway.

The seventh day is set by the Lord, thy God to rest upon,
No work then shalt thou do in it, ne thou, nor yet thy son:
Thy daughter, servant, nor handmaid, thin Ox nor yet thine Ass:
Nor stranger that within thy gates, hath his abiding place:

For in six days God heaven, earth and all therein did make:
And after those his rest he did upon the seventh day take.
Wherefore he blessed the day that he for resting did ordain:
And sacred to himself alone, appointed to remain.

Yield honor to thy parents that,
prolonged thy days may be:
Upon the land the which the Lord,
thy God hath given thee:
Thou shalt not murder: thou shalt not
commit adultery:
Thou shalt not steal, nor witness false
against thy neighbor be.

Thou shalt not covet house that to thy neighbor doth belong:

Ne covet shalt in having of his wife to do him wrong.

Nor his man-servant, nor his maid: Nor ox, nor ass of his,

Nor any other thing that to thy neighbor proper is.

The Complaint of a sinner, who craveth of Christ, to be kept under his mercy.

Where righteousness doth say, Lord for my sinful part. In wrath thou shouldst me pay, Vengeance for my desart, I can it not deny, but needs I must confess, how that continually thy laws I do transgress, thy laws I do transgress.

But if it be thy will With sinners to contend, Then all thy flock shall spill, And be lost without end. For who liveth here so right, That rightly he can say, He sins not in thy sight, Full oft and every day?

The Scripture plain tells me The righteous man offendeth Seven times a day to thee, Whereon thy wrath dependeth. So that the righteous man, Doth walk in no such path, But he fall'th now and then In danger of thy wrath.

Then sith the case so stands,
That even the man right wise
Fall'th oft in sinful bands,
Whereby thy wrath may rise,
Lord I that am unjust,
And righteousness none have,
Whereto then shall I trust,
My sinful soul to save?

But truly to that post, Whereto I cleave and shall, Which is thy mercy most, Lord let thy mercy fall. And mitigate thy mood, Or else we perish all, The price of this thy blood, Wherein mercy I call.

The Scripture doth declare, No drop of blood in thee. But that thou didst not spare, To shed each drop for me. Now let those drops most sweet, So moist my heart so dry, That I with sin replete, May live and sin may die.

That being mortified,
This sin of mine in me:
I may be sanctified,
By grace of thine in thee:
So that I never fall,
Into such mortal sin,
That my foes infernal,
Rejoice my death therein.

But vouchsafe me to keep From those infernal foes, And from that lake so deep, Whereas no mercy grows. And I shall sing the songs Confirmed with the just, That unto thee belongs, Which art mine only trust.

Finis.

The Psalms of David.

Beatus vir. Psalm 1. T.S.

This Psalm is set first, as a preface to exhort all godly men to study and meditate the heavenly wisdom: for they are blessed that so do, but the wicked condemners thereof at length shall come to misery.

- 1 The man is blest that hath not bent, to wicked read his ear: not led his life as sinners do, nor sate in scorners chair.
- 2 But in the Law of God the Lord doth set his whole delight:And in that Law doth exercise himself both day and night.
- 3 He shall be like the tree that grows fast by the rivers side:
 Which bringeth forth most pleasant fruit, in her due time and tide.
 Whose leaf shall never fade nor fall, but flourish still and stand:
 Even so all things shall prosper well that this man takes in hand.
- 4 So shall not the ungodly men, they shall be nothing so:
 But as the dust which from the earth the wind drives to and fro.
 5 Therefore shall not the wicked men in judgment stand upright:
- Nor yet the sinners with the just, shall come in place or sight.
- 6 For why? the way of godly men unto the Lord is known:And eke the way of wicked men shall quite be overthrown.

Quarefremuerunt? Ps. 2. T.S.

David rejoiceth, that albeit enemies and worldly power rage, God will advance his kingdom, even to the farthest end of the world. Therefore he exhorteth Princes humbly to submit themselves under the same. Herein is signified Christ and his Kingdom.

Sing this as the 1 Psalm.

- 1 Why did the Gentiles tumult raise, what rage was in their brain?
- Why did the Jewish people muse, feeling all is but vain?
- 2 The kings and rulers of the earth conspire, and are all bent,
- Against the Lord and Christ his son, which he among us sent.
- 3 Shall we be bound to them, say they? let all their bonds be broke:
- And of their doctrine and their law let us reject the yoke.
- 4 But he that in the heaven dwells their doing will deride:
- And make them all as mocking stocks throughout the world so wide.
- 5 For in his wrath the Lord will say, to them upon a day:
- And in his fury trouble them, and then the Lord will say:
- 6 I have anointed him my King, upon my holy hill:
- I will therefore, Lord preach thy laws, and eke declare thy will.
- 7 For in this wise the Lord himself did say to me I wot:
- Thou art my dear and only son, today I thee begot.
- 8 All people I will give to thee, as heirs at thy request:
- The ends and coasts of all the earth, by thee shall be possessed.

- 9 Thou shalt them bruise even with a mace, as men underfoot trod:
- And as the potters sheards shalt break, them with an iron rod.
- 10 Now ye, O Kings and rulers all, be wise therefore and learned:
- By whom the matters of the world be judged and discerned.
- 11 See that ye serve the Lord above in trembling and in fear:
- See that with reverence rejoice to him in like manner.
- 12 See that ye kiss and eke embrace his blessed Son I say:
- Least in his wrath ye suddenly perish in the midway.
- 13 If once his wrath never so small, shall kindle in his breast:
- Oh then all they that trust in Christ shall happy be and blest.

Domine quid? Psal. 3. T.S.

David driven out of his kingdom by his son Absalom, was greatly tormented in his mind for his sin. Therefore he calleth upon God, and is bold in his promises, against the terror both of enemies and present death. Then he rejoiceth for the victory given to him and the Church, over their enemies.

- 1 O Lord, how are my foes increased, which vex me more and more?
- 2 They kill mine heart when as they say, God can him not restore,
- But thou, O Lord, art my defense, when I am hard bested:
- My worship and mine honor both, and thou holdst up mine head.
- 4 Then with my voice upon the Lord, I did both call and cry:
- And he out of his holy hill did hear me by and by.
- 5 I laid me down, and quietly I slept and rose again:
- For why? I know assuredly The Lord will me sustain.
- 6 If ten thousand had hemmed me in, I could not be afraid:
- For thou art still my Lord, my God, my Savior and mine aid.
- 7 Rise up therefore, save my God, for now to thee I call:
- For thou hast broke the cheeks and teeth of these wicked men all.
- 8 Salvation only doth belong to thee, O Lord above:
- Thou dost bestow upon they folk thy blessing and thy love.

Cum inuocarem. Psal. 4. T.S.

David persecuted by Saul, calleth upon God, with assured trust, reproveth his enemies for resisting his dominion, and preferreth the favor of God before all treasure.

Sing this as the 1 Psalm.

- 1 O God, that art my righteousness, Lord hear me when I call:
- Thou hast set me at liberty when I was bound and thrall.
- 2 Have mercy Lord therefore on me, and grant me my request:
- For unto thee incessantly to cry I will not rest.
- 3 O mortal men how long will ye, my glory thus despise?
- Why wander ye in vanity, and follow after lies?
- 4 Know ye that good and godly men, the Lord doth take and choose:
- And when to him I make my 'plaint he doth me not refuse.
- 5 Sin not but stand in awe therefore, examine well your heart:
- And in your chamber quietly see you yourselves convert.
- 6 Offer to God the sacrifice of righteousness, I say:
- And look that in the living Lord you put your trust alway.
- 7 The greater sort crave worldly gods, and riches do embrace:
- But Lord grant us thy countenance, thy favor and thy grace.
- 8 For thou thereby shalt make my heart more joyful and more glad,
- Then they that of their corn and wine, full great increase have had.
- 9 In peace therefore lie down will I, taking my rest and sleep:
- For thou only wilt me, O Lord, alone in safety keep.

Verba mea auribus. Ps. 5. T.S.

David persecuted by Doeg and Achitophell, Saul's flatterers, calleth upon God to punish their malice. Then assured of success, he receiveth comfort.

Sing this as the 3 Psalm.

- 1 Incline thine ear unto my word, O Lord my 'plaint consider:
- 2 And hear my voice, my King, my God, to thee I make my prayer.
- 3 Hear me betimes Lord tarry not, for I will have respect,
- My prayer early in the morn to thee for to direct.
- 4 And I will trust through patience, in thee my God alone:
- That art not pleased with wickedness, and ill with thee dwells none.
- 5 And in thy sight shall never stand these furious fools, O Lord:
- Vain workers of iniquity thou hast always abhorred.
- 6 The liars and the flatterers, thou shalt destroy them then:
- And God will hate the blood-thirsty, and the deceitful man.
- 7 Therefore will I come to thy house, trusting upon thy grace:
- And reverently will worship thee, toward thy holy place.
- 8 Lord lead me in thy righteousness, for to confound my foes:
- And eke the ways that I shall walk, before my face disclose.
- 9 For in their mouths there is no truth, their hearts are foul and vain:
- Their throat an open sepulcher, their tongues do gloss and faine.

- 10 Destroy their false conspiracies, that they many come to naught. Subvert them in their heaps of sin, which have rebellion wrought.
- 11 But those that put their trust in thee, let them be glad always:
- And render thanks for thy defense, and give thy name the praise.
- 12 For thou with favor wilt increase the just and righteous still:
- And with thy grace as with a shield, defend him from all ill.

Domine in furore. Ps. 6. T.S.

David for his sins felt God's hand, and conceiveth the horror of everlasting death. Therefore he desireth forgiveness, and not to die in God's indignation: then suddenly feeling God's mercy, he rebuketh his enemies, who rejoiced at his affliction.

Sing this as the 1 Psalm.

- 1 Lord in thy wrath reprove me not, though I deserve thine ire:
- Nor yet correct me in thy rage, O Lord, I thee desire:
- 2 For I am weak, therefore, O Lord, of mercy me forbear:
- And heal me Lord, for why? thou knowest, my bones do quake for fear.
- 3 My soul is troubled very sore, and vexed vehemently:
- But Lord how long wilt thou delay to cure my misery?
- 4 Lord turve thee to thy wonted grace, my silly soul up take:
- O save me not for my deserts, but for thy mercies sake.
- 5 For why? no man among the dead remembreth thee one whit.
- Or who shall worship thee, O Lord, in the infernal pit?
- 6 So grievous is my 'plaint and moan, that I wax wondrous faint:
- All the night long I wash my bed, with tears of my complaint.
- 7 My sight is dim, and waxeth old, with anguish of my heart:
- For fear of those that be my foes, and would my soul subvert.
- 8 But now away from me all ye, that work iniquity:
- For why? the Lord hath heard the voice of my complaint and cry.
- 9 He heard not only the request, and prayer of my heart:
- But it received at my hand, and took it in good part.
- 10 And now my foes that vexed me the Lord will soon defame:

And suddenly confound them all,

to their rebuke and shame.

Domine Deusmeus. Ps. 7. T.S.

David falsely accused by Chush Saul Kinsman, calleth God to be his defender. First, for that his conscience did not accuse him of any evil towards Saul. Next that it toucheth God's glory to award sentence against the wicked. And so upon God's mercies and promises he waxeth bold, threatening that it shall fall upon their necks, that which his enemies purposed for others.

Sing this as the 3 Psalm.

- 1 O Lord my God I put my trust, and confidence in thee:
- Save me from them that me pursue, and eke deliver me.
- 2 Least like a Lion they me tear, and rent in pieces small:
- Whilst there is none to succor me, and rid me out of thrall.
- 3 O Lord my God, if I have done the thing that is not right:
- Or else if I be found in fault, or guilty in thy sight,
- 4 Or to my friend rewarded ill, or left him in distress,
- Which me pursued most cruelly, and hated me causeless:
- 5 Then let my foes pursue my soul, and eke my life down thrust
- Unto the earth, and also lay mine honor in the dust.
- 6 Start up, O Lord, now in thy wrath, and put my foes to pain:
- Perform thy kingdom promised, to me which wrong sustain.
- 7 Then shall great nations come to thee, and know thee by this thing:
- If thou declare for love of them thyself as Lord and King.
- 8 And thou that art of all men Judge, O Lord now judge thou me
- According to thy righteousness, and mine integrity.

The second part, (Psalm 7)

- 9 Lord cease the hate of wicked men, and be the just man's guide:
- Buy whom the secrets of all hearts are searched and descried.
- 10 I take mine help to come of God, in all my grief and smart:
- That doth preserve all those that be of pure and perfect heart.
- 11 The just man and the wicked both God judgeth by his power:
- So that he feeleth his mighty hand even every day and hour.
- 12 Except he change his mind, I die, for even as he should smite:
- He whets his sword, his bow he bends, aiming where he may hit.
- 13 And doth prepare his mortal darts, his arrows keen and sharp:
- For them that do me persecute, whiles he doth mischiefs warp.
- 14 But lo, though he in travel be of his devilish forecast.
- And of his mischief once conceived, yet bring forth naught at last.
- 15 He digs a ditch, and delves it deep, in hope to hurt his brother,
- But he shall fall into the pit, that he digged up for other.
- 16 Thus wrong returneth to the hurt of him in whom it bred:
- And all the mischief that he wrought shall fall upon his head.
- 17 I will give thanks to God therefore, that judgeth righteously:
- And with my song will praise the name, of him that is most high.

Domine Deus noster. Ps. 8. T.S.

The Prophet considering the excellent liberality, and fatherly providence of God towards man, whom he made as it were a God over all his works, giveth thanks, and is astonished with the admiration of the same.

Sing this as the 3 Psalm.

- 1 O God our Lord how wonderful, are thy works everywhere?
- Whose fame surmounts in dignity, above the heavens clear.
- 2 Even by the mouths of sucking babes, thou wilt confound thy foes:
- For in these babes thy might is seen, thy graces they disclose.
- 3 And when I see the heavens high the works of thine own hand:
- The Sun, the Moon, and all the Stars, in order as they stand.
- 4 What thing is man, Lord, think I then that thou dost him remember?
- Or what is man's posterity, that thou dost him consider?
- 5 For thou hast made him little less than Angels in degree:
- And thou hast crowned him also with glory and dignity.
- 6 Thou hast preferred him to be Lord of all thy works of wonder:
- And at his feet hast set all things, that he should keep them under.
- 7 As sheep, and neat, and all beasts else that in the fields do feed:
- 8 Fowls of the air, fish of the sea, and all that therein breed.
- 9 Therefore must I say once again, O God that art our Lord:
- How famous and how wonderful, are thy works through the world!

Confitebor tibi Donine Ps. 9. T.S.

David giving thanks for his manifold victories received, desireth the same wonted help again, against his new enemies, and their malicious arrogancy to be destroyed. Sing this as the 4 Psalm.

- With heart and mouth unto thee, Lord, will I sing laud and praise:
- And speak of all thy wondrous works, and them declare always.
- 2 I will be glad and much rejoice, in thee O Lord most high:
- And make my songs extol thy name, above the starry sky.
- 3 For that my foes are driven back, and turned unto flight:
- They fall down flat, and are destroyed by thy great force and might.
- 4 Thou hast revenged all my wrong, my grief and all my grudge:
- Thou dost with justice hear my cause, most like a righteous Judge.
- 5 Thou dost rebuke the heathen folk, and wicked so confound:
- That afterward the memory of them cannot be found.
- 6 My foes thou hast made good dispatch, and all their towns destroyed:
- Thou hast their fame with them defaced, Through all the world so wide.
- 7 Know thou that he which is above, for ever more shall reign:
- And in the seat of equity, true judgment will maintain.
- 8 With justice he will keep and guide, the world and every wight:
- And so will yield with equity, to every man his right.
- 9 He is Protector of the poor, what time they be oppressed:
- He is in all adversity their refuge and their rest:
- 10 All they that know thy holy Name, therefore shall thrust in thee:
- For thou forsakest not their suite, in their necessity.

The second part.

- 11 Sing Psalms therefore unto the Lord, that dwells in Zion hill:
- Publish among all Nations his noble acts and will.
- 12 For he is mindful of the blood of those that be oppressed.
- Forgetting not the afflicted heart, that seeks to him for rest.
- 13 Gave mercy Lord on me poor wretch, Whose enemies still remain:
- Which from the gates of death art wont to raise me up again.
- 14 In Zion that I may set forth thy praise with heart and voice:
- And that in thy salvation Lord, my soul may still rejoice.
- 15 The heathen stick fast in the pit, that they themselves prepared:
- And in the net that they did set, their own feet fast are snared.
- 16 God showeth his judgments which were good
 - for every man to mark:
- When as you see the wicked man lie trapped in his own wark.
- 17 The wicked, and the sinful men go down to hell forever:
- And all the people of the world, that will not God remember.
- 18 But sure the Lord will not forget the poor mans grief and pain:
- The patient people never look for help of God in vain.
- 19 O Lord arise, least men prevail that be of worldly might.
- And let the heathen folk receive their judgment in thy sight.
- 20 Lord, strike such terror, fear and dread into the hearts of them,
- That they may know assuredly they be but mortal men.

VT Quid Donine. Ps. 10. T.S.

He complaineth of all the wrongs which worldly men use because of their prosperity, who therefore without all fear of God, think they may do all things uncontrolled. He calleth for remedy against such, and is comforted with the hope thereof.

Sing this as the 3 Psalm.

- What is the cause, that thou, O Lord, art now so far from thine:
- And keepest aloof thy countenance, from us this troubles time,
- 2 The poor do perish by the proud, and wicked men's desire:
- Let them be taken in their craft, that they themselves conspire.
- 3 For in the lust of their own heart, Th' ungodly doth delight:
- So doth the wicked praise himself, and doth the Lord despite.
- 4 He is so proud that right and wrong he setteth all apart:
- Nay, nay, there is no God, saith he for thus he thinks in heart.
- 5 Because his ways do prosper still, he doth thy laws neglect:
- And with a blast doth puff against such as would him correct.
- 6 Tush, tush, saith he, I have no dread, least mine estate should change:
- And why? for all adversity to him is very strange.
- 7 His mouth is full of cursedness, of fraud, deceit, and guile:
- Under his tongue doth mischief sit, and travel all the while.
- 8 He lieth hid in ways and holes, to slay the innocent:
- Against the poor that pass him by, his cruel eyes are bent.
- 9 And like a Lion privily, lies lurking in his den:
- (If he may snare them in his net) to spoil poor simple men.
- 10 And for the nonce full craftily he coucheth down, I say:
- 11 So are great heaps of poor men made

by his strong power, his prey.

The second part.

- 12 Tush, God forgetteth this, saith he, therefore may I be bold:
- His countenance is cast aside, he doth it not behold.
- 13 Arise, O Lord, O God in whom the poor man's hope doth rest:
- Lift up thine hand, forget not Lord, the poor that be oppressed.
- 14 What blasphemy is this to thee, Lord, dost thou not abhor it?
- To hear the wicked in their hearts say, Tush, thou carest not for it.
- 15 But thou seest all their wickedness, and well dost understand:
- 16 That friendless and poor fatherless are left into thy hand.
- 17 Of wicked and malicious men, then break the power forever:
- That they with their iniquity may perish altogether.
- 18 The Lord shall reign forevermore, as King and God alone:
- And he will chase the heathen folk, out of his land each one.
- 19 Thou hearest (O Lord) the poor men's 'plaint
 - their prayers and request:
- Their hearts thou wilt confirm until thine ears to hear be pressed.
- 29 To judge the poor and fatherless, and help them to their right:
- That they may be no more oppressed with men of worldly might.

In Domino. Ps. 11. T.S.

This psalm showeth first what assaults of temptation and anguish of mind he sustained in persecution. Next, he rejoiceth that God sent him succor in necessity, declaring his justice as well in governing the good and wicked men, as the whole world.

Sing this as the 3 Psalm

I trust in God: how dare ye then say thus my soul until,

Fly hence as fast as any fowl and hide you in your hill?

2 Behold the wicked bend their bows, and make their arrows pressed,

To shout in secret, and to hurt the sound and harmless breast.

3 Of worldly hope all stays were shrunk, and clearly brought to naught:

Alas, the just and righteous man, what evil hath he wrought?

4 But he that in his temple is, most holy and most high:

And in the heavens hath his seat of royal majesty,

The poor and simple man's estate considereth in his mind:

And searcheth out full narrowly the manners of mankind.

5 And with a cheerful countenance the righteous man will use:

But in his heart he doth abhor all such as mischief muse.

6 And on the sinners casteth snares, as thick as any rain:

Fire and brimstone, and whirl-winds thick, appointed for their pain.

7 Ye see then how a righteous God doth righteousness embrace:

And to the just and upright man shows forth his pleasant face.

Saluum me fac. Ps.12.T.S.

The Prophet seeing the miserable decay of all good order, desireth God speedily to send reformation. Then comforted with the assurance of God's help and promises, concludeth that when all orders are most corrupted, then God will deliver his.

Sing this as the 3 Psalm.

Help Lord for good and godly men do perish and decay,

And faith and truth from worldly men, is parted clean away.

Who so doth with his neighbor talk, his talk is all but vain:

For every man be thinketh how to flatter, lie, and faine.

3 But flattering and deceitful lips, and tongues that be so stout,

To speak proud words and make great brags, the Lord soon cuts them out.

4 For they say still, we will prevail, our tongues shall us extol:

Our tongues are ours, we ought to speak, what Lord shall us control?

5 But for the great complaint and cry of poor men and oppressed,

Arise will I, now saith the Lord, and them restore to rest.

6 God's word is like to silver pure, that from the earth is tried:

And hath no less than seven times in fire been purified.

7 Now since thy promise is to help, Lord keep thy promise then:

And save us now and evermore from this ill kind of men.

8 For now this wicked world is full of mischiefs manifold,

When vanity with mortal men so highly is extolled.

Vsque quo Domine. Ps.13.T.S.

David, as it were overcome with afflictions, flyeth to God his only refuge, and encouraged through God's promises, he conceiveth confidence against the extreme horrors of death.

Sing this as the 3 Psalm.

How long wilt thou forget me Lord? shall I ne'er be remembered?

How long wilt thou thy visage hide, as if thou wert offended?

2 In heart and mind how long shall I with care tormented be?

How long eke shall my deadly foe thus triumph over me?

- 3 Behold me now O Lord my God, and hear me fore oppressed:
- Lighten mine eyes least that I sleep, as one by death possessed.
- 4 Least thus mine enemy say to me, behold I do prevail:
- Least they also that hate my soul rejoice to see me quail.
- 5 But from thy mercies and goodness my hope shall never start:
- In thy relief and saving health, right glad shall be mine heart.
- 6 I will give thanks unto the Lord, and praises to him sing,

Because he hath heard my request, and granted my wishing.

Dixit insipiens.Ps.14.T.S.

He describeth the wickedness of men, so grown to such licentiousness, that God was brought to utter contempt, for which albeit he was greatly grieved, yet persuaded that God would redress it, he is comforted.

There is no God, as foolish men affirm in their mad mood:

Their drifts are all corrupt and vain, not one of them doth good.

- 2 The Lord beheld from heaven high the whole race of mankind:
- And saw not one that sought indeed the living God to find.
- 3 They went all wide and were corrupt, and truly there was none:

That in the world did any good, I say there was not one.

- 4 Is all their judgment so far lost, that all work mischief still:
- Eating my people even as bread, not one to seek God's will?
- 5 When they thus rage, then suddenly great fear on them shall fall:
- For God doeth love the righteous men, and will maintain them all.
- 6 Ye mock the doings of the poor, to their reproach and shame:

Because they put their trust in God, and call upon his name.

7 But who shall give thy people health, and when wilt thou fulfill:

The promise made to Israel from out of Zion hill?

8 Even when thou shalt restore again such as were captive lad:

Then Jacob shall therein rejoice, and Israel shall be glad.

Domine quis? Ps.15.T.S.

Here is taught why God chose the Jews his peculiar people, and placed his temple among them, which was, that they by living uprightly, might witness, that they were his holy special people.

Sing this as the 3 Psalm.

- O Lord within thy tabernacle who shall inhabit still?
- Or whom wilt thou receive to dwell in thy most holy hill?
- 2 The man whose life is uncorrupt, whose works are just and straight:
- Whose heart doth think the very truth, whose tongue speaks no deceit.
- 3 Nor to his neighbor doth none ill in body, goods, or name:
- Nor willingly doth move false tales which might impair the same.
- 4 That in his heart regardeth not malicious wicked men.
- But those that love fear the Lord he maketh much of them.
- 5 His oath and all his promises that keepeth faithfully:
- Although make his covenant so, that he doth lose thereby.
- 6 That putteth not to usury his money, and his coin:
- Ne for to hurt the innocent, doth bribe or else purloin.
- 7 Who so doth all things as you see, that here is to be done.
- Shall never perish in this world, nor in the world to come.

Conseruame. Ps. 16. T.S.

David prayeth to God for succor, not for his works but for his faith's sake, protesting that he hateth all idolatry, taking God only for his comfort and felicity, who suffereth his to lack nothing.

Sing this as the 14 Psalm.

Lord keep me for I trust in thee, and do confess indeed, Thou art my God, and of my goods O Lord thou hast no need.

2 I give my goods unto the Saints

that in the world do dwell:

- And namely to the faithful flock in virtue that excel.
- 3 They shall heap sorrows on their heads which run as they were mad
- To offer to the Idol Gods: alas it is too bad.
- 4 As for their bloody sacrifice, and offerings of that sort:
- I will not touch nor yet thereof my lips shall make report.
- 5 For why? the Lord the portion is of mine inheritance:
- And thou art he that dost maintain my rent, my lot, my chance.
- 6 The place wherein my lot did fall, in beauty did excel:
- Mine heritage assign to me doth please me wondrous well.
 - I thank the Lord that caused me to understand the right:
- For by this means my secret thoughts do teach me every night.
- 8 I set the Lord still in my sight, and trust him over all:
- For he doth stand on my right hand, therefore I shall not fall,
- 7 Wherefore my heart and tongue also, do both rejoice together:
- My flesh and body rest in hope, when I this thing consider.
- 8 Thou wilt not leave my soul in grave, (for Lord thou lovest me)
- Nor yet wilt give thy holy one corruption for to see.
- 9 But wilt teach me the way to life, for all treasure and store
- Of perfect joy are in thy face, and power forevermore.

Exaudi Domine. Ps. 17. T.S.

Here is complained to God of the cruel pride and arrogancy of Saul, who rageth without any cause, therefore he desireth God to revenge his innocency, and deliver him.

Sing this as the 3 Psalm.

- O Lord give ear to my just cause, attend when I complain:
- And hear the prayer that I put forth with lips that do not faine.
- 2 And let the judgment of my cause proceed always from thee:
- And let thine eyes behold and clear this my simplicity.
- 3 Thou hast well tried me in the night, and yet couldst nothing find,
- That I have spoken with my tongue, that was not in my mind.
- 4 As for the works of wicked men, and paths perverse and ill,
- For love of thy most holy word, I have refrained still.
- 5 Then in the paths that be most pure, stay me Lord and preserve: That from the way wherein I walk
- my steps may never swerve.
- 6 For I do call to thee O Lord, surely thou wilt me aid:
- Then hear my prayer, and weigh right well the words that I have said.
- 7 O thou the Savior of all them that put their trust in thee:
- Declare thy strength on them that spurn against thy majesty.
- 8 O keep me Lord, as thou wouldst keep the apple of thine eye:
- And under covert of thy wings defend me secretly.

The second part.

- 9 From wicked men that trouble me, and daily me annoy:
- And from my foes that go about my soul for to destroy.
- 10 Which wallow in their worldly wealth, so full and eke so fat:
- That in their pride they do not spare to speak they care not what.
- 11 They lie in wait where I should pass, with craft me to confound:
- And musing michiefs in their minds, to cast me on the ground,
- 12 Much like the Lion greedily that would his prey embrace:
- Or lurking like a lion's whelp within some secret place.
- 13 Up Lord with haste prevent my foe, and cast him at my feet:
- Save thou my soul from the ill man, and with the sword him smite.
- 14 Deliver me Lord by thy power, out of these tyrants' hands:
- Which now so long time reigned have and kept us in their bands.
- 15 I mean from worldly men, to whom all worldly goods are rise:
- That have no hope or part of joy, but in this present life,
- 16 Thou of thy store their bellies fill'st with pleasure to their mind:
- Their children have enough, and leave to their the rest behind.
- 17 But I shall with pure conscience, behold thy gracious face:
- So when I wake I shall be full of thine image and grace.

Diligam te Dom. Ps.18.T.S.

David giveth thanks, entering into his kingdom extolling the marvelous graces of God in his preservation: wherein is the image of Christ's Kingdom, which shall conquer through Christ, by the unspeakable love of God, though all the world resist.

- O God my strength and fortitude, of force I must love thee:
- Thou art my castle and defense in my necessity.
- 2 My God, my rock, in whom I trust, the worker of my wealth:
- My refuge, buckler and my shield the horn of all my health.
- 3 When I sing laud unto the Lord, most worthy to be served:
- Then from my foes I am right sure that I shall be preserved,
- 4 The pangs of death did 'compass me, and bound me everywhere:
- The flowing waves of wickedness did put me in great fear.
- 5 The sly and subtle snares of hell were round about me set:
- And for my death there was prepared a deadly trapping net.
- 6 I thus beset with pain and grief, did pray to God for grace.
- And he forthwith did hear my 'plaint out of his holy place.
- 7 Such is his power that in his wrath, he made the earth to quake:
- Yea, the foundation of the mount of Bashan for to shake.
- 8 And from his nostrils came a smoke, when kindled was his ire.
- And from his mouth came kindle coals, of hot consuming fire.
- 9 The Lord descended from above, and bowed the heavens high:
- And underneath his feet he cast the darkness of the sky.
- 10 On Cherubs and on Cherubims full royally he rode:
- And on the wings of all the winds came flying all abroad.

The second part.

- 11 And like a den most dark he made his hid and secret place:
- With waters black, and airy clouds environed he was.
- 12 But when the presence of his face in brightness shall appear:
- The clouds consume, and in their stead, come hail and coals of fire.
- 13 The fiery darts and thunder-bolts, disperse them here and there:
- And with his often lightenings he puts them in great fear.
- 14 Lord at thy wrath and threatenings, and at they chiding cheer,
- The springs and the fountains of all the world appear.
- 15 And from above the Lord sent down to fetch me from below:
- And plucked me out of waters great, that would me overflow.
- 16 And me delivered from my foes, That would have me thrall:
- Yea, from such foes as were too strong for me to deal withal.
- 17 They dit prevent me to oppress in time of my great grief:
- But yet the Lord was my defense, my succor and relief.
- 18 He brought me forth in open place, whereas I might be free:
- And kept me safe because he had a favor unto me.
- 19 And as I was an innocent,so did he me regard:And to the cleanness of my handshe gave me my reward.
- 20 For that I walked in his ways, and in his paths have trod:
- And have not wavered wickedly

The third part (Psalm 18).

- 21 But evermore I have respect to his law and decree:
- His statutes and commandments, I cast not out from me.
- 22 But pure and clean and uncorrupt, appeared before his face:
- And did refrain from wickedness, and sin in any case.
- 23 The Lord therefore will me reward, as I have done aright:
- And to cleanness of my hands, appearing in his sight.
- 24 For Lord with him that holy is wilt thou be holy to:
- And with the good and virtuous man, right virtuously wilt do.
- 25 And to the loving and elect thy love thou wilt reserve:
- And thou wilt use the wicked men, as wicked men deserve.
- 26 For thou doest save the simple folk, in trouble when they lie:
- And doest bring down the countenance of them that look full high.
- 27 The Lord will light my candle so that it shall shine full bright:
- The Lord my God will make also my darkness to be light.
- 28 For by thy help an host of men discomfit Lord I shall:
- By thee I scale and overleap the strength of any wall.
- 29 Unspotted are the ways of God, his word is purely tried.
- He is a sure defense to such As in his faith abide.
- 30 For who is God except the Lord? for other there is none:
- Or else who is omnipotent saving our God alone?

The fourth part (Psalm 18).

- 31 The Lord that girdeth me with strength, is he that I do mean:
- That all the ways wherein I walk doth evermore keep clean.
- 32 That made my feet like to the Harts, in swiftness of my peace:
- And for my surety brought me forth into an open place.
- 33 He did in order put my hands, to battle and to fight:
- To break in sunder bars of brass he gave my arm the might.
- 34 Thou teachest me thy saving health, thy right hand is my tower:
- Thy love and familiarity doth still increase my power.
- 35 And under me thou makest plain the way where I should walk,
- So that my feet shall never slip, nor stumble at a balk.
- 36 And fiercely I pursue and take my foes that me annoyed:
- And from the field do not return, 'til they be all destroyed.
- 37 So I suppress and wound my foes, that they can rise no more:
- For at my feet they fall down flat, I strike them all so sore:
- 38 For thou doest gird me with thy strength to war in such a wise:
- That they be all scattered abroad that up against me rise.
- 39 Lord thou hast put into my hands, my mortal enemies' yoke:
- And all my foes thou doest divide, in sunder with thy stroke:
- 40 They called for help, but none gave ear, nor helped them with relief:
- Yea, to the Lord they called for help, yet heard he not their grief.

The fifth part (Psalm 18).

- 41 And still like dust before the wind, I drive them under feet:
- And sweep them out like filthy clay, that sticketh in the street.
- 42 Thou keep'st me from seditious folk that still in strife be led:
- And thou doest of the heathen folk, appoint me to be head,
- 43 A people strange to me unknown, And yet they shall me serve:
- And at the first obey my word, whereas mine own will swerve.
- 44 I shall be irksome to mine own, they will not see my light:
- But wander wide out of the way, and hide them out of sight.
- 45 But blessed be the living Lord, most worthy of all praise:
- That is my rock and saving health, praised be he always.
- 46 For God it is that gave me power revenged for to be:
- And with his holy word subdued the people unto me.
- 47 And from my foe delivered me, and set me higher than those:
- That cruel and ungodly were, and up against me rose:
- 48 And for this cause, O Lord my God, to thee give thanks I shall:
- And sing out praises to thy name, among the Gentiles all.
- 49 Thou gavest great prosperity, unto the King I say:
- To David thine anointed King, and to his seed for aye.

Cceli enarrant. Ps.19.T.S.

He moveth the faithful to glorify God by the workmanship, proportion, and ornaments of the heavens, and by the law wherein God is revealed familiarly to his chosen people.

Sing this as the 14 Psalm.

The heavens and the firmament, do wondrously declare:

The glory of God omnipotent, his works and what they are.

- 2 The wondrous works of God appear, by every days' success:
- The nights likewise with their race run, the selfsame thing express.
- 3 There is no language, tongue or speech, where their sound is not heard:
- In all the earth and coasts thereof, their knowledge is conferred.
- 4 In them the Lord made for the sun, a place of great renown:
- Who like a bridegroom ready trimmed, doth from his chamber come.
- 5 And as a valiant champion, who for to get a prize:
- With joy doth haste to take in hand, some noble enterprise.
- 6 And all the sky from end to end, he 'compasseth about:
- Nothing can hide it from his heat, but he will find it out.
- 7 How perfect is the law of God, how is his covenant sure?
- Converting souls and making wise the simple and obscure.
- 8 Just are the Lord's commandments, and glad both heart and mind:
- His precepts pure and giveth light to eyes that be full blind.

- 9 The fear of God is excellent, and doth endure forever:
- The judgments of the Lord are true, and righteous altogether.
- 10 And more to be embraced always, than fined gold I say:
- The honey and the honey comb, are not so sweet as they.
- 11 By them thy servant is forewarned, to have God in regard;
- And in performance of the same, there shall be great reward.
- 12 But Lord what earthly man doth know the errors of this life:
- Then cleanse my soul from secret sins, which are in me most rife.
- 13 And keep me that presumptuous sins prevail not over me:
- And then shall I be innocent and great offenses flee.
- 14 Accept my mouth and eke my heart, my words and thoughts each one:
- For my redeemer and my strength, O Lord thou art alone.

Exaudi te Deus. Ps.20.T.S.

The people pray to God to hear their King, and receive his sacrifice, which he offered before he went to battle against the Ammonites, declaring that the heathen put their trust in horses, but they trust only in his Name: wherefore the other shall fall, but the King and his people shall stand.

Sing this as the 14 Psalm.

In trouble and adversity, the Lord God hear thee still:

The majesty of Jacob's God, defend thee from all ill.

2 And send thee from his holy place his help at every need:

And so in Zion 'stablish thee, and make thee strong indeed,

3 Remembering well the sacrifice, that now to him is done.

And to receive right thankfully thy burnt offerings each one:

4 According to thy heart's desire, the Lord grant unto thee:

And all thy counsel and device full well perform may he.

5 We shall rejoice when thou us savest, and our banners display:

Unto the Lord which thy requests fulfilled hath alway.

6 The Lord will his anointed save, I know well by his grace:

And send him health by his right hand, out of his holy place.

7 In chariots some put confidence, and some in horses trust:

But we remember God our Lord, that keepeth promise just.

8 They fall down flat, but we do rise, and stand up steadfastly:

Now save and help us Lord and king, on thee when we do cry.

Domine in virtute. Ps.21.T.S.

David in the person of the people praised God for the victory given them against the Syrians and Ammonites, 2. Sam. 21, when he was crowned with the crown of the king of Ammon, 2. Sam. 12, and endued with the manifold blessings of God.

- O Lord how joyful is the King in thy strength and thy power? How vehemently doeth he rejoice in thee his Savior?
- 2 For thou hast given unto him his godly heart's desire;
- To him nothing hast thou denied, of that he did require.
- 3 Thou didst prevent him with thy gifts, and blessings manifold:
- And thou hast set upon his head, a crown of perfect gold.
- 4 And when he asked life of thee, thereof thou made'st him sure.
- To have long life, yea such a life, as ever should endure.
- 5 Great is his glory by thy help, thy benefits and aid:
- Great worship and great honor both, thou hast upon him laid:
- 6 Thou shalt give him felicity, that never shall decay:
- And with thy cheerful countenance, wilt comfort him always.
- 7 For why? the king doth strongly trust in God for to prevail:
- Therefore his goodness and his grace, will not that he shall quail:
- 8 But let thine enemies feel thy force, and those that thee withstand:
- Find out thy foes, and let them feel, the power of thy right hand.

- 9 And like an Oven burn them Lord in fiery flame and fume:
- Thine anger shall destroy them all, and fire shall them consume.
- 10 And thou wilt root out of the earth, their fruit that should increase,
- And from the number of thy folk, their seed shall end and cease.
- 11 For why? much mischief they do muse, against thy holy name:
- Yet did they fail, and had no power, for to perform the same.
- 12 But as a mark thou shalt them set, in a most open place:
- And charge thy bow-strings readily against thine enemies' face.
- 13 Be thou exalted Lord therefore, in thy strength every hour:
- So shall we sing right solemnly, praising thy might and power.

Deus Deus meus. Ps.22.T.S.

David complaineth of his desperate extremities, and declareth whereby he recovereth himself from temptation. Under his person Christ is figured.

Sing this as the 21 Psalm.

- O God my God wherefore doest thou forsake me utterly?
- And helpest not when I do make, my great complaint and cry?
- 2 To thee my God even all day long, I do both cry and call:
- I cease not all the night and yet thou hearest not at all.
- 3 Even thou that in thy sanctuary, and holy place doest dwell:
- Thou art the comfort and the joy, and glory of Israel.
- 4 And he in whom our fathers old, had all their hope forever,
- And when they put their trust in thee, so didst thou them deliver.
- 5 They were delivered ever when they called on thy name:
- And for the faith they had in thee, they were not put to shame.
- 6 But now I am become a worm, more like than any man:
- An out-cast whom the people scorn, with all the spite they can.
- 7 And me despise, as they behold me walking on the way:
- They grin, they mow, they nod their heads, and in this wise they say;
- 8 This man did glory in the Lord, his favor and his love:
- Let him redeem and help him now, his power if he will prove.
- 9 But Lord, out of me mother's womb I came by thy behest:
- Thou didst preserve me still in hope, while I did suck her breast.
- 10 I was committed from my bird, with thee to have abode:
- Since I was in my mother's womb: thou hast been ever my God.

The second part.

- 11 Then Lord depart not now from me, in this my wretched grief:
- Since I have none to be my help, my succor and relief.
- 12 So many bulls do 'compass me, that be full strong of head:
- Yea, bulls so fat, as though they had in Bashan field been fed.
- 13 They gape upon me greedily, as though they would me slay:
- Much like a lion roaring out, and ramping for his prey.
- 14 But I drop down as water shed, my joints in sunder break:
- 15 My heart doth in my body melt like wax against the heat.
- 16 And like a potsherd drieth my strength, my tongue it cleaveth fast
- Unto my jaws, and I am brought to dust of death at last.
- 17 And many dogs do 'compass me, and wicked counsel eke
- Conspire against me cursedly, they pierce my hands and feet.
- 18 I was tormented, so that I might all my bones have told:
- Yet still upon me did they look, and still they me behold:
- 19 My garments they divided eke in parts among them all:
- And for my coat they did cast lots, to whom it might befall.
- 20 Therefore I pray thee be not far from me at my great need,
- But rather sith thou art my strength, to help me Lord make speed.
- 21 And from the sword Lord save my soul by thy might and thy power:
- And keep my soul, thy darling dear from dogs that would devour.
- 22 And from the Lion's mouth that would me all in sunder shiver:
- And from the horns of Unicorns Lord safely me deliver.
- 23 And I shall to my brethren all thy majesty record:

And in thy Church shall praise the name of thee the living Lord.

The third part (Psalm 22).

- 24 All ye that fear him praise the Lord, thou Jacob honor him:
- And all ye house of Israel, with reverence worship him.
- 25 For he despiseth not the poor, he turneth not away,
- His countenance when they do call, but granteth to their cry.
- 26 Among the flock that fear the Lord, I will therefore proclaim
- Thy praise and keep thy promise made for setting forth thy name.
- 27 The poor shall eat and be sufficed, and those that do their 'deavor
- To know the Lord and praise his name, their hearts shall live forever.
- 28 All coasts of earth shall praise the Lord and turn to him for grace:
- The heathen folk shall worship him before his blessed face.
- 29 The kingdom of the heathen folk the Lord shall have therefore:
- And he shall be their governor, and king forevermore.
- 30 The rich men of his goodly gifts shall feed and taste also:
- And in his presence worship him, and bow their knees full low.
- 31 And all that shall go down to dust, of life by him must taste:
- My seed shall serve and praise the Lord, while any word shall last.
- 32 My seed shall plainly show to them that shall be born hereafter,
- His justice and his righteousness, and all his works of wonder.

Dominus regit. Ps.23.W.W.

David having tried God's manifold mercies diverse times, gathered assurance that God will continue his goodness forever.

Sing this as the 21 Psalm.

The Lord is only my support, and he that doth me feed:

How can I then lack anything whereof I stand in need:

- 2 How doth me fold in coats most safe: the tender grass fast by:
- And after drives me to the streams, that run most pleasantly.
- 3 And when I feel myself near lost, then doth he me home take,
- Conducting me in the right paths, even for his own name sake.
- 4 And though I were even at deaths door, yet would I fear none ill:
- For with thy rod and shepherd's crook I am comforted still.
- 5 Thou hast my table richly decked in despite of my foe:
- Thou hast my head with balm refreshed, my cup doth overflow.
- 6 And finally while breath doth last, Thy grace shall me defend:
- And in the house of God will I my life forever spend.

Another of the same by Th. Stern.

Sing this as the 21 Psalm.

My shepherd is the living Lord, nothing therefore I need:

In pastures fair, with waters calm he sets me for to feed.

2 He did convert and glad my soul, and brought my mind in frame:

To walk in paths of righteousness, for his most holy name.

3 Yea, though I walk in vale of death, yet will I fear none ill:

The rod, thy staff doth comfort me, and thou art with me still.

4 And in the presence of my foes, my table thou shalt spread:

Thou shalt O Lord fill full my cup, and eke anoint my head.

5 Through all my life thy favor is so frankly showed to me:

That in thy house forevermore my dwelling place shall be.

Domini est terra. Ps.24.I.H.

The grace of God being now uttered in the temple more glorious than before in the tabernacle. David with exclamation, setteth forth the honor thereof moving the consideration of the eternal mansion prepared in heaven, whereof this was a figure.

Sing this as the 21 Psalm.

The earth is all the Lord's, with all her store and furniture:

Yea, his is all the world, and all that therein doth enquire.

2 For he hath fastly founded it, above the sea to stand:

And laid a-low the liquid floods, to flow beneath the land.

3 For who is he, O Lord, that shall ascend into thy hill?

And pass into thy holy place, there to continue still?

4 Whose hands are harmless, and whose heart,

no spot there doth defile: His soul not set on vanity,

who hath not sworn to guile.

5 Him that is such a one, the Lord shall place in blissful plight:

And God his God and Savior, shall yield to him his right.

6 This is the brood of travelers in seeking of his grace:

As Jacob did the Israelites, in that time of his race.

7 Ye Princes open your gates, stand open the everlasting gate:

For there shall enter in thereby the king of glorious state.

8 What is the king of glorious state? the strong and mighty Lord:

The mighty Lord in battle stout, and trial of the sword.

9 Ye Princes open your gates, stand open the everlasting gate:

For there shall enter in thereby the King of glorious state,

10 What is the King of glorious state? the Lord of hosts he is:

The kingdom and the royalty of glorious state is his.

Ad te Domine. Ps.25.T.S.

David grieved at his sin and malicious enemies, most fervently prayeth forgiveness, especially of such sins as he committed in his youth.

- I lift mine heart to thee, my God and guide most just.
- Now suffer me to take no shame, for in thee do I trust,
- 2 Let not my foes rejoice, nor make a scorn of me:
- And let them not be overthrown, that put their trust in thee.
- 3 But shame shall them befall, which harm them wrongfully:
- Therefore thy paths and thy right ways unto me Lord decry.
- 4 Direct me in thy truth, and teach me I thee pray:
- Thou art my God and Savior, on thee I wait alway.
- 5 Thy mercies manifold I pray thee Lord remember:
- And eke thy pity plentiful, for they have been forever.
- 6 Remember not the faults, and frailty of my youth:
- Remember not how ignorant I have been of thy truth.
- Not after my deserts let me thy mercy find:
- But of thine own benignity Lord have me in thy mind.
- 7 His mercy is full sweet, his truth a perfect guide:
- Therefore the Lord will sinners teach and such as go aside.
- 8 The humble he will teach his precepts for to keep:
- He will direct in all his ways the lowly and the meek.
- 9 For all the ways of God are truth and mercy both,
- To them that keep his testament, the witness of his troth.

- 10 Now for thy holy Name, O Lord I thee entreat:
- To grant me pardon for my sin, for it is wondrous great.
- 11 Who so doth fear the Lord, the Lord doth him direct:
- To lead his life in such a way, as he doth best accept.
- 12 His soul shall evermore, in goodness dwell and stand:
- His seed and his posterity, inherit shall the land.
- 13 All those that fear the Lord, know his secret intent:
- And unto them he doth declare, his Will and Testament.
- 14 Mine eyes and eke my heart, to him I will advance:
- That plucked my feet out of the snare, of sin and ignorance:
- 15 With mercy me behold, to thee I make my moan:
- For I am poor and desolate, and comfortless alone.
- 16 The troubles of my heart, are multiplied indeed:
- Bring me out of this misery, necessity and need.
- 17 Behold my poverty, mine anguish and my pain:
- Remit my sin and mine offense, and make me clean again.
- 18 O Lord, behold my foes, how they do still increase:
- Pursuing me with deadly hate, that faine would live in peace.
- 19 Preserve and keep my soul, and eke deliver me:
- And let me not be overthrown, because I trust in thee.
- 20 Let my simple pureness, me from mine enemies's shend,
- Because I look as one of thine, that thou shouldst me defend:
- 21 Deliver Lord thy folk, and send them some relief:

I mean thy chosen Israel, from all their pain and grief.

Judica me Dom. Ps.26.I.H.

David injuriously oppressed and helpless, yet assured of his integrity to Saul, calleth God to defend him causeless afflicted, then he desireth to be in the company of the faithful in the congregation of God, when he was banished by Saul, promising godly life, open praises, thanksgiving and sacrifice for his deliverance.

Sing this as the 14 Psalm.

- Lord be my judge, and thou shalt see, my paths be right and plain: I trust in God, and hope that he, will strength me to remain.
- 2 Prove me my God I thee desire, my ways to search and try:
- As men do prove their gold with fire, my reines and heart espy.
- 3 Thy goodness laid before my face, I durst behold always:
- For of thy truth I tread the trace, and will do all my days.
- 4 I do not lust to haunt or use, with men whose deeds are vain:
- To come in house I do refuse, with the deceitful train.
- 5 I much abhor the wicked sort, their deeds I do despise:
- I do not once to them resort, that hurtful things devise.
- 6 My hands I wash and do proceed, in works to walk upright,
- Then to thine altar I make speed, to offer there in sight.

- 7 That I may speak and preach the praise, that doth belong to thee:
- And so declare how wondrous ways, thou hast been good to me.
- 8 O Lord thy house I love most dear, to me it doth excel:
- I have delight and would be near, whereas thy grace doth dwell.
- 9 O shut not up, my soul with them, in sin that take their fill:
- Nor yet my life among those men, that seek much blood to spill.
- 10 Whose hands are heaped with craft and guile
 - their lips thereof are full,
- And their right hand with wrench and wile for bribes doth pluck and pull.
- 11 But I in righteousness intend, my time and days to serve:
- Have mercy Lord and me defend, so that I do not swerve.
- 12 My foot is stayed for all assays, it standeth well and right:
- Wherefore to God will I give praise, in all the peoples sight.

Dominus illum. Ps.27. I.H.

David delivered from great peril, giveth thanks, wherein we see his constant faith against the assault of all enemies, and the end why he desireth to live, and to be delivered: Then he exhorteth to faith, and to attend upon the Lord.

Sing this as the 18 Psalm.

- The Lord is both my health and sight, shall man make me dismayed? Sith God doth give me strength and might,
- Why should I be afraid?
- 2 While that my foes with all their strength begin with me to brawl:
- And think to eat me up, at length themselves have caught the fall.
- 3 Though they in camp against me lie, my heart is not afraid,
- In battle plight if they will try, I trust in God for aid.
- 4 One thing of God I do require, that he will not deny:
- For which I pray and will desire, 'til he to me apply.
- 5 That I within his holy place, my life throughout may dwell:
- To see the beauty of his face, and view his temple well:
- 6 In time of dread he shall me hide, within his place most pure,
- And keep me secret by his side, as on a rock most sure.
- 7 At length I know the Lord's good grace, shall make me strong and stout:
- My foes to foil and clean deface, that 'compass me about.
- 8 Therefore within his house will I, give sacrifice of praise:
- With Psalms and Songs I will apply, to laud the Lord always.

- 9 Lord hear the voice of my request, for which to thee I call:
- Have mercy Lord on me oppressed, and send me help with all.
- 10 My heart doth knowledge unto thee, I sue to have thy grace:
- Then seek my face lay'st thou to me, Lord I will seek thy face.
- 11 In wrath turn not thy face away, nor suffer me to slide:
- Thou art my help still to this day, be still my God and guide.
- 12 My parents both their son forsook, and cast me off at large:
- And then the Lord himself yet took, of me the care and charge.
- 13 Teach me, O Lord, the way to thee, and lead me on forth right:
- For fear of such as watch for me, to trap me if they might.
- 14 Do not betake me to the will, of them that be my foes:
- For they surmise against me still, false witness to dispose.
- 15 My heart would faint but that in me this hope is fixed fast.
- The Lord God's good grace shall it see, in life that aye shall last.
- 16 Trust still in God whose whole thou art, his will abide thou must:
- And he shall ease and strength thy heart, if thou in him do trust.

Ad te Domine. Ps.28.T.S.

Being in fear and pensiveness to see God dishonored by wicked men, he crieth for vengeance against them, and being assured that God hath heard him, he commendeth all the faithful to his tuition.

Sing this as the 21 Psalm.

Thou art, O Lord, my strength and stay, the succor which I crave:

Neglect me not least I be like to them that go to grave.

- 2 The voice of thy suppliant hear, that unto thee doth cry,
- When I lift up my hands unto thy holy Ark most high.
- 3 Repute me not among the sort, of wicked and pervert:

That speak right fair unto their friends, and think full ill in heart.

- 4 According to their handiwork, as they deserve indeed.
- And after their inventions, let them receive their meed.
- 5 For they regard nothing God's word, his law, ne yet his lore:
- Therefore he will them and their seed, destroy forevermore.
- 6 To render thanks unto the Lord, how great a cause have I?
- My voice, my prayer, and my complaint, that heard so willingly.
- 7 He is my shield and fortitude, my buckler in distress,
- My hope, my health, my heart's relief, my song shall him confess.
- 8 He is our strength and our defense, our enemies to resist:
- The health and the salvation, of his elect by Christ.
- 9 Thy people and thy heritage, Lord bless, guide, and preserve: Increase them Lord and rule their hearts, that they may never swerve.

Afferte Domino. Ps.29.T.S.

David exhorteth Princes, (who for the most part think there is no God) at the least to fear him for the thunders and tempests, for fear whereof all creatures tremble. And albeit it threateneth sinners; yet it moveth his to praise his name.

Sing this as the 30 Psalm.

Give to the Lord ye Potentates, ye rulers of the world,

Give ye all praise honor and strength, unto the living Lord.

- 2 Give honor to his holy name, and honor him alone:
- Worship him in his majesty, within his holy throne.
- 3 His voice doth rule the waters all, even as himself doth please,
- He doth prepare the thunder-claps, and governs all the seas.
- 4 The voice of God is of great force, And wondrous excellent:
- It is most mighty in effect, and most magnificent.
- 5 The voice of God doth rend and break, the Cedar trees so long:

The Cedar trees of Lebanon, which are most high and strong.

- 6 And make them leap like as a calf, or else the Unicorn:
- 7 Not only trees but mountains great, whereon the trees are born.
- 8 His voice divides the flames of fire, and shakes the wilderness:
- It makes the desert quake for fear, that called is Cadesh.
- 9 It makes the hinds for fear to calve, and makes the covert plain:

Then is his temple every man, his glory doth proclaim.

- 10 The Lord was set above the floods ruling the raging sea:
- So shall he reign as Lord and King, for ever and for aye.
- 11 The Lord will give his people power, in virtue to increase:
- The Lord will bless his chosen folk, with everlasting peace.

Exaltabote Domine. Ps.30.T.S.

When David should dedicate his house to the Lord, he fell extreme sick, without all hope of life, and therefore after recovery he thanketh God, exhorting others to do the like, and to learn by him that God is rather merciful than severe towards his, also that adversity is sudden: Then he prayeth and promiseth to praise God forever.

- All laud and praise with heart and voice, O Lord I give to thee: which didst not make my foes rejoice, but hast exalted me.
- 2 O Lord my God to thee I cried, in all my pain and grief,
- Thou gavest an ear and didst provide to ease me with relief.
- 3 Of thy good will thou hast called back my soul, from hell to save:
- Thou didst revive when strength did lack, and keep'st me from the grave.
- 4 Sing praise ye Saints that prove and see the goodness of the Lord,
- In memory of his majesty, rejoice with one accord.
- 5 For why? his anger but a space doth last and slack again:
- But in his favor and his grace, always doth life remain.
- Though gripes of grief and pangs full sore shall lodge with us all night,
- The Lord, to joy shall us restore, before the day be light.
- 6 When I enjoyed this world at will, thus would I boast and say:
- Tush, I am sure to feel none ill, this wealth shall not decay.
- 7 For thou, O Lord, of thy good grace, hast sent me strength and aid:
- But when thou turn'dst away thy face, my mind was sore dismayed.

- 8 Wherefore again yet did I cry, to thee, O Lord of might:
- My God with 'plaints I did apply, and prayed both day and night.
- 9 What gain is in my blood said I, if death destroy my days?
- Doth dust declare thy majesty? or yet thy truth doth praise?
- 10 Wherefore my God some pity take, O Lord I thee desire:
- Do not this simple soul forsake, of help I thee require.
- 11 Then didst thou turn my grief and woe into a cheerful voice:
- The mourning weed thou tookst me fro, and made'st me to rejoice.
- 12 Wherefore my soul incessantly, shall sing unto thy praise.
- My Lord my God, to thee will I, give laud and thanks always.

In the Domin. speraui. Ps.31.T.S.

David delivered from great danger, showeth first what mediations he had by the power of faith, when death was before his eyes, and how the favor of God is always ready to those that fear him. He exhorteth the faithfull to trust in God, because he preserveth them.

Sing this as the 18 Psalm.

- O Lord, I put my trust in thee, let nothing work me shame,
- As thou art just deliver me, and set me quite from blame.
- 2 Hear me, O Lord, and that anon, to help me make good speed.
- Be thou my rock and house of stone, my fence in time of need.
- 3 For why? as stones thy strength is tried, thou art my fort and tower:
- For thy name's sake be thou my guide, and lead me in thy power.
- 4 Pluck forth my feet out of the snare, which they for me have laid:
- Thou art my strength, and all my care is for thy might and aid.
- 5 Into thy hands Lord I commit my spirit which is thy due.
- For why? thou hast redeemed it, O Lord my God most true.
- 6 I hate such folk as will not part, from things to be abhorred:
- When they on trifles set their heart, my trust is in the Lord.
- 7 For I will in thy mercy joy, I see it doth excel:
- Thou seest when ought would me annoy, and knowest my soul full well.
- 8 Thou hast not left me in their hand, that would me overcharge:
- But thou hast set me out of band, to walk abroad at large.

The second part.

- 9 Great grief, O Lord, doth me assail, some pity on me take:
- Mine eyes wax dim, my sight doth fail, my womb for woe doth ache:
- 10 My life is worn with grief and pain, my years in woe are past.
- My strength is gone and through disdain, my bones corrupt and wast.
- 11 Among my foes I am a scorn, my friends are all dismayed,

- My neighbors and my kinsmen born, to see me are afraid,
- 12 As men once dead are out of mind, so am I now forgot:
- As small effect in me they find, as in a broken pot.
- 13 I heard the brags of all the rout, their threats my mind did fray:
- How they conspired, and went about, to take my life away.
- 14 But Lord I trust in thee for aid, not to be over-trod:
- For I confess and still have said, thou art my Lord my God.
- 15 The length of all my life and age, O Lord is in thy hand:
- Defend me from the wrath and rage, of them that me withstand.
- 16 To me thy servant Lord express, and show thy joyful face:
- And save me Lord for thy goodness, thy mercy and thy grace.

The third part.

- 17 Lord let me not be put to blame, for that on thee I call,
- But let the wicked bear their shame, and in the grave to fall.
- 18 O how great good hast thou in store, laid up full safe for them,
- That fear and trust in thee therefore, before the sons of men.
- 19 Thy presence shall them fence and guide from all proud brags and wrongs:
- Within thy place thou shalt them hide, from all the strife of tongues.
- 20 Thanks to the Lord that hath declared, on me his grace so far:
- Me to defend with watch and ward, as in a town of war.
- 21 This did I say both day and night, when I was sore oppressed:
- Lo I was clean cast out of sight, yet heardst thou my request.
- 22 Ye Saints love ye the Lord I say, the faithful he doth guide:
- And to the proud he will repay, according to their pride.
- 23 Be strong and God shall stay your heart, be bold and have a lust:

For sure the Lord will take your part, sith ye in him do trust.

Beati quorum.Ps.32.T.S.

David punished with grievous sickness for his sins, counteth them happy to whom God doth not impute their transgressions, and after that he had confessed his sins and obtained pardon, he exhorteth the wicked men to live godly, and the good to rejoice.

Sing this as the 30 Psalm.

- The man is blessed whose wickedness, the Lord hath clean remitted.
- And he whose sin and wretchedness, is hid and also covered.
- 2 And blessed is he, to whom the Lord, imputeth not his sin:
- Which in his heart hath hid no guile, nor fraud is found therein,
- 3 For whilst that I kept close my sin, in silence and constraint:
- My bones did wear and waist away, with daily moan and 'plaint.
- 4 For night and day thy hand on me, so grievous was and smart:
- That all my blood and honors moist, to dryness did convert.
- 5 I did therefore confess my fault, and all my sins discover:
- Then thou O Lord, didst me forgive, and all my sins pass over.
- 6 The humble man shall pray therefore, and seek thee in due time:
- So that the floods of waters great, shall gave no power on him.

- 7 When trouble and adversity, do 'compass me about:
- Thou art my refuge and my joy, and thou dost rid me out.
- S Come hither and I shall thee teach, how thou shalt walk aright,
- And will thee guide as I myself, have learned by proof and sight.
- 9 Be not so rude and ignorant, as is the horse and mule:
- Whose mouth without a rein or bit, from harm thou canst not rule.
- 10 The wicked man shall manifold sorrows and grief sustain:
- But unto him that trust in God, his goodness shall remain.
- 11 Be merry therefore in the Lord, ye just lift up your voice:
- And ye of pure and perfect heart, be glad and eke rejoice.

Exultate iusti. Ps.33.T.S.

He exhorteth good men to praise God for creating and governing all things, and his faithful promises, for scattering the counsel of the wicked, teaching that no creature preserveth any man, but only his mercy.

Sing this as the 30 Psalm.

- Ye righteous in the Lord rejoice, it is a seemly sight:
- That upright men with thankful voice, should praise the Lord of might.
- 2 Praise ye the Lord with harp and song, in Psalms and pleasant things:
- With Lute and instrument among, that soundeth with ten strings.
- 3 Sing to the Lord a song most new, with courage give him praise:
- For why? his word is ever true, his works and all his ways.
- 4 To judgment, equity and right, he hath a great good will,
- And with his gifts he doth delight, the earth throughout to fill.
- 5 For by the word of God alone, the heavens all were wrought,
- Their hosts and powers everyone, his breath to pass hath brought.
- 6 The waters great gathered hath he on heaps within the shore,
- And hid them in the depth to be, as in a house of store.
- 8 All men on earth, both on left and most, fear God and keep his Law:
- Ye that inhabit in each coast, dread him, and stand in awe.
- 9 What he commanded wrought it was, at once with present speed:
- What he doth will is brought to pass with full effect indeed.
- 10 The counsels of the nations rude the Lord doth bring to naught:
- He doth defeat the multitude, of their devise and thought.
- 11 But his decrees continue still, they never slack nor swage:
- The motions of his mind and will take place in every age.

- 12 And blest are they to whom the Lord, as God and guide is known:
- Whom he doth choose of mere accord to take them as his own.
- 13 The Lord from heaven cast his sight on men mortal by birth:
- 14 Considering from his seat of might the dwellers on the earth.
- 15 The Lord I say, whose hand hath wrought man's heart, and doth it frame:
- For he alone doth know the thought and working of the same.
- 16 A King that trusteth in his host shall not prevail at length:
- The man that of his might doth boast shall fail for all his strength.
- 17 The troops of horsemen eke shall fail their sturdy steeds shall sterve:
- The strength of horse shall not prevail the rider to preserve:
- 18 But lo the eyes of God intend, and watch, to abide the just:
- With such as fear him to offend, and on his goodness trust.
- 19 That he of death and great distress, may set their soul from dread:
- And if that dearth their land oppress, in hunger them to feed.
- 20 Wherefore our souls do still depend on God our strength and stay:
- He is our shield, us to defend, and drive all darts away.
- 21 Our soul in God hath joy and game, rejoicing in his might:
- For why? in his most holy name we hope and much delight.
- 22 Therefore let thy goodness, O Lord, still present with us be:
- As we always with one accord,

do only trust in thee.

Benedicam Dom. Ps.34.T.S.

David having escaped Abimelech (1 Sam. 21) praiseth God for his deliverance, giveth others example to trust in God, to fear and serve him, who defendeth the godly with his Angels, and utterly destroyeth the wicked in their sins.

Sing this as the 30 Psalm.

- I will give laud and honor both unto the Lord always:
- And eke my mouth forevermore shall speak unto his praise.
- 2 I do delight to laud the Lord in soul, and eke in voice:
- That humble men and mortified may hear, and so rejoice.
- 3 Therefore see that ye magnify, with me the living Lord:
- And let us now exalt his name, together with one accord.
- 4 For I my self besought the Lord, he answered me again:
- And me delivered incontinent from all my fear and pain.
- 5 Who so they be that him behold, shall see his light most clear:
- Their countenance shall not be dashed, the need it not to fear.
- 6 This silly wretch for some relief unto the Lord did call:
- Who did him hear without delay, and rid him out of thrall.
- 7 The Angel of the Lord doth pitch his tents in every place:
- To save all such as fear the Lord, that nothing them deface.
- 8 Taste and consider well therefore, that God is good and just:
- O happy man that maketh him, his only stay and trust.
- 9 Fear ye the Lord, ye holy ones, above all earthly thing:
- For they that fear the living Lord are sure to lack nothing.
- 10 The Lions shall be hunger-bit, and pined with famine much,But as for them that fear the Lord

no lack shall be to such.

- 11 Come near therefore my children dear, and to my words give ear:
- I shall you teach the perfect way how ye the Lord should fear.
- 12 Who is the man that would live long and lead a blessed life?
- 13 See thou refrain thy tongue and lips from all deceit and strife.
- 14 Turn back thy face from doing ill and do the godly deed:
- Inquire for peace and righteousness, and follow it with speed.
- 15 For why? the eyes of God above upon the just are bent:
- His ears likewise do hear the 'plaint of the poor innocent.
- 16 But he doth frown and bend the brows, upon the wicked train:
- And curse away the memory that should of them remain.
- 17 But when the just do call and cry, the Lord doth hear them so:
- That out of pain and misery forthwith he lets them go.
- 18 The Lords is kind, and straight at hand, to such as be contrite:
- He saves also the sorrowful, the meek and poor in spirit,
- 19 Full many be the miseries that righteous men do suffer:
- But out of all adversities the Lord doth them deliver.
- 20 The Lord doth so preserve and keep his very bones alway,
- That not so much as one of them doth perish or decay.
- 21 The sin shall slay the wicked man, which he himself hath wrought:
- And such as hate the righteous man shall soon be brought to naught.
- 22 But they that serve the living Lord, the Lord doth save them sound:

And who that put their trust in him, nothing shall them confound.

Judica me Domine. Ps.35.I.H.

Saul's flatterers persecuted David, who prayeth for revenge, that his innocency may be declared, and that such as take his part may rejoice, for which he promiseth to magnify God's name all the days of his life.

Sing this at the humble suite of a sinner.

- Lord plead my cause against my foes, confound their force and might:
- Fight on my part against all those that seek with me to fight.
- 2 Lay hand upon the spear and shield, thyself in armor dress:
- Stand up for me, and fight the field, to keep me from distress.
- 3 Gird on thy sword, and stop the way, mine enemies to withstand:
- That thou unto my soul maist say, lo I thy help at hand.
- 4 Confound them with rebuke and blame, that seek my soul to spill:
- Let them turn back, and fly with shame, that think to work me ill.
- 5 Let them disperse and fly abroad, as wind doth drive the dust:
- And that the Angel of our God, their might away may thrust.
- 6 Let all their ways be void of light, and slippery like to fall:
- And send thine Angel with thy might, to persecute them all.
- 7 For why? without my fault they have in secret set their gin:
- And for no cause have digged a cave to catch my soul therein.
- 8 When they think least, and have no care, O Lord destroy them all:
- Let them be trapped in their own snare, and in their mischief fall.
- 9 And let my soul, my heart, and voice, in God have joy and wealth:
- That in the Lord I may rejoice, and in his saving health.
- 10 And then my bones shall speak and say, my parts shall all agree:
- O Lord, though they do seem full gay, what man is like to thee?

- 11 Thou did'st defend the weak from them that are both stout and strong:
- And rid the poor from wicked men, that spoil and do them wrong.
- 12 My cruel foes against me rise, to witness things untrue:
- And to accuse me they devise, of that I never knew.
- 13 Where I to them do owe good will, they quite me with disdain,
- That they should pay my good with ill, my soul doth fore complain:
- 14 When they were sick I mourned therefore and clad myself in sack:
- With fasting I did faint full sore, to pray I was not slack.
- 15 As they had been my brethren dear, I did myself behave:
- As one that maketh woeful cheer, about his mother's grave.
- 16 But they at my disease did joy, and gather on a rout:
- Yea abject slaves at me did toy, with mocks and checks full stout,
- 17 The belly gods and flattering train, that all good things deride:
- At me do grin with great disdain, and pluck their mouths aside.
- 18 Lord when wilt thou amend this gear why doest thou stay and pause;
- O rid my soul mine only dear, out of these Lions' claws.
- 19 And then I will give thanks to thee, before thy Church always:
- And whereas most of people be, there will I show thy praise.
- 20 Let not my foes prevail on me, which hate me for no fault:
- Nor yet to wink or turn their eye,

that causeless me assault.

The third part (Psalm 35).

- 21 Of peace no word they think or say, Their talk is all untrue:
- They still consult, and would betray all those that peace ensue.
- 22 With open mouths they run at me, they gape, they laugh, they fleer:
- Well, well, say they, our eye doth see the thing that we desire.
- 23 But Lord thou seest what ways they take cease not this gear to mend:
- Be not far off nor me forsake, as men that fail their friend,
- 24 Awake, arise, and stir abroad, defend me in my right:
- Revenge my cause, my Lord, my God, and aid me with thy might.
- 25 According to thy righteousness, my Lord God set me free:
- And let them not their pride express, nor triumph over me.
- 26 Let not their hearts rejoice and cry, there, there, this gear goes trim:
- Nor give them cause to say on high, we have our will on him.
- 27 Confound them with rebuke and shame, that joy when I do mourn:
- And pay them home with spite and blame, that brag at me with scorn.
- 28 Let them be glad and eke rejoice, which love mine upright way.
- And they all times with heart and voice, shall praise the Lord and say,
- 29 Great is the Lord and doth excel, for why? he doth delight
- To see his servants prosper well, that is his pleasant sight.
- 30 Wherefore my tongue I will apply, thy righteousness to praise:
- Unto the Lord my God will I, sing laud and thanks always.

Dixit injustus. Ps.36.I.H.

David vexed by the wicked, complaineth of their malice, but considering God's great mercy to all creatures, specially towards his children, by faith thereof, he is comforted and assured of his deliverance.

Sing this as the humble suite of a sinner.

The wicked with his works unjust, doth thus persuade his heart,

That of the Lord he hath no trust, his fear is set apart.

- 2 Yet doth he joy in his estate, to walk as he began:
- So long 'til he deserve the hate, of God and eke of man.
- 3 His words are wicked, vile and naught, his tongue no truth doth tell,
- Yet at no hand will he be taught, which way he may do well.
- 4 When he should sleep then doth he muse his mischief to fulfill:
- No wicked ways doth he refuse, nor nothing that is ill.
- 5 But Lord thy goodness doth ascend, above the heavens high:
- So doth thy truth itself extend, unto the cloudy sky.
- 6 Much more than hills so high and steep, thy justice is expressed:
- Thy judgments like to seas most deep, thou savest both man and beast.
- 7 Thy mercy is above all things, O God, it doth excel:
- In trust whereof as in thy wings, the sons of men shall dwell
- 8 Within thy house they shall be fed, with plenty at their will:
- Of all delights they shall be sped, and take thereof their fill.
- 9 For why? the well of life so pure, doth overflow from thee:
- And in thy light we are full sure, the lasting light to see.
- 10 From such as thee desire to know, let not thy grace depart,
- Thy righteousness declare and show, to men of upright heart.
- 11 Let not the proud on me prevail O Lord, of thy good grace:
- Nor let the wicked me assail, to throw me out of place.
- 12 But they in their devise shall fall, that wicked works maintain:

They shall be overthrown withal, and never rise again.

Noli aemulari. Ps.37.W.W.

Because the godly should not be daunted to see wicked men prosper, David showeth that all things shall be granted even with hearts' desire, to them that love and fear God: But the wicked albeit they flourish for a time, shall at length perish.

Sing this as the 23 Psalm.

- Grudge not to see the wicked men in wealth to flourish still Nor yet envy such as to ill have bent and set their will.
- 2 For as green grass and flourishing herbs are cut and wither away:
- So shall their great prosperity, soon pass fade and decay.
- 3 Trust thou therefore in God alone, to do well give thy mind:
- So shalt thou have the land as thine, and their sure foot shalt find.
- 4 In God set all thy heart's delight, and look what thou wouldest have,
- Or else canst within all the world, thou needest it not to crave.
- 5 Cast both thyself and thine affairs, on God with perfect trust:
- And thou shalt see with patience, the effect both sure and just.
- 6 Thy perfect life and godly name, he will clear as the light:
- So that the Sun even at none days, shall not shine half so bright.
- 7 Be still therefore and steadfastly, on God see thou wait then,
- Not shrinking for the prosperous state, of lewd and wicked men.
- 8 Shake off despite, envy and hate, at least in any wise,
- Their wicked steps avoid and flee, and follow not their guise.
- 9 For every wicked man will God destroy both more and less:
- But such as trust in God are sure, the land fore to possess.
- 10 Watch but a while and thou shalt see no more the wicked train:

No nor so much as house or place,

where once they did remain.

- 11 But merciful and humble men, enjoy shall sea and land:
- In rest and peace they shall rejoice, for naught shall them withstand:
- 12 The lewd men and malicious, against the just conspire:
- They gnash their teeth at him as men Which do his bane desire.
- 13 But while that lewd men thus do think, the Lord laughs them to scorn.
- For why he seeth their term approach, when they shall sigh and mourn:
- 14 The wicked have their sword out drawn, their bow eke have they bent:
- To overthrow and kill the poor, as they the right way went.
- 15 But the same sword shall pierce their hearts which was to kill the just:
- Likewise the bow shall break in shivers, wherein they put their trust.
- 16 Doubtless the just man's poor estate, is better a great deal more,
- Then all these lewd and worldly men's, rich pomp and heaped store.
- 17 For be their power never so strong, God will it overthrow:
- Where contrary he doth preserve the humble men and low:
- 18 He seeth by his great providence, the good man's trade and way:
- And will give them inheritance, which never shall decay.
- 19 They shall not be discouraged, when some are hard bestead:
- When others shall be hunger-bit, they shall be clad and fed.
- 20 For whosoever wicked is, and enemy to the Lord:

Shall quail, yea melt even as lamb's grease, or smoke that flies abroad.

The third part (Psalm 37).

- 21 Behold the wicked borroweth much, and never payeth again:
- Whereas the just by liberal gifts, make many glad and faine.
- 22 For they whom God doth bless shall have the land for heritage,
- And they whom he doth curse likewise, shall perish in his rage.
- 23 The Lord the just man's cause doth guide, and gives him good success:
- To everything he takes in hand, he sendeth good address.
- 24 Though that he fall, yet is he sure, not utterly to quail,
- Because the Lord stretches out his hand at need, and doth not fail.
- 25 I have been young and now am old, yet did I never see,
- The just man left, nor yet his seed to beg for misery.
- 26 But gives always most liberally, and lends whereas is need,
- His children and posterity, receive of God their meed.
- 27 Fly vice therefore and wickedness, and virtue do embrace:
- So God shall grant thee long to have, on earth a dwelling place:
- 28 For God so loveth equity, and showeth to his such grace,
- That he preserves them evermore, but 'stroys the wicked race.
- 29 Whereas the good and godly men, inherit shall the land:
- Having as Lords all things therein, in their own power and hand.
- 30 The just man's mouth doth ever speak, of matters wise and live:
- His tongue doth talk to edify, with truth and equity.
- 31 For in his heart the law of God his Lord doth still abide:
- So that where ever he go or walk, his foot can never slide.
- 32 The wicked like a ravening wolf, the just man doth beset:
- By all means seeking him to kill,

if he fall in his net.

The fourth part (Psalm 37).

- 33 Though he should fall into his hands, yet God would succor send,
- Though men against him sentence give, God will him yet defend.
- 34 Wait thou on God and keep his way, he shall preserve thee then:
- The earth to rule, and thou shalt see destroyed these wicked men.
- 35 The wicked have I seen most strong, and placed in high degree:
- Flourishing in all wealth and store, as doth the Laurel tree.
- 36 But suddenly he passeth away, and lo he was quite gone:
- Then I him sought but could scarce find, the place where dwelt such one.
- 37 Mark and behold the perfect man, how God doth him increase:
- For the just man shall have at length, great joy with rest and peace.
- 38 As for transgressors woe to them, destroyed they shall all be:
- God will cut off their budding race, and rich posterity.
- 39 But the salvation of the just, doth come from God above:
- Who in their trouble sends them aide, of his mere grace and love.
- 40 God doth him help, save and deliver, from lewd men and unjust:
- And still will save them while that they in him do put their trust.

Domine in furore. Ps.38.I.H.

David sick of some grievous disease acknowledgeth himself to be chastised of the Lord for his sins: and therefore prayeth God to turn away his wrath, but in the end with firm confidence commending his cause to God, hopeth for speedy help at his hand.

Sing this as the humble suite of a sinner.

Put me not to rebuke (O Lord) in thy provoked ire:

Ne in thy heavy wrath (O Lord) correct me I desire.

2 Thine arrows do stick fast in me, thy hand doth press me sore:

And in my flesh no health at all, appeareth any more.

3 And all this is by reason of thy wrath that I am in:

Not any rest is in my bones, by reason of my sin.

4 For lo my wicked doings Lord, above my head are gone:

A greater load than I can bear, they lie me sore upon.

5 My wounds stink and are festered sore, as loathsome for to see:

Which all through mine own foolishness betideth unto me.

6 And I in careful wise am brought in trouble and distress:

That I go wailing all the day in doleful heaviness.

- 7 My loins are filled with sore disease, my flesh hath no whole part:
- 8 I feeble am, and broken sore, I roar for grief of heart.
- 9 Thou know'st Lord my desire, my groans are open in thy sight:
- 10 My heart doth pant, my strength hath failed mine eyes have lost their light.
- 11 My lovers and my wonted friends stand looking on my woe:

And eke my kinsmen far away are me departed fro.

12 They that did seek my life laid snares, and they that sought the way

To do me hurt, speak lies and thought

on treason all the day.

The second part.

- 13 But as a deaf man I became, that cannot hear at all:
- 14 And as one dumb that opens not his mouth to speak withal.
- 15 For all my confidence, O Lord, is wholly set on thee:
- 16 O Lord, thou Lord that art my God, thou shalt give ear to me.
- 17 This did I crave, that they my foes triumph not over me:

For when my foot did slip, then they did joy my fall to see

And truly I poor wretch am set in place a woeful wight:

And eke my grievous heaviness is ever in my sight.

- 18 For while that I my wickedness in humble wise confess:
- And while I for my sinful deeds my sorrows do express.
- 19 My foes do still remain alive, and mighty are also:
- And they that hate me wrongfully in number hugely grow.
- 20 They stand again' me that my good, with evil do repay:

Because that good and honest things I do ensue alway.

21 Forsake me not my Lord my God, be thou not far away Haste me to help, my Lord my God, my safety and my stay.

Dixi custodiam. Ps.39.I.H.

David having determined silence, yet brast forth into words that he would not, through his bitter grief. For he maketh certain requests which taste of man's infirmities, yet mixed with many prayers, and all to show a mind wonderfully troubled, that it might appear how he did strove mightily against death and desperation.

Sing this as the humble suite of a sinner.

- I said I will look to my ways for fear I should go wrong:
- I will take heed all times that I offend not in my tongue
- 2 As with a bit I will keep fast my mouth with force and might
- Not once to whisper all the while the wicked are in sight.
- 3 I held my tongue, and spake no word, but kept me close and still:
- Yea from good talk I did refrain, but sore against my will.
- 4 My heart waxed hot within my breast, with musing, thought, and doubt:
- Which did increase and stir the fire, at last these words brast out.
- 5 Lord number out my life and days which yet I have not past:
- So that I may be certified how long my life shall last.
- 6 Lord thou hast pointed out my life in length much like a spin:
- Mine age is nothing unto thee, so vain is everyman.
- 7 Man walketh like a shade, and doth in vain himself annoy:
- In getting goods and cannot tell who shall the same enjoy.
- 8 Now Lord sith thing this wise do frame. what help do I desire?
- Of truth my help doth hang on thee, I nothing else require.

- 9 From all the sins that I have done, Lord quite me out of hand:
- And make me not a scorn to fools, that nothing understand.
- 10 I was as dumb, and to complain, no trouble might me move:
- Because I knew it was thy work, my patience for to prove.
- 11 Lord take from me thy scourge and plague I can them not withstand:
- I faint and pine away, for fear, of the most heavy hand.
- 12 When thou for sin doest man rebuke he waxed woe and wan:
- As doth a cloth that moths have fret, so vain a thing is man.
- 13 Lord hear my suite and give good heed regard my ears that fall:
- I sojourn like a stranger here, as did my fathers all.
- 14 O spare a little, give me space, my strength for to restore:
- Before I go away from hence, and shall be seen no more.

Expectans expectavi. Ps.40.I.H.

David delivered from great danger, doeth magnify God therefore, and commandeth his providence towards all mankind. Then he promiseth to give himself, wholly to God's service, and declareth how God is truly worshipped, afterward he giveth thanks, and having complained of his enemies, he calleth for aid and succor. Sing this as the 35 Psalm.

- I waited long and sought the Lord, and patiently did bear,
- At length to me he did accord, my voice and cry to hear.
- 2 He plucked me from the lake so deep, out of the mire and clay:
- And on a rock did set my feet, and he did guide my way.
- 3 To me he taught a Psalm of praise, which I must show abroad:
- And sing new songs of thanks always unto the Lord our God.
- 4 When all the folk these things shall see, as people much afraid:
- Then they unto the Lord will flee, and trust upon his aid.
- 5 O blest is he whose hope and heart doth in the Lord remain,
- That with the proud doth take no part, nor such as lie and faine.
- 6 For Lord my God thy wondrous deeds in greatness far do pass:
- Thy favor towards us exceeds all things that ever was.
- 7 When I intend, and do devise thy works abroad to show:
- To such a reckoning they do rise, thereof no end I know.
- 8 Burnt offerings thou delightst not in, I know thy whole desire:
- With sacrifice to purge his sin, thou doest no man require.
- 9 Meat offerings and sacrifice, thou wouldst not have at all:
- But thou, O Lord hast open made mine ears to hear withal.
- 10 But then said I, behold and look, I come a mean to be:
- For in the volume of thy Book, thus is it said of me;

- 11 That I O God should do thy mind, which thing doth like me well:
- For in my heart thy Law I find fast placed there to dwell.
- 12 Thy justice and thy righteousness in great resorts I tell:
- Behold my tongue no time doth cease. O Lord, thou knowst full well.

- 13 I have not hid within my breast thy goodness as by stealth:
- But I declare and have exprest thy truth and saving health,
- 14 I keep not close thy loving mind, That no man should it know.
- The trust that in thy truth I find, to all the Church I show.
- For I with mischiefs many one am sore beset about:
- My sins increase and so come on, I cannot spy them out.
- 15 For why? in number they exceed the hairs upon my head:
- My heart doth faint for very dread, that I am almost dead.
- 16 With speed send help, and set me free, O Lord, I thee require:
- Make haste with aid to succor me, O Lord at my desire,
- 17 Let them sustain rebuke and shame, that seek my soul to spill:
- Drive back my foes, and them defame that wish and would me ill.
- 18 For their ill feats do them descry, that would deface my name:
- Always at me they rail and cry, fie on him, fie for shame.
- 19 Let them in thee have joy and wealth, that seek to thee always:
- That those that love thy saving health, may say to God be praise.
- 20 But as for me, I am but poor, oppressed, and brought full low:
- Yet thou, O Lord, wilt me restore to health full well I know:
- 21 For why? thou art my hope and trust, my refuge, help, and stay:

Wherefore my God, as thou art just, with me no time delay.

Beatus qui intilligit. Ps.41.T.S.

David grievously afflicted, blesseth them that pity his cause, complaining of faithless friends, such as Judas, John 15. Then he giveth thanks for God's mercy, in chastising him gently, not suffering his enemies to triumph.

- The man is blest that careful is, the needy to consider, For in the season perilous, the Lord will him deliver.
- 2 The Lord will make him safe and sound, and happy in the land:
- And he will not deliver him into his enemies hand.
- 3 And in his bed when he lies sick, the Lord will him restore:
- And thou, O Lord wilt turn to health his sickness and his sore.
- 4 Then in my sickness thus say I, have mercy Lord on me,
- And heal my soul, which is full woe that I offended thee.
- 5 Mine enemies wished me ill in heart, and thus of me did say
- When shall he die, that all his name may vanish quite away?
- 6 And when they come to visit me, they ask if I do well:
- But in their hearts mischief they hatch, and to their mates it tell.

- 7 They bite their lips, and whisper so, as though they would me charm:
- And cast their fetches how to trap me with some mortal harm.
- Some grievous sin hath brought him to this sickness say they plain:
- He is so low that without doubt rise can he not again.
- 9 The man also that I did trust with me did use deceit:
- Who at my table eat my bread, the same for me laid wait.
- 10 Have mercy Lord on me therefore, and let me be preserved:
- That I may render unto them, the things they have deserved.
- 11 By this I know assuredly, I am beloved of thee:
- When that mine enemies have no cause to triumph over me.
- 12 But in my right thou hast me kept, and maintained alway:
- And in thy presence place assigned, where I shall dwell for aye.
- 13 The Lord the God of Israel be praised forevermore: Even so be it, Lord will I say, even so be it therefore.

Quemadmodum. Ps.42. I.H.

David is grieved that through persecution he could not be present in the congregation, protesting his presence in heart, albeit in body separate; at last he showeth, that notwithstanding these sorrows and thoughts, yet he continually putteth his confidence in the Lord.

Sing this as the 35 Psalm.

- Like as the Hart doth breath and bray the wellspring to obtain:
- So doth my soul desire alway with thee Lord to remain.
- 2 My soul doth thirst, and would draw near the living God of might:
- Oh when shall I come and appear in presence of thy sight?
- 3 The tears all times are my repast, which from mine eyes do slide:
- When wicked men cry out so fast, where now is God thy guide?
- 4 Alas, what grief is this to think what freedom once I had?
- Therefore my soul as at pit's brink most heavy is and sad.
- When I did march in good array, furnished with my train,
- Unto the temple was our way, with songs and hearts most faine.
- 5 My heart why art thou sad always, and fretst thus in my breast
- Trust still in God, for him to praise I hold it ever best.
- By him I have succor at need against all pain and grief:
- He is my God which with all speed will haste to send relief.
- 6 And thus my soul within me Lord doth faint to think upon,
- The land of Jordan, and record the little hill Hermon.
- 7 On grief another in doth call, as clouds burst out their voice:
- The floods of evil that do fall, run over me with noise.
- 8 Yet I by day felt thy goodness, and help at all affairs:
- Likewise by night I did not cease

- the living God to praise.
- 9 I am persuaded thus to say to him with pure pretence:
- O Lord, thou art my guide and stay, my rock, and my defense,
- Why do I then in pensiveness hanging the head thus walk?
- While that mine enemies me oppress and vex me with their talk.
- 10 For why? they vex mine inward parts, with pangs to be abhorred:
- When they cry out with stubborn hearts, where is thy God thy Lord?
- 11 So soon why dost thou faint and quail, my soul with pain oppressed?
- With thoughts why dost thy self assail, so sore within my breasts?
- 12 Trust in the Lord thy God always, and thou the time shalt see,
- To give him thanks with laud and praise, for health restored to thee.

Judica me Dom. Ps.43.T.S.

He prayeth to be delivered from them which conspire with Absalom, to the end that he might joyfully praise God in his holy congregation.

Sing this as the 35 Psalm.

Judge and revenge my cause, O Lord, from them that evil be:

From wicked and deceitful men, O Lord deliver me.

- 2 For of my strength thou art the God why putst thou me thee fro?
- And why walk I so heavily oppressed with my foe.
- 3 Send out thy light, and eke thy truth, and lead me with thy grace:
- Which may conduct me to thy hill, and to thy dwelling place.
- 4 Then shall I to the Altar go of God my joy and cheer:
- And on my Harp give thanks to thee, O God, my God most dear.
- 5 Why art thou then so sad my soul, and fretst thus in my breast?
- Still trust in God, fro him to praise I hold it always best.
- 6 By him I have deliverance against all pain and grief:

He is my God, which doth alway at need send me relief.

Deus auribus. Ps.44.T.S.

A most earnest prayer made in the name of the faithful in persecution, for sustaining the quarrels of God's word, as in Paul, Rom. 8.

Our ears have heard our fathers tell, and reverently record,

The wondrous works that thou hast done in alder time (O Lord.)

2 How thou didst cast the Gentiles out, and 'stroyed them with strong hand:

Planting our fathers in their place, and gav'st to them their land.

3 They conquered not by sword, nor strength, the land of thy behest:

But by thy hand, thine arm, and grace: because thou lovedst them best.

- 4 Thou art my king, O God, that holp Jacob in sundry wise:
- 5 Led with thy power, we threw down such as did against us rise.
- 6 I trusted not in bow, ne sword, they could not save me sound:
- 7 Thou kept'st us from our enemies' rage, thou didst our foes confound.
- 8 And still we boast of thee our God, and praise thy holy name:
- 9 Yet now thou goest not with our hosts, but leavest us to shame.
- 10 Thou made'st us flee before our foes, and so were over-trod:

Our enemies robbed and spoiled our goods, while we were 'spersed abroad.

11 Thou hast us given to our foes as sheep for to be slain:

Among the heathen every where scattered we do remain.

12 Thy people thou hast sold like slaves, and as a thing of naught:

For profit none thou hast thereby, no gain at all was sought.

13 And to our neighbors thou hast made of us a laughing stock:

And they that round about us dwell,

at us do grin, and mock.

The third part.

14 Thus we serve for none other use, but for a common talk:

They mock, they scorn, they nod their heads, wherever they go or walk:

15 I am ashamed continually, to hear these wicked men:

Yea, so I blush that all my face with red is covered then.

16 For why? we hear such slanderous words, such false reports and lies:

That death it is to see their wrongs, their threatenings and their cries.

- 17 For all this we forget not thee, not yet thy covenant break:
- 19 We turn not back our hearts from thee, nor ye thy paths forsake.
- 19 Yet thou hast trod us down to dust, where dens of Dragons be:

And covered us with shade of death and great adversity.

- 20 If we had our God's name forgot, and help of Idols sought:
- 21 Would not God then have tried this out? for he doth know our thought.
- 22 Nay, Nay, for thy name's sake, O Lord, always are we slain thus:
- As sheep unto thee shambles sent right so they deal with us.
- 23 Up Lord, why sleepest thou? awake and leave us not for all:
- 24 Why hidest thou thy countenance, and doest forget our thrall?
- 25 For down to dust our soul is brought, and we now at last cast:
- Our belly like as it were glued, unto the ground cleaves fast.
- 26 Rise up therefore for our defense, and help us Lord at need:

We thee beseech of thy goodness, to rescue us with speed.

Fructauit cor meum. Ps.45.I.H.

Solomon his majesty, honor, strength, beauty, riches and power are praised, his marriage with the Egyptian and heathen woman is blest, if that she renounce her people and country, and give herself wholly to her husband. Here is figured the wonderful majesty and increase of Christ's kingdom, and the Church his Spouse, now taken of the Gentiles.

Sing this as the 25 Psalm.

- My heart doth take in hand some godly song to sing:
- The praise that I shall show therein pertaineth to the king.
- My tongue shall be as quick, his honor to indict:
- As is the pen of any Scribe that useth fast to write.
- 2 O fairest of all men, thy speech is pleasant pure:
- For God hath blessed thee with gifts, for ever to endure.
- 3 About thee gird thy sword, O Prince of might elect:
- With honor, glory, and renown, thy person pure is decked.
- 4 Go forthwith goodly speed, in meekness, truth, and right:
- And thy right hand shall thee instruct in works of dreadful might.
- 5 Thine arrows sharp and keen, their hearts so sore shall sting:
- That folk shall fall, and kneel to thee, yea, all thy foes, O king.
- 6 Thy royal seat, O Lord, forever shall remain:
- Because the scepter of thy realm doth righteousness maintain.
- 7 Because thou lovest the right and dost the evil detest:
- God even thy God hath 'nointed thee, with joy above the rest.
- 8 With myrrh and savors sweet, thy clothes are all bespread:
- When thou dost from thy palace pass, there into make thee glad.
- 9 King's daughters do attend, in fine and rich array:

At thy right hand the Queen doth stand,

in gold and garments gay.

- 10 O daughter take good heed, incline and give good ear;
- Thou must forget thy kindred all, and father's house most dear:
- 11 Then shall the king desire, thy beauty fair and trim,
- For why? he is the Lord thy God, and thou must worship him.
- 12 The daughters then of Tyre, with gifts full rich to see;
- And all the wealthy of the land, shall make their suite to thee.
- 13 The daughter of the King, is glorious to behold:
- Within her closet she doth sit, all decked with beaten gold.
- 14 In robes well wrought with needle, and many a pleasant thing:
- With Virgins fair on her to wait, she commeth to the king
- 15 Thus are they brought with joy and mirth on every side:
- Into the palace of the king, and there they do abide.
- 16 Instead of parents left(O Queen thy chance so stands)
- Thou shalt have sons whom thou maiest set, as Princes in all lands.
- 17 Wherefore thy holy name, all ages shall record:
- Thy people shall give thanks to thee, forevermore O Lord.

Deus nostrum. Ps.46.I.H.

A song of thanksgiving for the deliverance of Jerusalem, after Sennacherib with his army was driven away, or some other like sudden and marvelous deliverance, by the mighty hand of God, whereby the Prophet commending this great benefit, doeth exhort the faithful to give themselves wholly into the hands of God, doubting nothing but that under his protection they shall be safe against all the assaults of their enemies.

The Lord is our defense and aid, the strength whereby we stand: when we with woe are much dismayed: he is our help at hand.

- 2 Though th'earth remove, we will not fear, though hills so high and steep,
- be thrust and hurled here and there, within the sea so deep.
- 3 No though the waves do rage so sore, that all the banks it spills:
- And though it overflow the shore, and beat down mighty hills.
- 4 For one fair flood doth send abroad, his pleasant streams apace:
- To 'fresh the City of our God, and wash his holy place.
- 5 In midst of her the Lord doth dwell, she can no whit decay:
- All things against her that rebel, the Lord will truly slay.
- 6 The heathen folk the kingdom's fear, the people make a noise:
- The earth doth melt and not appear, when God puts forth his voice.
- 7 The Lord of hosts doth take our part, to us he hath an eye,
- Our hope of health with all our heart, on Jacob's God doth lie.
- 8 Come near and see with mind and thought the working of our God:
- What wonders he himself hath wrought, through all the earth abroad.
- 9 By him all wars are hushed and gone, which countries did conspire;
- Their bows he break and spears each one, their Chariots burnt with fire:
- 10 Leave off therefore (saith he) and know I am a God most stout:

Among the heathen high and low,

and all the earth throughout.

- 11 The Lord of hosts doth us defend, he is our strength and tower,
- On Jacobs God do we depend, and on his might and power.

Omnes Gentes. Ps.47.I.H.

An exhortation to worship God for his mercies toward Jacob's posterity. Herein is prophesied the kingdom of Christ, in the time of the Gospel.

Sing this as the 46 Psalm.

- Ye people all with one accord, clap hands and eke rejoice:
- Be glad and sing unto the Lord with sweet and pleasant voice.
- 2 For high the Lord and dreadful is with wonders manifold:
- A mighty King he is also, in all the earth extolled.
- 3 The people he shall make to be, unto our bondage thrall:
- And underneath our feet he shall, the nations make to fall.
- 4 For us the heritage he chose, which we possess alone:
- The flourishing worship of Jacob, his well beloved one.
- 5 Our God ascendeth up on high, with joy and pleasant noise:
- The Lord goeth up above the sky, with trumpets royal voice.
- 6 Sing praises to our God, sing praise, sing praises to our King:
- 7 For God is king of all the earth, all skillful praises sing.
- 8 God on the heathen reigns, and sits upon his holy throne:
- 9 The Princes of the people have, them joined everyone:
- To Abraham's people, for our God which is exalteth high:

As with a buckler doth defend, the earth continually.

Magnus Dom. Ps.48.I.H.

Thanks are given to God for the notable deliverance of Jerusalem from the hands of many kings, the estate whereof is praised, for that God is present at all times to defend it: this Psalm seemeth to be made in the time of Ahaz, Jehoshaphat, Asa, or Hezekiah, for then chiefly was the City by for reign Princes assaulted.

Sing this as the 46 Psalm.

Great is the Lord, and with great praise, to be advanced still:

- Within the City of our God, upon his holy hill.
- 2 Mount Zion is a pleasant place, it gladdeth all the land:
- The city of the mighty King on her North side doth stand.
- 3 Within the Palaces thereof, God is a refuge known:
- For lo the kings are gathered, and together eke are gone.
- 4 But when they did behold it so, they wondered and they were
- Astonied much, and suddenly, were driven back with fear.
- 5 Great terrors then on them do fall, for very woe they cry:
- As doeth a woman when she shall, go travel by and by.
- 6 As thou with Eastern wind the ships, upon the sea dost break:
- So they were stayed, and even as we heard our fathers speak.

- 7 Lo in the City of our God, we saw as it was told:
- Yea in the City which our God, for ever will uphold.
- 8 O Lord we wait and do attend, on thy good help and grace,
- For which we do all times attend within thy holy place.
- 9 O Lord according to thy name, for ever is thy praise:
- And thy right hand, O Lord is full of righteousness always.
- 10 Let for thy judgments Zion mount, fulfilled be with joys:
- And eke of Judah grant (O Lord) the daughters to rejoice.
- 11 God walk about all Zion hill, yea round about her go:
- And tell the towers that there upon are builded on a row.
- 12 And mark you well her bulwarks all, behold her towers there:
- That ye may tell thereof to them, that after shall be here.
- 13 For this God is our God, forevermore is he:
- Yea and unto the death also, our guider shall he be.

Audite haec omnes. Ps.49.I.H.

God's spirit moveth the consideration of man's life, showing that the wealthiest are not the happiest: but noteth how all things are ruled by God's providence, who as he judgeth these worldly misers to everlasting torments, so he preserveth his and will reward them in the day of the resurrection. 1 Thess. 1. Sing this as the 46 Psalm.

- All people hearken and give ear, to that that I shall tell:
- 2 Both high and low, both rich and poor, that in the world do dwell,
- 3 For why? my mouth shall make discourse of many things right wise:
- In understanding shall my heart his study exercise.
- 4 I will incline my heart to know the parable so dark:
- And open all the doubtful speech, in meter on my harp.
- 5 Why should I fear afflictions, or any careful toil:
- Or else my foes which at my heels, are pressed my life to spoil?
- 6 For as for such as riches have, wherein their trust is most:
- And they which of their treasures great, themselves do brag and boast.
- 7 There is not one of them that can, his brother's death redeem:
- Or that can give a price to God sufficient for him.
- 8 It is too great a price to pay, none can thereto attain:
- 9 Or that he might his life prolong, or not in grave remain.
- 10 They see wise men as well as fools, subject unto death's bands:
- And being dead, strangers possess their goods, their rents, their lands,
- 11 Their care is to build houses fair, and to determine sure,
- To make their name right great on earth forever to endure.
- 12 Yet shall no man always enjoy, high honor, wealth and rest: But shall at length taste of death's cup,

as well as the brute beast.

- 13 And though they try their foolishness to be most lewd and vain:
- Their children yet approve their talk, and in like sin remain.
- 14 As sheep into the fold are brought, so shall they into grave:
- Death shall them eat, and in that day, the just shall Lordship have.
- Their Image and their royal port shall fade and quite decay,
- When as from house to pit they pass with woe and well away.
- 15 But God shall surely preserve me from death and endless pain:
- Because he will of his good grace my soul receive again.
- 16 If any man wax wondrous rich, fear not I say therefore:
- Although the glory of his house increaseth more and more.
- 17 For when he dieth, of all these things nothing shall he receive:
- His glory will not follow him, his pomp will take her leave.
- 18 Yet in this life he takes himself the happiest under sun:
- And other likewise flatter him, and say all is well done.
- 19 And presuppose he live as long as did his fathers old:
- Yet must he needs at length give place, and be brought to death's fold.
- 20 Thus man to honor God hath called, yet doth he not consider:
- But like brute beasts so doth he live, which turn to dust and powder.

Deus Deorum. Ps.50.W.VV.

He prophesied that God will call all nations by the Gospel, and require no other sacrifice of his people, but confession of his benefits, and thanksgiving, and how he detesteth all such as seem zealous of ceremonies, and not of the pure word of God only.

The mighty God th'eternal hath thus spoke,
And all the world he will call and provoke,
Even from the East, and so forth to the West.

2 From toward Zion which place him liketh

best,
God will appear in beauty most excellent.

3 Our God will come before that long time be spent.

Devouring fire

shall go before his face,

A great tempest,

shall round about him trace,

4 Then shall he call the earth and heavens bright,

To judge his folk with equity and right.

5 Saying, go to, and now my Saints assemble:

My peace they keep, their gifts do not dissemble.

6 The heavens shall declare his righteousness:

For God is judge of all things more and less.

7 Hear my people, for I will now reveal:

Lift Israel.

I will thee naught conceal.

Thy God, thy God am I, and will not blame thee,

8 For giving not, all manner offerings to me.

9 I have no need to take of thee at all

Goats of thy fold, or Calf out of thy stall:

10 For all the beasts are mine within the woods:

On thousand hills

Cattle are mine own goods.

11 I know for mine all birds that are on mountains:

All beasts are mine that haunt the fields and fountains.

12 Hungry if I were I would no thee it tell:

For all is mine
That in the world doth dwell.

13 Eat I the flesh of great bulls and bullocks?

Or drink the blood of Goats and of the flocks?

14 Offer to God praise and hearty thanksgiving:

And pay thy vows unto God ever-living.

(**Psalm 50 – cont.**)

Another of the same by I.H.

15 Call upon me

when troubled thou shalt be:

Then will I help,

and thou shalt honor me.

16 To the wicked

thus saith t'eternal God:

Why dost thou preach

my laws and hefts abroad?

Seeing thou hast them with thy mouth abused,

17 And hate'st to be

by discipline reformed.

My words I say,

thou dost reject and hate:

18 If that thou see

a theif as with thy mate,

Thou runn'st with him

and so your prey do seek.

And art all one

with bawds and ruffians eke.

19 Thou giv'st thyself

to backbite and to slander,

And how thy tongue

deceiveth it's a wonder.

20 Thou sittest musing,

thy brother how to blame,

And how to put

thy mother's son to shame.

21 These things thou didst,

and whilst I held my tongue

Thou didst me judge,

because I stayed so long.

Like to thyself:

yet though I keep long silence,

Once shalt thou feel

of thy wrongs just recompense.

22 Consider this

ye that forget the Lord:

And fear not when

he threateneth with his word;

least without help

I spoil you as a prey.

23 But he that thanks

offereth, praiseth me aye,

Saith the Lord God:

and he that walketh this trace,

I will him teach

God's saving health to embrace.

The God of Gods, the Lord, hath called the earth by name: From where the Sun doth rise, unto

the setting of the same.

2 From Zion his fair place, his glory bright and clear:

The perfect beauty of his grace, from thence it did appear.

3 Our God shall come in haste, to speak he shall not doubt:

Before him shall the fire waste, and tempest round about.

4 The heavens from on high the earth below likewise:

He will call forth to judge and try his folk he doth devise.

5 Bring forth my Saints (saith he) my faithful flock so dear:

Which are in bond and league with me my Law to love and fear.

6 And when these things are tried the heavens shall record:

That God is just, and all must bide the judgment of the Lord.

7 My people O give heed, Israel to thee I cry:

I am thy God, thy help at need, thou canst it not deny.

8 I do not say to thee, thy sacrifice is slack:

Thou offerest daily unto me much more than I do lack.

9 Think'st thou that I do need thy cattle young or old?

Or else desire so much to feed one Goats out of thy fold?

10 Nay, all the beasts are mine, in woods that eat their fills.

And thousands more of neat and kine that run wild on the hills.

The second part.

- 11 The birds that build on high in hills and out of sight:
- And beasts that in the fields do lie, are subject to my might.
- 12 Then though I hungered sore, what need I ought of thine:
- Sith that the earth with her great store, and all therein is mine?
- 13 To bulls flesh have I mind, to eat it, dost thou think?
- Or such a sweetness do I find the blood of Goats to drink?
- 14 Give to the Lord his praise, with thanks to him apply:
- And see thou pay thy vows always unto the God most high.
- 15 Then seek and call to me, when ought would work thee blame:
- And I will sure deliver thee, that thou maist praise my name.
- 16 But to the wicked train, which talk of God each day:
- And yet their works are foul and vain, to them the Lord will say;
- 17 With what a face dar'st thou my word once speak or name
- Why doth thy talk my law allow thy deeds deny the same.
- 18 Whereas for to amend thy life thou art so slack:
- My word the which thou dost pretend is cast behind thy back.

The third part.

- 19 When thou a thief dost see by theft to live in wealth:
- With him thou runst, and dost agree likewise to thrive by stealth:
- 20 When thou dost them behold, that wives and maids defile:
- Thou lik'st it well and waxest bold, to lead that life most vile.
- 21 Thy lips thou dost apply to slander and defame:
- Thy tongue is taught to craft and lie, and still doth use the same.
- 22 Thou studiest to revile, thy friends to thee so near
- With slander thou wouldest needs defile, thy mother's son most dear.
- 23 Here at while I do wink, as though I did not see:
- Thou goest on still, and so dost think that I am like to thee:
- 24 But sure I will not let, to strike when I begin:
- Thy faults in order I will set, and open all thy sin.
- 25 Mark this I you require, that have not God in mind:
- Least when I plague you in mine ire, your help be far to find.
- 26 He that doth give to me, the sacrifice of praise
- Doth please me well, and he shall see, to walk in godly ways.

Miserere mei. Ps.51.W.W.

David rebuked by the Prophet Nathan for his great offences, acknowledged the same to God, protesting his natural corruption, wherefore he prayeth God to forgive his sins, and renew in him his holy Spirit, promising that he will not be unmindful of those great graces. Finally, fearing least God would punish the whole Church for his fault, he requires that he would rather increase his grace towards the same.

- O Lord consider my distress, and now with speed some pity take, My sins deface, my faults redress, good Lord for thy great mercy's sake.
- Wash me, O Lord, and make me clean, from this unjust and sinful act, and purify yet once again my heinous crime and bloody fact.
- 3 Remorse and sorrow doth constrain, me to acknowledge mine excess:
 My sins alas do still remain,
 4 Before my face without release,
 For thee alone I have offended, committing evil in thy sight,
 And if I were therefore condemned, yet were thy judgments just and right.
- 5 It is too manifest alas,that first I was conceived in sin:Yea of my mother so born was,and yet vile wretch remain therein.
- 6 Also behold Lord thou dost love, the inward truth of a pure heart: Therefore thy wisdom from above, thou hast revealed me to convert.
- 7 If thou with I sop purge this blot, I shall be cleaner than the glass, And if thou wash away my spot, the snow in whiteness shall I pass.
- 8 Therefore O Lord, such joy, me send, that inwardly I may find grace:
- And that my strength may now amend, which thou hast swaged for my trespass.
- 9 Turn back thy face and frowning ire, for I have felt enough thy hand:
 And purge my sins I thee desire which do in number pass the sand.
 10 Mela new my heart within my broad.
- 10 Make new my heart within my breast, and frame it to thy holy will:Thy constant spirit in me let rest,

which may these raging enemies kill.

- 11 Cast me not Lord out from thy face, but speedily my torments end,Take not from me thy spirit and grace,
- Take not from me thy spirit and grace, which may from dangers me defend.
- 12 Restore me to those joys again, which I was wont in thee to find:
- And let me thy free spirit retain, which unto thee may stir my mind.
- 13 Thus when I shall thy mercies know. I shall instruct others therein:
- And men that are likewise brought low, by mine example shall fly sin.
- 14 O God that of my health art Lord, forgive me this my bloody vice:
- My heart and tongue shall then accord, to sing thy mercies and justice.
- 15 Touch thou my lips, my tongue untie, O Lord, which are the only key:
- And then my mouth shall testify, thy wondrous works and praise alway.
- 16 And as for outward sacrifice, I would have offered many one:
- But thou esteemest them of no price, and therein pleasure takest none.
- 17 The heavy heart, the mind oppressed, O Lord thou never dost reject:
- And to speak truth it is the best and of all sacrifice the effect.
- 18 Lord unto Zion turn thy face, pour out thy mercy on thy hill,
- And on Jerusalem thy grace, build up the walls and love it still.
- 19 Thou shalt accept then our offerings, of peace and righteousness I say:Yea calves and many other things, upon thine altar will we lay.

Another of the same by T.S.

Sing this as the Lamentation.

- Have mercy on me God, after thy great abundant grace:
- After thy mercies multitude, do thou my sins deface.
- 2 Yea, wash me more for mine offense, and cleanse me from my sin,
- For I do know my faults and still my sins are in mine eye.
- 3 Against thee, thee alone I have offended in this case:
- And evil have I done before the presence of thy face.
- 4 That in the things that thou dost say, upright thou maist be tried:
- And eke in judgment that the dome may pass upon thy side.
- 5 Behold in wickedness my kind, and shape I did receive:
- And lo my sinful mother eke, in sin did me conceive.
- 6 But lo the truth in inward parts, is pleasant unto thee:
- And secrets of thy wisdom thou, revealed hast to me.
- 7 With Hope Lord besprinkle me, I shall be cleansed so:
- Yea, wash thou me, and so shall I, be whiter than the snow.
- 8 Of joy and gladness make thou me, to hear the pleasant voice:
- That so the bruised bone, which thou hast broken may rejoice.
- 9 From the beholding of my sins, Lord turn away thy face.
- And all my deeds of wickedness, do utterly deface:
- 10 O God create in me a heart, unspotted in thy sight:
- And eke within my bowels Lord, renew a stable spirit.

- 11 Ne cast me from thy sight, nor take thy holy spirit away:
- The comforts of thy saving help, give me again I pray.
- 12 With thy free spirit establish me, and I will teach therefore
- Sinners thy ways, and wicked shall be turned unto thy lore.

- 13 O God that art my God of health, from blood deliver me:
- That praises of thy righteousness, my tongue may sing to thee.
- 14 My lips that yet fast closed be, do thou O Lord unloose:
- The praises of thy majesty, my mouth shall so disclose.
- 15 I would have offered sacrifice, if that had pleased thee:
- But pleased with burnt offerings I know thou wilt not be:
- 16 A troubled spirit is sacrifice, delightful in God's eyes.
- A broken and an humble heart, God thou wilt not despise.
- 17 In thy good will deal gently Lord, to Zion, and with all:
- Grant that of thy Jerusalem, upreared may be the wall.
- 18 Burnt offerings, gifts, and sacrifice, of justice in that day:
- Thou shalt accept, and Calves they shall upon thine altar lay.

Quid gloriaris? Ps.52.I.H.

David describeth the arrogant tyranny of Doeg, Saul's chief shepherd, who by false surmises caused Abimelech and the Priests to be slain, he prophecieth his destruction, encourageth the faithful to trust in God, who most sharply revengeth his, and rendreth thanks for his deliverance. Herein is lively set forth the kingdom of Antichrist.

Why dost thou tyrant boast abroad thy wicked works to praise?

Dost thou not know there is a God.

Dost thou not know there is a God, whose mercies last always?

Why doeth thy mind yet still devise such wicked wiles to warp?

Thy tongue untrue in forging lies, is like a razor sharp.

3 On mischief why setst thou thy mind, and wilt not walk upright?

Thou hast more lust false tales to find, then bring the truth to light.

4 Thou doest delight in fraud and guile, in mischief, blood and wrong,

Thy lips have learned the flattering style, O false deceitful tongue.

5 Therefore shall God forever confound and plucked thee from thy place:

Thy seed root out from off the ground, and so shall thee deface.

6 The just when they behold thy fall, with fear will praise the Lord,

And in reproach of thee withal, cry out with one accord.

7 Behold the man that would not take the Lord for his defense:

But of his goods his God did make, and trust his corrupt sense.

8 But I an Olive fresh and green, will spring and spread abroad.

For why? my trust all times hath been upon the living God.

9 For this therefore will I give praise, to thee with heart and voice:

I will set forth thy name always, wherein thy Saints rejoice.

Dixit insipiens. Ps.53.T.S.

David describeth the crooked nature, cruelty and punishment of the wicked, when they look not for it, and desireth the deliverance of the godly, that they may rejoice together.

Sing this as the 46 Psalm.

The foolish man in that which he, within his heart hath said.

That there is any God at all, he utterly denied.

They are corrupt, and they also, a heinous work have wrought:

Among them all there is not one, of good that worketh ought.

3 The Lord looked down on sons of men, from heaven all abroad,

To see if any were that would be wise, and seek for God.

4 They are all gone out of the way, they are corrupted all:

There is not one doth any good, there is not one at all.

5 Do not all wicked workers know, that they do feed upon,

My people as they feed on bread, the Lord they call not on.

6 Even there they were afraid, and stood, with trembling all dismayed:

Whereas there was no cause at all, why they should be afraid.

7 For God his bones, that thee besieged, hath scattered all abroad:

Thou hast confounded them, for they rejected are of God.

8 O Lord, give thou thy people health, and thou, O Lord fulfill:

Thy promise made to Israel, from out of Zion hill.

9 When God his people shall restore, the erst was captive lad:

Then Jacob shall therein rejoice, and Israel shall be glad.

Deus in nominee. Ps.54.I.H.

David in great danger through Ziphims, calleth upon God to destroy his enemies, promising sacrifice for his deliverance.

Sing this as the 46 Psalm.

God save me for thy holy name, and for thy goodness' sake: Unto the strength th'Lord of the same, I do my cause betake.

- 2 Regard O Lord, and give an ear to me when I do pray,
- Bow down thyself to me and hear, the words that I do say.
- 3 For strangers up against me rise, and tyrants vex me still,
- Which have not God before their eyes, they seek my soul to spill.
- 4 But lo, my God doth give me aid, the Lord is straight at hand:
- With them by whom my soul is stayed, the Lord doth ever stand.
- 5 With plagues repay again all those, for me that lie in wait:
- And in thy truth destroy my foes, with their own snare and bait.
- 6 And offering of free heart and will, then I to thee shall make:
- And praise thy name, for therein still great comfort I do take.
- 7 O Lord, at length do set me free, from them that craft conspire:
- And now mine eyes with joy do see, on them my heart's desire.

Exaudi Deus. Ps.55.I.H.

David in great distress, complaineth of Saul's cruelty, and falsehood of his familiar acquaintance, effectually moving the Lord to pity him. Then assured of deliverance, he setteth forth the grace of God, as if he had already obtained his request.

Sing this as the 46 Psalm.

- O God give ear and do apply, to hear me when I pray:
- And when to thee I call and cry, hide not thy face away.
- 2 Take heed to me, grant my request, and answer me again:
- With 'plaints I pray, full sore oppressed, great grief doth me constrain.
- 3 Because my foes with threats and cries, oppress me through despite:
- And so the wicked sort likewise, to vex me have delight.
- 4 For they in counsel do conspire, to charge me with some ill:
- So with their hasty wrath and ire, they do pursue me still.
- 5 My heart doth faint for want of breath, it panteth in my breast:
- The terrors and the dread of Death, doth work me much unrest.
- 6 Such dreadful fear on me doth fall, that I therewith do quake:
- Such horror 'whelmeth me withal, that I no shift can make.
- 7 But I do say, who will give me the swift and pleasant wings
- Of some fair dove that I may flee, and rest me from these things.
- 8 Lee then I would go far away, to fly I would not cease:
- And I would hide myself and stay in some great wilderness.
- 9 I would be gone in all the haste, and not abide behind:
- That I were quite over-past these blasts of boisterous wind,
- 10 Divide them Lord, and from them pull: their devilish double tongue:

For I have spied their City full,

of rapine, strife and wrong.

11 Which things both night and day throughout,

did close her as a wall.

- In midst of her is mischief stout, and sorrow eke withal.
- 12 Her privy parts are wicked plain, her deeds are much too vile:
- And in her streets there doth remain, all crafty fraud and guile.

- 13 If that my foes did seek my shame, I might it well abide:
- From open enemies' cheek and blame, somewhere I could me hide:
- 14 But thou it was my fellow dear, which friendship did pretend:
- And didst my secret counsel hear, as my familiar friend.
- 15 With whom I had delight to talk, in secret and abroad:
- And we together oft did walk, within the house of God.
- 16 Let death in haste upon them fall, and send them quick to hell:
- For mischief reigneth in their hall, and parlor where they dwell.
- 17 But I unto my God do cry, to him for help I flee:
- The Lord doth hear me by and by, and he doth succor me.
- 18 At morning, noon, and evening tide: unto the Lord I pray:
- When I so instantly have cried, he doth not say me nay.
- 19 To peace he shall restore me yet, though wars be near at hand:
- Although the number be full great, that would against me stand.
- 20 The Lord that first and last doth reign, both now and evermore,

Will hear when I to him complain, and punish them full score.

(**Psalm 55 – cont.**)

- 21 For sure there is no hope that they to turn will once accord:
- For why? they will not God obey, nor do not fear the Lord.
- 22 Upon their friends they laid their hands, which were in covenant knit:
- Of friendship to neglect the bands, they pass or care no whit.
- 23 While they have war within their hearts, as butter are their words:
- Although their words were smooth as oil, they cut as sharp as swords.
- 24 Cast thou thy care upon the Lord, and he shall nourish thee:
- For in no wise will he accord the just in thrall to see.
- 25 But God shall cast them deep in pit, that thirst for blood always:
- He will no guileful man permit, to live out half his days.
- 26 Though such be quite destroyed and gone, in thee O Lord, I trust:
- I shall depend thy grace upon, with all my heart and lust.

Miserere mei. Ps.56.I.H.

David being brought to Achish the King of Gath, 1 Sam. 21:12, complaineth of his enemies, demandeth succor, trusteth in God, and promiseth to perform his vow, which was to praise God in his Church.

Sing this as the Lamentation.

Have mercy Lord on me I pray, for man would me devour:

- He fighteth with me day by day, and troubleth me each hour.
- 2 Mine enemies daily enterprise, to swallow me outright:
- To fight against me many rise, O thou most high of might.
- 3 When they would make me most afraid with boasts and brags of pride:

I trust in thee alone for aid, by thee will I abide:

4 God's promise I do mind and praise,

O Lord, I stick to thee: I do not care at all affairs, what man can do to me.

(**Psalm 56 – cont.**)

- 5 What things I either did or spake, they wrest them at their will;
- And all the counsel that they take, is how to work me ill.
- 6 They all consent themselves to hide, close watch for me to lay:
- They spy my paths, and snares have laid, to take my life away.
- 7 Shall they thus 'scape on mischief set? thou God on them wilt frown:
- For in this wrath he doth not let, to throw whole kingdoms down.
- 8 Thou seest how oft they make me flee, and on my tears doest look:
- Reserve them in a glass by thee, and write them in thy book.
- 9 When I do call upon thy name, my foes away do start:
- I well perceive it by the same, that God doth take my part.
- 10 I glory in the word of God, to praise it I accord;
- With joy I will declare abroad, the promise of the Lord.
- 11 I trust in God and yet I say, as I before began:
- The Lord he is my help and stay, I do not care for man.
- 12 I will perform with heart so free, to God my vows always:
- And I (O Lord) all times to thee, will offer thanks and praise.
- 13 My soul from death thou dost defend, and keepest my feet upright,

That I before thee may ascend, with such as live in light.

Miserere mei. Ps.57.I.H.

David in the desert of Ziph, betrayed by the inhabitants, and in the same cave with Saul, calleth to God, with full confidence that he will perform his promise, and show his glory in heaven, and in earth against his cruel enemies, therefore he rendereth land and praise.

Sing this as the 44 Psalm.

Take pity for thy promise' sake, have mercy Lord on me: For why my soul doth her betake unto the help of thee.

- 2 Within the shadow of thy wings I set myself full fast:
- 'Til mischief, malice, and like things, be gone and over-past.
- 3 I call upon the God most high, to whom I stick and stand:
- I mean the God that will stand by the cause I have in hand.
- 4 From heaven he hath sent his aid, to save me from their spite:
- That to devour me have aslaid, his mercy, truth, and right.
- 5 I lead my life with lions fell, all set on wrath and ire:
- And with such wicked men I dwell, that set like flames of fire.
- 6 Their teeth are spears and arrows long, as sharp as I have seen:
- They wound and cut with their quick tongue like swords and weapons keen.
- 7 Set up and show thyself, O God, above the heavens bright:
- Exalt thy praise in earth abroad, thy majesty and might.
- 8 They lay their nets, and do prepare a private cave and pit:
- Wherein they think my soul to snare, but they are fallen in it.

- 9 My heart is set to laud the Lord, in him to joy always:
- My heart I say doth well accord to sing his laud and praise.
- 10 Awake my joy, awake I say, my lute, my harp, and string:
- For I myself before the day will rise rejoice, and sing.
- 11 Among the people I will tell the goodness of my God:
- And show his praise that doth excel, in heathen lands abroad.
- 12 His mercy doth extend as far as heavens all are high,
- His truth as high as any star, that shineth in the sky.
- 13 Set forth and show thyself, O God, above the heavens bright:
- Extol thy praise on earth abroad, thy majesty and might.

Si vere utique. Ps.58.I.H.

He describeth his malicious enemies, Saul's flatterers, who secretly and openly sought his destruction, from whom he appealed to God's judgment, showing that the just shall rejoice at the punishment of the wicked, to God's glory.

Sing this as the 48 Psalm.

- Ye rulers which are put in trust to judge of wrong and right:
- Be all your judgments true and just, not knowing need or might?
- 2 Nay in your hearts ye mark and muse in mischief to consent,
- And were ye should true justice use, your hands to bribes are bent.
- 3 The wicked sort from their birthday have erred on this wise:
- And from the mothers womb alway have used craft and lies.
- 4 In them the poison and the breath of serpents do appear:
- Yea, like the Adder that is deaf and fast doth stop her ear.
- 5 Because he will not hear the voice, of one that charmeth well:
- No though he were the chief of choice, and therein doth excel.
- 6 O God, break thou their teeth at once, within their mouths throughout,
- The tusks that in their great jaw bones, like Lions' whelps hang out.
- 7 Let them consume away and waste, as water runs forthright,
- The shafts that they do shoot in haste, let them be broke in flight.
- 8 As Snails do waste within the shell, and unto slime do turn:
- As one before his time that fell, and never saw the Sun.

- 9 Before the thorns that now are young to bushes big shall grow:
- The storms of anger waxing strong, shall take them ere they know.
- 10 The just shall joy it doth them good, that God doth vengeance take:
- And they shall wash their feet in blood, of them that him forsake.
- 11 Then shall the world show forth and tell that good men have reward:
- And that a God on earth doth dwell, that justice doth regard.

Eripe me. Ps.59.I.H.

David in great danger of Saul, who sent to slay him in his bed, declareth his innocency, and their fury, praying God to destroy all malicious sinners, who live for a time to vex his people: but in the end consume in his wrath, to God's glory. For this he singeth praise to God, assured of his mercies.

Send aid and save me from my foes,

O Lord, I pray to thee:

- Defend and keep me from all those that rise and strive with me.
- 2 O Lord, preserve me from those men whose doings are not good:
- And set me sure and safe from them that still thirst after blood.
- 3 For lo they wait my soul to take, they rage against me still:

Yea, for no fault that I did make: I never did them ill.

- 4 They run, and do themselves prepare, when I no whit offend:
- Arise, and save me from their snare, and see what they intend.
- 8 O Lord, of hosts of Israel arise and strike all lands:
- And pity none that do rebel, and in their mischief stands.
- 6 At night they stir and seek about, as hounds they howl and grin:
- And all the City clean throughout, from place to place they run.
- 7 They speak of me with mouth alway, but in their lips are swords:
- They greed my death, and then would say, what? none doth hear our words:
- 8 But Lord thou hast their ways espied, and laughed thereat apace:
- The heathen folk thou shalt deride, and mock them to their face.
- 9 The strength that doth my foes withstand, O Lord doth come of thee:

My God he is my help at hand, a fort of fence to me.

- 10 The Lord to me doth show his grace in great abundance still:
- That I may see my foes in case such as my heart doth will.

- 11 Destroy them not at once, O God, least it from mind do fall:
- But with thy strength drive them abroad, and so consume them all.
- 12 For their ill words and truthless tongues, confound them in their pride:
- Their wicked oaths, with lies and wrong, let all the world deride.
- 13 Consume them in thy wrath, O Lord, that naught of them remain:
- That men may know throughout the world that Jacob's God doth reign.
- 14 At evening they return apace, as dogs they grin and cry:
- Throughout the streets in every place, they run about and spy.
- 15 They seek about for meat I say, but let them not be fed:
- Nor find a house wherein they may behold to put their head.
- 16 For I will show thy strength abroad, thy goodness I will praise:
- For thou art my defense and God, at need in all affairs.
- 17 Thou art my strength, thou hast me stayed, O Lord I sing to thee:
- Thou art my fort, my fence, and aid, a loving God to me.

Deus repulisti. Ps.60.I.H.

David now king over Judah, after many victories, showeth by evident signs, that God elected him King, assuring the people, that God will prosper them if they approve the same. After he prayeth unto God to finish that he had begun.

Sing this as the 59 Psalm.

- O Lord, thou didest us clean forsake, and scatteredst us abroad:
- Such great displeasure thou didst take, return to us, O God.
- 2 Thy might did move the land so sore, that it in sunder break:
- The hurt thereof O Lord restore: for it doth bow and quake.
- 3 With heavy chance thou plaguest thus the people that are thine:
- And thou hast given unto us a drink of deadly wine.
- 4 But yet to such as fear thy name a token shall ensue
- That they might triumph in the same, because thy word is true.
- 5 So that thy might may keep and save thy folk that favor thee:
- That they thy help at hand may have, O Lord grant this to me.
- 6 The Lord did speak from his own place, this was his joyful tale:
- I will divide Shechem by pace, and mete out Succoth's vale.
- 7 Gilead is given to my hand, Manasseh mine beside:
- Ephraim the strength of all my land, my law doth Judah guide.
- 8 In Moab I will wash my feet, over Edom throw my shoe:
- And thou Philistia ough'st to seek, for favor me unto.
- 9 But who will bring me at this tide, unto the City strong?
- Or who to Edom will me guide, so that I go not wrong?
- 10 Wilt thou O God, which didst forsake, thy flock, their land and coasts?
- Our wars in hand thou wouldest not take,

nor walk among our hosts.

- 11 Give aide O Lord, and us relieve, from them that us disdain:
- The help that hosts of men can give, it is but all in vain.
- 12 But through our God who shall have might to take great things in hand:
- He will tread down, and put to flight all those that us withstand.

Exaudi Deus. Ps. 61.I.H.

Whether he were in danger of the Ammonites, or pursued of Absalom here he crieth to be delivered, and confirmed with his kingdom, promising perpetual praises.

Sing this as the 39 Psalm.

- Regard, O Lord, for I complain, and make my suite to thee,
- Let not my words return in vain, but give an ear to me.
- 2 From the coasts and utmost parts, of all the earth abroad,
- In grief and anguish of my heart, I cry to thee, O God.
- 3 Upon the rock of thy great power, my woeful mind repose:
- Thou art my hope, my fort, and tower, my fence against my foes.
- 4 Within thy tents I lust to dwell, for ever to endure:
- Under the wings I know right well, I shall be safe and sure.
- 5 The Lord doth my desire regard, and doth fulfill the same:
- With goodly gifts doth he regard, all them that fear his name.
- 6 The King shall he in health maintain, and so prolong his days:
- That he from age to age shall reign, forevermore always.
- 7 That he may have a dwelling place, before the Lord for aye:
- O let thy mercy, truth, and grace, defend him from decay.
- 8 Then shall I sing forever still, with praise unto thy name:

That all my vows I may fulfill,

and daily pay the same.

Nonne Deo. Ps.62.I.H.

David declareth by this example and the nature of God, that he and all people must trust in God alone, seeing that all without God goes to naught, who only is of power to save, and that he rewardeth man according to his works.

Sing this as the 59 Psalm.

My soul to God shall give good heed, and him alone attend:

For why my health and hope to speed, doth whole on him depend.

2 For he alone is my defense, my rock, my health and aid:

He is my stay, that no pretence, shall make me much dismayed.

3 O wicked folk how long will ye use craft? sure you must fall,

For as a rotten hedge ye be, and like a tottering wall.

4 Whom God doth love, ye seek always to put him to the worse,

Ye love to lie, with mouth ye praise, and yet your hearth doth curse.

5 Yet still my soul doth whole depend, on God my chief desire:

From all ill feats me to defend, none but him I require.

6 He is my rock, my strength and tower, my health is of high grace:

He doth support me, that no power can move me out of place.

7 God is my glory and my health, my soul's desire and lust:

My fort, my strength, my stay, my wealth, God is mine only trust.

8 Oh have your hope in him alway, ye folk with one accord:

Pour out your hearts to him and say, our trust is in the Lord.

9 The sons of men deceitful are, on balance but a slight;

With things most vile do them compare, for they can keep no weight.

10 Trust not in wrong robbery or stealth, let vain delights be gone:

Though goods well got flow in with wealth, set not your hearts thereon.

11 The Lord long saith one thing did tell,

which here to mind I call:

He spake it oft I heard it well: that God alone doth all.

12 And that thou Lord art good and kind, thy mercy doth exceed:

So that all sorts with thee shall find, according to their meed.

Deus Deus meus. Ps.63.I.H.

David after his danger of Ziph, giveth God thanks for his wonderful deliverance, in whose mercies he trusteth even in the midst of misery, prophesying the destruction of God's enemies, and contrariwise happiness to all them that trust in the Lord. 1 Sam. 3.

Sing this as the 44 Psalm.

O God, my God, I watch bedtime, to come to thee in haste:

For why? my soul and body both, do thirst of thee to taste.

2 And in this barren wilderness, where waters there are none:

My flesh is parched for thought of thee: for thee I wish alone.

3 That I might see yet once again, thy glory, strength and might,

As I was wont it to behold, within thy temple bright.

4 For why? thy mercies far surmount, this life and wretched days:

My lips therefore shall give to thee, due honor, laud and praise.

5 And whilst I live I will not fail, to worship thee always:

And in thy name I shall lift up, my hands when I do pray.

6 My soul is filled as with marrow, which is both fat and sweet,

My mouth therefore shall sing such songs as are for thee most mete.

7 When is in bed I think on thee, and eke all the night tide:

For under covert of thy wings, thou art my joyful guide.

8 My soul doth surely stick to thee, the right hand is my power

9 And those that seek my life to 'stroy, them death shall soon devour,

10 The sword shall them devour each one their carcasses shall feed

The hungry foxes which do run, their prey to seek at need.

11 The King and all men shall rejoice, that do profess God's word:
For liars' mouths shall then be stopped, which have the truth disturbed.

still trusting in his might: So shall they joy with mind and voice, whose heart is pure and right.

Exaudi Deus. Ps.64.I.H.

David prayeth against the false reporters and slanderers he declareth their punishment and destruction, to the comfort of the just, and the glory of God. Sing this as the 18 Psalm.

O Lord, unto my voice give ear, with 'plaints when I do pray:
And rid my life and soul from dread, of foes that threat to slay.
Defend me from that sort of men,

which in deceits do lurk, And from the frowning face of them, that all ill feats do work.

3 Who whet their tongues as we have seen men whet and sharp their swords:

They shoot abroad their arrows keen, I mean most bitter words.

4 With privy sleights shoot they their shafts, the upright man to hit:

The just un'ware to hit by craft, they care of fear no whit.

5 A wicked work they have decreed, in counsel thus they cry:

To use deceit let us not dread, what? who can it espy?

6 What ways to hurt they talk and muse, all times within their heart:

They all consult what feats to use, each doth invent his part.

7 But yet all this shall not avail, when they think least upon:

God with his dart shall sure assault, and wound them very one.

8 Their crafts and their ill tongues withal, shall work themselves such blame:

That they which then behold their fall, shall wonder at the same.

9 Then all that see shall know right well, that God the thing hath wrought:

And praise his witty works, and tell what he to pass hath brought.

10 Yet shall the just in God rejoice,

Te decet hymnus. Ps.65.I.H.

A thanksgiving unto God by the faithful, who are signified by Zion and Jerusalem, for the choosing, preservation, and governance of them, and for the plentiful blessings poured forth upon all the earth. Sing this as the 30 Psalm.

- Thy praise alone (O Lord) doth reign, in Zion thine own hill.
- Their vows to thee they do maintain, their behests fulfill.
- 2 For that thou dost their prayers hear, and dost thereto agree.
- The people all both far and near, with trust shall come to thee.
- 3 Our wicked life so far exceeds, that we should fall therein:
- But Lord forgive our great misdeeds, and purge us from our sin.
- 4 The man is blest whom thou dost choose, within thy courts to dwell:
- Thy house and temple he shall use, with pleasures that excel.
- 5 Of thy great justice hear us God, our healt of thee doth rise:
- The hope of all the earth abroad, and the sea coasts likewise.
- 6 With strength thou art beset about, and 'compassed with thy power:
- Thou makest the mountains strong and stout to stand in every shower.
- 7 The swelling seas thou doest assuage, and make their streams full still:
- Thou dost restrain the people's rage, and rule them at thy will.
- 8 The folk that dwell full far on earth, shall dread thy signs to see:
- Which morn and evening in great mirth, do pass with praise to thee.

- 9 When that the earth is chopped and dry, and thirsteth more and more:
- Then with thy drops thou dost apply and much increase her store.
- The flood of God doth overflow, and so doth cause to spring:
- The seed and corn which men do sow, for he doth guide the thing.
- 10 With wet thou dost her furrows fill, whereby her clods do fall:
- Thy drops on her thou doest distill, and bless her fruit withal.
- 11 Thou deckst the earth of thy good grace, with fair and pleasant crop:
- Thy clouds distill their dew apace, great plenty they do drop.
- 12 Whereby the desert shall begin, full great increase to bring:
- The little hills shall joy therein, much fruit in them shall spring.
- 13 In places plain the flock shall feed, and cover all the earth:
- The vales with corn shall so exceed, that men shall sing for mirth.

Jubilate Deo. Ps.66.T.S.

He exhorteth to praise the Lord in his wonderful works, he sets forth the power of God to affray rebels, and showeth God's mercy to Israel, to provoke all men to hear and praise his name.

Sing this as the 18 Psalm.

- Ye men on earth in God rejoice, with praise set forth his name:
- 2 Extol his might with heart and voice, give glory to the same.
- 3 How wonderful (O Lord) say ye, in all thy works thou art?
- Thy foes for fear do seek to thee, full sore against their heart.
- 4 All men that dwell the earth throughout, do praise the name of God,
- The laud thereof the world about is showed and set abroad:
- 5 All folk come forth, behold and see what things the Lord hath wrought:
- Mark well the wondrous works that he for man to pass hath brought.
- 6 He laid the sea like heaps on high, therein a way they had:
- On foot to pass both fair and dry, whereof their hearts were glad.
- 7 His might doth rule the world alway, his eyes all things behold:
- And such as would him disobey, by him shall be controlled.
- 8 Ye people give unto our God due laud and thanks always:
- With joyful voice declare abroad, and sing unto him praise.
- 9 Which doth endue our souls with life, and it preserve withal:
- He stayeth our feet, so that no strife can make us slip or fall.
- 10 The Lord doth prove our deeds with fire, if that they will abide:
- As workmen do when they desire to have their metals tried.
- 11 Although thou suffer us so long in prison to be cast:
- And there with chains and fetters strong to lie in bondage fast.

- 12 Although I say thou suffer men on us to ride and reign:
- Though we through fire and water run of very grief and pain,
- Yet sure thou dost of thy good grace dispose it to the best:
- And bring'st us out into a place to live in wealth and rest.
- 13 Unto thy house resort will I, to offer and to pray:
- And there I will myself apply my vows to thee to pay.
- 14 The vows that with my mouth I spake in all my grief and smart:
- The vows I say which I did make in dolor of my heart.
- 15 Burnt offerings I will give to thee of oxen fat and Rams:
- None other sacrifice shall be, of bullocks, Goats and lambs.
- 16 Come forth and hearken here full soon, all ye that fear the Lord:
- What he for my poor soul hath done, to you I will record.
- 17 Full oft I call upon his grace, this mouth to him doth cry:
- And thou my tongue make speed apace, to praise him by and by.
- 18 But if I feel my heart within, in wicked works rejoice
- Or if I have delight to sin God will not hear my voice.
- 19 But surely God my voice hath heard, and what I do require:
- My prayer he doth well regard, and granteth my desire.
- 20 All praise to him that hath not put, nor cast me out of mind:
- Nor yet his mercy from me shut,

which I did ever find.

Deus misereatur. Ps.67.

A sweet prayer for all the faithful to obtain the favor of God, and to be lightened with his countenance, to the end that his ways and judgments may be known throughout the earth: a rejoicing that God is the governor of all nations.

Sing this as the 30 Psalm.

Have mercy on us Lord, and grant to us thy grace, To show to us do thou accord the brightness of thy face.

- 2 That all the earth may know the way to godly wealth,
- And all the nations on a row may see thy saving health.
- 3 Let all the world, O God, give praise unto thy name:
- O let the people all abroad, extol and laud the same.
- 4 Throughout the world so wide let all rejoice with mirth:

For thou with truth and right dost guide the nations of the earth.

- 5 Let all the world, O God, give praise unto thy name:
- O let the people all abroad, extol and laud the same:
- 6 Then shall the earth increase, great store of fruit shall fall:

And then our God the God of peace, shall bless us eke with all.

7 God shall us bless I say, And then both far and near; The folk throughout the earth alway, of him shall stand in fear.

Exurgat Deus. Ps.68.T.S.

David expresseth the wonderful mercies of God towards his people, who by all means and most strange sort, declareth himself unto them. God's Church therefore by reason of his promises, grace and victories, doth excel all worldly things: wherefore all men are moved to praise God forever.

- Let God arise, and then his foes will turn themselves to flight:
- His enemies then will run abroad, and scatter out of sight.
- 2 And as the fire doth melt and wax, and wind blows smoke away:
- So in the presence of the Lord, the wicked shall decay.
- 3 But righteous men before the Lord, shall heartily rejoice:
- They shall be glad, and merry all, and cheerful in their voice.
- 4 Sing praise, sing praise unto the Lord, who rideth on the sky:
- Extol the name of Jah our God, and him do magnify.
- 5 The same is he that is above within his holy place:
- That father is of fatherless, and judge of widow's case.
- 6 Houses he gives, and issue both, unto the comfortless:
- He bringeth bound men out of thrall: and rebels to distress.
- 7 When thou didest march before thy folk, the Egyptians from among:
- And brought'st them through the wilderness, which was both wide and long.
- 8 The earth did quake, the rain poured down, heard were great claps of thunder:
- The mount Sinai shook in such sort, as it would cleave in sunder.
- 9 Thine heritage with drops of rain abundantly was washed:
- And if so be it barren waxed, by thee it was refreshed.
- 10 Thy chosen flock doth there remain, thou hast prepared that place:

And for the poor thou dost provide

of thine especial grace.

- 11 God will give women causes just to magnify his name:
- When as his people triumphs make, and purchase brute and fame.
- 12 And puissant Kings for all their power, shall fly, and take the foil:
- And women which remain at home, shall help to part the spoil.
- 13 And though ye were as black as pots, your hue shall pass the Dove:
- Whose wings and feathers seem to have silver and gold above.
- 14 When in this land God shall triumph over Kings both high and low:
- Then shall it be like Zalmon hill, as white as any snow.
- 15 Though Bashan be a fruitful hill, and in height others pass:
- Yet Zion God's most holy hill doth far excel in grace.
- 16 Why brag ye thus, ye hills most high, and leap for pride together:
- The hill of Zion God doth love, and there will dwell forever.
- 17 God's army is two millions of warriors good and strong:
- The Lord also in Sinai, is present them among.
- 18 Thou didst, O Lord, ascend on high, and captive led them all.
- Which in time past thy chosen flock in prison kept and thrall.
- Thou made'st them tribute for to pay, and such as did repine,
- Thou didest subdue that they might dwell in thy temple divine.
- 19 Now praised be the Lord for that he pours on us such grace:

From day to day he is the God of our health and solace.

The third part (Psalm 68).

- 20 He is the God from whom alone, salvation commeth plain:
- He is the God, by whom I 'scape all dangers death, and pain.
- 21 Thus God will wound his enemiy's head, and break the hairy scalp
- Of those that in their wickedness continually do walk.
- 22 From Bashan will I bring said he my people and my sheep:
- And all mine own, as I have done from danger of the deep.
- 23 And make them dip their feet in blood of those that hate thy name:
- And dogs shall have their tongues imbrued with licking the same.
- 24 All men have seen how thou, O God, thine enemies dost deface:
- And how thou goest as God and King, into thy holy place:
- 25 The singers go before with joy, the minstrels follow after:
- And in the midst the damsels play, with timbrel and with tabor.
- 26 Now in the congregation, (O Israel) praise the Lord:
- And Jacob's whole posterity, give thanks with one accord.
- 27 Their chief was little Benjamin, but Judah made their boast:
- With Zebulun and Naphtali, which dwell about their coast.
- 28 As God hath given power to thee, so Lord make firm and sure
- The thing that thou hast wrought in us, forever to endure.
- 29 And in thy temple gifts will we give unto thee, O Lord:
- For thine unto Jerusalem sure promise made by word.

The fourth part (Psalm 68).

- Yea and strange Kings to us subdued, shall do like in those days:
- I mean to thee they shall present their gifts of laud and praise.
- 30 He shall destroy the spearmen's ranks, their calves and bulls of might:
- And cause of tribute pay, and daunt all such as love to fight.
- 31 Then shall the Lords of Egypt come, and present with them bring:
- The Mores most black shall stretch their hands unto their Lord and king.
- 33 Therefore ye kingdoms of the earth give praise unto the Lord:
- Sing Psalms to God with one consent, thereto let all accord.
- 34 Who though he ride, and ever hath, above the heavens bright:
- yet by the fearful thunder-claps men may well know his might.
- 35 Therefore the strength of Israel ascribe to God on high:
- Whose might and power doth far extend above the cloudy sky.
- 36 O God thy holiness and power is dread forevermore:
- The God of Israel gives us strength, praised be God therefore.

Slum me fac. Ps.69.I.H.

Christ and his elect are figured in David's zeal and anguish, the malicious cruelty of whose enemies and their punishment, Judas and such traitors noteth, who are accursed: then gathereth he courage in afflictions, and offereth praises to God, which are more acceptable than all sacrifices. Finally, he doth provoke all creatures to praises, prophesying of the kingdom of Christ and building of Judah, where all the faithful and their seed shall dwell forever.

- Save me O God, and that with speed the waters flow full fast:
- So nigh my soul do they proceed, that I am sore aghast.
- 2 I stick full deep in filth and clay, whereas I feel no ground:
- I fall into such floods I say, that I am like be drowned.
- With crying oft I faint and quail, my throat is hoarse and dry:
- With looking up my sith doth fail, for help of God on high.
- 4 My foes that guiltiness do oppress my soul, with hate are led:
- In number sure they are no less: than hairs are on my head.
- 5 Though for no cause they vexed me sore, they prosper and are glad,
- They do compel me to restore the things I never had.
- 6 What I have done for want of wit, thou Lord all times canst tell:
- And all the faults that I commit to thee are known full well.
- 7 O God of hosts, defend and stay all those that trust in thee:
- Let no man doubt or shrink away, for ought that chaunceth me.
- 8 It is for thee and for thy sake, that I do bear this blame:
- In spite of thee they would me make, to hide my face for shame.
- 9 My mother's sons my brethren all, forsake me on a row:
- And as a stranger they me call, my face they will not know.
- 10 Unto thy house such zeal I bear, that it doth pine me much:

Their cheeks and taunts as thee to hear

my very heart doth grieveth.

- 11 Though I do fast my flesh to chaste, yea, if I weep and moan:
- Yet in my teeth this gear is cast, they pass not thereupon.
- 12 If I for grief and pain of heart, in sackcloth use to walk:
- Then they anon would it pervert, thereof they jest and talk.
- 13 Both high and low, and all the throng, that sit within the gate:
- They have me ever in their tongue, of me they talk and prate.
- 14 The drunkards which in wine delight, it is their chief pastime
- To seek which ways to work me spite, of me they sing and rhyme.
- 15 But thee the while, O Lord I pray, that when I pleaseth thee,
- For thy great truth thou wilt alway send down thine aide to me.
- 16 Pluck thou my feet out of the mire, from drowning do me keep:
- From such as owe me wrath and ire, and from the waters deep.
- 17 Least with the waves I should be drowned and depth my soul devour:
- And that the pit should me confound, and shut me in her power.
- 18 O Lord of hosts, to me give ear, as thou art good and kind:
- And as thy mercy is most dear, Lord have me in thy mind.
- 19 And do not from thy servant hide, nor turn thy face away:
- I am oppressed on every side, with haste give ear I say.
- 20 O Lord unto my soul draw nigh, the same with aid reproof:

Because of their great tyranny, acquit me from my foes.

The third part (Psalm 69).

- 21 That I abide rebuke and shame, thou knowest and thou canst tell:
- For those that seek and work the same thou seest them all full well.
- 22 When they with brags do break my heart, I seek for help anon:
- But find no friends to ease my smart, to comfort me not one.
- 22 But in my mete they gave me gall, too cruel for to think:
- And gave me in my thirst withal strong vinegar to drink.
- 23 Lord turn their table to a snare, to take themselves therein:
- And when they think full well to fare, then trap them in the gin.
- 24 And let their eyes be dark and blind, that they may nothing see;
- Bow down their back, and do them bind in thralldom for to be.
- 25 Pour out thy wrath as hot as fire, that it on them may fall:
- Let thy displeasure in thine ire, take hold upon them all.
- 26 As desert dry their house disgrace, their offspring eke expel:
- That none thereof possess their place, nor in their tents do dwell.
- 27 If thou dost stick the Man to tame on him they lie full sore:
- And if that thou dost wound the same, thy seek to hurt him more.
- 28 Then let them heap up mischief still, sith they are all pervert:
- That of thy favor and good will they never have no part.
- 29 And dash them clean out of the book of life, of hope, of trust:
- That for their names they never look, in number of the just.

The fourth part (Psalm 69).

- 30 Though I (O Lord) with woe and grief have been full sore oppressed:
- Thy help shall give me such relief, that all shall be redressed.
- 31 That I may give thy name the praise, and show it with a song:
- I will extol the same always, with hearty thanks among.
- 32 Which is more pleasant unto thee, such mind thy grace hath born:
- Then either Ox or Calf can be that hath both hoof and horn.
- 33 When simple folk do this behold, it shall rejoice them sure,
- All ye that seek the Lord, behold, your life for aye shall 'dure.
- 34 For why? the Lord of hosts doth hear, the poor when they complain:
- His prisoners are to him full dear, he doth them not disdain.
- 35 Wherefore the sky and earth below, the sea with flood and stream,
- His praise they shall declare and show, withal that live in them.
- 36 For sure our God will Zion save, and Judah's Cities build:
- Much folk possession there shall have, her streets shall all be filled.
- 37 His servants' seed shall keep the same all ages out of mind:
- And there all they that fear his name a dwelling place shall find.

Deus in adiuto. Ps.70.I.H.

He prayeth to be right speedily delivered, his enemies to be ashamed, and all that seek the Lord to be comforted. Sing this as the 25 Psalm.

- O God to me take heed, of help I thee require:
- O Lord of hosts with haste make speed, help, help, I thee desire.
- With shame confound them all that seek my soul to spill:Rebuke them back with blame to fall, that think and wish me ill.
- 3 Confound them that apply, and seek to work me shame:
 And at my harm do laugh and cry so, so, there goeth the game.
- 4 But let them joyful be in thee with joy and wealth:Which only trust and seek to thee, and to thy saving health.
- 5 That they may say always, in mirth and one accord:All glory, honor, laud, and praise be given to thee O Lord.
- 6 But I am weak and poor, come Lord thine aide I lack: Thou art my stay and help, therefore make speed and be not slack.

In te Domine. Ps.71.I.H.

He prayeth in faith, established by promise, and confirmed by the word of God from his youth, to be delivered from his wicked and cruel son Absalom, with his confederacy, promising to be thankful therefore.

Sing this as the 69 Psalm.

- My Lord my God in all distress, my hope is whole in thee:
- Then let no shame my soul oppress, nor once take hold on me:
- 2 As thou art just defend me Lord, and rid me out of dread:
- Give ear, and to my suite accord, and send me help at need.
- 3 Be thou my rock, to whom I may for aide all time resort:
- Thy promise is to help alway, thou art my fence and fort.
- 4 Save me my God from wicked men, and from their strength and power:
- From folk unjust, and eke from them, that cruelly devour.
- 5 Thou art the stay wherein I trust, thou Lord of hosts art he:
- yea, from my youth I had a lust, still to depend on thee.
- 6 Thou hast me kept even from my birth, and I through thee was born:
- Wherefore I will thee praise with mirth, both evening and at morn.
- 7 As to a monster seldom seen, much folk about me throng:
- But thou art now, and still hast been my fence and aid so strong.
- 8 Wherefore my mouth no time shall lack, thy glory and thy praise:
- And eke my tongue shall not be slack, to honor thee always.
- 9 Refuse me not O Lord I say, when age my limbs doth take:
- And when my strength doth waste away, do not my soul forsake.
- 10 Among themselves my foes inquire, to take me through deceit:
- And they against me do conspire, that for my soul laid wait.

- 11 Lay hand and take him now they said, for God from him is gone:
- Dispatch him quite, for to his aide, I wish there commeth none.
- 12 Do not absent thyself away, O Lord, when need shall be:
- But that in time of grief thou maist in haste give help to me.
- 13 With shame confound and overthrow, all those that seek my life:
- Oppress them with rebuke also, that faine would work me strife.
- 14 But I will patiently abide, thy help at all affairs,
- Still more and more each time and tide, I will set forth thy praise.
- 15 My mouth thy justice shall record, that daily help doth send:
- But of thy benefits O Lord, I know no count nor end.
- 16 Yet I will go and seek forth one, with thy good help O God:
- The saving health of thee alone, to show and set abroad.
- 17 For of my youth thou took'st the care, and dost instruct me still.
- Therefore thy wonders to declare, I have great mind and will:
- 18 And as in youth from wanton rage, thou didst me keep and stay,
- Forsake me not unto mine age, and 'til my head be gray.

The third part (Psalm 71).

- 19 That I thy strength and might may show, to them that now be here:
- And that our seed thy power may know, hereafter many a year.
- 20 O Lord thy justice doth exceed, thy doings all may see:
- Thy works are wonderful indeed, oh who is like to thee?
- 21 Thou made'st me feel affliction sore, and yet thou didst me save:
- Yea, thou didst help and me restore, and took'st me from the grave.
- 22 And thou mine honor doest increase, my dignity maintain:
- Yea thou dost make all strife to cease, and comfort'st me again.
- 23 Therefore thy faithfulness to praise, I will both lute and sing:
- My harp shall sound thy laud always, O Israel's holy king.
- 24 My mouth shall joy with pleasant voice, when I shall sing to thee:
- And eke my soul shall much rejoice, for thou hast made me free:
- 25 My tongue thy uprightness shall sound, and speak it daily still:
- For grief and shame do them confound, that sought to work me ill.

Deus Judicium. Ps.72.I.H.

God's kingdom by Christ is represented by Solomon under whom shall be righteousness, peace and felicity, unto whom all kings and nations shall do homage, whose name and power shall endure forever.

- Lord give thy judgments to the King therein instruct him well:
- And with his son that princely thing, Lord let thy justice dwell.
- 2 That he may govern uprightly, and rule thy folk aright.
- And so defend through equity, the poor that have no might.
- 3 And let the mountains that are high, unto their folk give peace,
- And eke the little hills apply, in justice to increase:
- 4 That he may help the weak and poor with aide, and make them strong:
- And eke destroy forevermore, all those that do them wrong.
- 5 And then from age to age shall they regard and fear thy might:
- So long as Sun shall shine by day, or else the Moon by night.
- 6 Lord make the king unto the just, like rain to fields new mown:
- And like to drops that lay the dust and fresh the land new sown.
- 7 The just shall flourish in his time, and all shall be at peace:
- Until the moon shall leave to prime, waste, change, and to increase.
- 8 He shall be Lord of Sea and land, from shore to shore throughout,
- And from the floods within the land, through all the earth about.
- 9 The people that in desert dwell, shall kneel to him full thick:
- And all his enemies that rebel, the earth and dust shall lick.
- 10 The Lords of all the Isles thereby, great gifts to him shall bring:
- The kings of Seba, and Araby, give many a costly thing.

- 11 All kings shall seek with one accord, in his good grace to stand:
- And all the people of the world, shall serve him at his hand.
- 12 For he the needy forth doth save, that unto him doth call:
- And eke the simple folk that have no help of man at all.
- 13 He taketh pity on the poor, that are with need oppressed:
- He doth preserve them evermore, and brings their soul to rest.
- 14 He shall redeem their life from dread, from fraud, from wrong, from might,
- And eke the blood that they shall bleed is precious in his sight.
- 15 But he shall live, and they shall bring, to him of Sheba's gold:
- He shall be honored as a King, and daily be extolled.
- 16 The mighty mountain of his land, of corn shall bear such throng:
- That it like Cedar trees shall stand, in Lebanon full long.
- 17 Their cities eke full well shall speed, the fruits thereof shall pass:
- In plenty it shall far exceed, and spring as green as grass.
- 18 For ever they shall praise his name, while that the sun is light:
- And think them happy through the same, all folk shall bless his might.
- 19 Praise ye the Lord of hosts and sing, to Israel's God each one:
- For he doth every wondrous thing, yea, he himself alone.
- 20 And blessed be his holy Name, all times eternally,
- That all the earth may praise the same Amen, Amen say I.

Qua bonus Deus. Ps.73.T.S.

David teacheth that neither the prosperity of the ungodly, nor the affliction of the good ought to discourage God's children, but rather move them to consider God's providence, and to reverence his judgments, for that the wicked vanisheth away like smoke, and the godly enter into life everlasting, in hope whereof he resigneth himself to God's hands.

Sing this as the 44 Psalm.

- However it be, yet God is good, and kind to Israel:
- And to all such as safely keep their conscience pure and well.
- 2 Yet like a fool I almost slipped, my feet began to slide.
- And ere I wist even at a pinch, my steps away 'gan glide.
- 3 For when I saw such foolish men, I grudged and did disdain:
- That wicked men all things should have, without turmoil or pain.
- 4 They never suffer pangs nor grief, as if death should them smite:
- Their bodies are both stout and strong, and ever in good plight.
- 5 And free from all adversity, when other men be shent:
- And with the rest they take no part of plague or punishment.
- 6 Therefore presumption doth embrace their necks as doth a chain:
- And are even wrapped as in a robe, with rapine and disdain.
- 7 They are so fed that even for fat, their eyes oft times out start:
- And as for worldly goods they have, more than can wish their heart,
- 8 Their life is most licentious, boasting much of the wrong
- Which they have done to simple men, and ever pride among.
- 9 The heavens and the living Lord, they spare not to blaspheme:
- And prate they do of worldly things, no wight they do esteem.
- 10 The people of God oft times turn back, to see their prosperous state,

And almost drink the selfsame cup,

and follow the same rate.

- 11 How can it be that God say they should know or understand
- These worldly things, since wicked men, be Lords of Sea and land?
- 12 For we may see how wicked men, in riches still increase:
- Rewarded well with worldly goods, and live in rest and peace.
- 13 Then why do I from wickedness, my fantasy refrain?
- And wash my hands with innocents, and cleanse my heart in vain?
- 14 And suffer scourges every day, as subject to all blame:
- And every morning from my youth, sustain rebuke and shame?
- 15 And I had almost said as they, misliking mine estate:
- But that I should thy children judge, as folk unfortunate.
- 16 Then I bethought me how I might, this matter understand:
- But yet the labor was too great for me to take in hand.
- 17 Until the time I went unto thy holy place, and then,
- I understood right perfectly, the end of all these men.
- 18 And namely, how thou settest them, upon a slippery place:
- And at thy pleasure and thy will, Thou dost them all deface.
- 19 Then shall men muse at that strange sight, to see how suddenly,
- They are destroyed, dispatched, consumed, and dead so horribly.
- 20 Much like a dream when one awakes, so shall their wealth decay:

Their famous names in all men's sight, shall ebb and pass away.

The third part (Psalm 73).

- 21 Yet thus my heart was grieved then, my mind was much oppressed:
- 22 So fond was I and ignorant, and in this point a beast.
- 23 Yet nevertheless by thy right hand, thou hold'st me ever fast:
- 24 And with thy counsel dost me guide to glory at the last.
- 25 What thing is there that I can wish, but thee in heaven above?
- And in the earth there is no thing like thee that I can love.
- 26 My flesh and eke my heart doth fail, but God doth fail me never:
- For of my heart God is my strength, my portion eke for ever.
- 27 And lo all such as thee forsake, thou shalt destroy each one:
- And those that trust in any thing, saving in thee alone.
- 28 Therefore will I draw near to God, and ever with him dwell:
- In God alone I put my trust, his wonders I will tell.

Vt quid Deus? Ps.74.I.H.

A complaint of the destruction of the Church and true Religion, under the name of Zion, and the Altars destroyed. But trusting in the might and free mercies of God by his covenant, he requireth help and succor, to the glory of his name, the salvation of his poor afflicted servants, and the confusion of his proud enemies.

Sing this as the 72 Psalm.

Why art thou Lord so long from us, in all this danger deep?

- Why doth thine anger kindle thus at thine own pasture sheep?
- 2 Lord call the people to thy thought which have been thine so long:
- The which thou hast redeemed and brought from bondage sore and strong.

Have mind I say, and think upon, remember it full well:

Thy pleasant place, thy mount Zion, where thou wast wont to dwell.

3 Lift up thy foot, and come in haste,

and all thy foes deface: Which now at pleasure rob and waste within thy holy place.

(**Psalm 74 -cont.**)

4 Amid the Congregations all thy enemies roar O God:

They set as signs on every wall their banners splayed abroad.

- 5 As men with axes hew down trees, that on the hills do grow:
- So shine the bills and swords of these, within the temple now.
- 6 The feeling swayed, the carved boards, the goodly graven stones,
- With axes, hammers, bills, and swords, they bear them down at once.
- 7 Thy places they consume with flame, and eke in all this toil
- The house appointed to thy name, they raze down to the soil.
- 8 And thus they said within their heart, dispatch them out of hand:
- Then burnt they up in everyplace, God's houses through the land.
- 9 Yet thou no sign of help dost send, our Prophets all are gone:
- To tell when this our plague shall end among us there is none.
- 10 When wilt thou Lord once end this shame and cease thine enemies strong.
- Shall they always blaspheme thy name, and rail on thee so long?

11 Why dost withdraw thy hand aback, and hide it in thy lap?O pluck it out, and be not slack to give thy foes a rap.

The second part (Psalm 74).

- 12 O God thou art my king and Lord, and evermore hast been:
- Yea, thy good grace throughout the world, for our good help hath seen.
- 13 The seas that are so deep and dead: thy might did make them dry.
- And thou didst break the serpent's head, that he therein did die.
- 14 Ye thou didst break the head so great of Whales that are so fell:
- And gav'st them to thy folk to eat, that in the deserts dwell.
- 15 Thou made'st a spring with streams to rise from rocks both hard and high:
- And eke thy hand hath make likewise deep rivers to be dry.
- 16 Both day and eke the night are thine, by thee they were begun:
- Thou set'st to serve us with their shine the light and eke the Sun.
- 17 Thou dost appoint the ends and coasts of all the earth about:
- Both summer heats, and winter frost, thy hand hath found them out.
- 18 Think on O Lord, no time forget thy foes that thee defame:
- And how the foolish folk are set to rail upon thy name.
- 19 O let no cruel beast devour the Turtle that is true:
- Forget not always in thy power the poor that much do rue.
- 20 Regard thy covenant, and behold thy foes possess the land:
- All sad and dark, foreworn and old, our realm as now doth stand.
- 21 Let not the simple go away with disappointed shame:
- But let the poor and needy aye, give praise unto thy name.
- 22 Rise Lord, let be by thee maintained the cause that is thine own:
- Remember how that thou blasphemed art by the foolish one:
- 23 The voice forget not of thy foes, for the presuming high,
 Is more and more increased of those,

that hate thee spitefully.

Consitebimur tibi. Ps.75.N.

The faithful praise the Lord, who shall come to judge at his time, when the wicked shall drink the cup of his wrath, but the righteous shall be exalted to honor.

Sing this as the 72 Psalm.

- Unto thee God we will give thanks, we will give thanks to thee:
- Sith thy name is so near declare thy wondrous work will we.
- 2 I will uprightly judge, when get convenient time I may:
- The earth is weak, and all therein, but I her pillars stay.
- 3 I did to the mad people say, deal not so furiously:
- And unto the ungodly ones, set not your horns on high.
- 4 I said unto them, set not up your raised horns on high:
- And see that you do with stiff neck, not speak presumptuously.
- 5 For neither from the eastern parts nor from the western side:
- Nor from forsaken wilderness, protection doth proceed.
- 6 For why? the Lord our God he is the righteous Judge alone;
- He putteth down the one, and sets another in the throne.
- 7 For why? a cup of mighty wine is in the hand of God:
- And all the mighty wine therein himself doth pour abroad.
- 8 As for the lees and filthy dregs, that do remain of it,
- The wicked of the earth shall drink, and suck them every whit.
- 9 But I will take of God I say, of Jacob's God therefore:
- And will not cease to celebrate his praise forevermore.
- 10 In sunder break the horns of all ungodly men will I:
- But then the horns of righteous men shall be exalted high.

Gloria Patri.

To Father, Son, and holy Ghost, all glory be therefore:
As in beginning was, is now, and shall be evermore.

In Judea. Ps.76.I.H.

Here is describeth the power of God, and care for the defense of his people, by the destruction of Sennacherib's army, for which the faithful are exhorted to be thankful.

Sing this as the 66 Psalm.

To all that now in Judah dwell the Lord is clearly known:

His name is great in Israel a people of his own.

2 At Salem he his tents hath pight, to tarry there a space:

In Zion eke he hath delight, to make his dwelling place.

3 And there he break both shaft and bow, the sword, the spear and shield:

And break the ray to overthrow, in battle on the field.

4 Thou art more worthy honor Lord, more might in thee doth lie.

Then in the strongest of the world, that rob on mountains high.

5 But now the proud are spoiled through thee and they are fallen on sleep:

Through men of war no help can be, themselves they could not keep.

6 At thy rebuke O Jacob's God, when thou didst them reprove:

As half asleep their chariots stood, no horsemen once did move.

7 For thou art dreadful Lord indeed, what man the courage hath

To bide thy sight, and doth not dread, when thou art in thy wrath?

8 When thou dost make thy judgments heard from heaven through the ground:

Then all the earth full sore afraid, in silence shall be found.

9 And that when thou O God dost stand, in judgment for to speak:

To save th'afflicted of the land, on earth that are full weak.

10 The fury that in man doth reign, shall turn unto thy praise:

Hereafter Lord do thou restrain, their wrath and threats always.

11 Make vows and pay them to your God, ye folk that nigh him be:

Bring gifts all ye that dwell abroad, for dreadful sure is he.

12 For he doth take both life and might from Princes great of birth:

And full of terror is his sight, to all the Kings on earth.

Voce mea ad. Ps.77.I.H.

David rehearseth his great afflictions and grievous temptations, whereby he is driven to consider his former conversation, and the course of God's works in the preservation of his servants, and so he confirmeth his faith against these temptations.

- I with my voice to God do cry with heart and hearty cheer:
- My voice to God I lift on high, and he my suite doth hear.
- 2 In time of grief I sought to God, by night no rest I took:
- But stretched my hands to him abroad, my soul comfort forsook.
- 3 When I to think on God intend, my trouble then is more:
- I spake but could not make an end, my breath was stopped so sore.
- 4 Thou holdst mine eyes always from rest, that I always awake:
- With fear am I so sore oppressed, my speech doth me forsake.
- 5 The days of old in mind I cast, and oft did think upon,
- The times and ages that are past, full many years a-gone.
- 6 By night my songs I call to mind, once made thy praise to show:
- And with my heart much talk I find, my spirits do search to know.
- 7 Will God said I, at once for all, cast off his people thus:
- So that henceforth no time he shall be friendly unto us?
- 8 What is his goodness clean decayed, for ever and a day?
- Or is his promise now delayed? and doth his truth decay?
- 9 And will the Lord our God forget his mercies manifold?
- Or shall his wrath increase so hot, his mercies to withhold?
- 10 At last I said my weakness is the cause of this mistrust:
- God's mighty hand can help all this and change it when he lust.

- 11 I will regard and think upon: the working of the Lord,
- Of all his wonders past and gone, I gladly will record.
- 12 Yea all his works I will declare, and what he did devise:
- To tell his facts I will not spare, and eke his counsel wise.
- 13 Thy works O Lord, are all upright, and holy all abroad:
- What one hath strength to match the might of thee O Lord our God?
- 14 Thou art a God that oft didst show thy wonders every hour.
- And so dost make thy people know, thy virtue and thy power.
- 15 And thine own folk thou dost defend with strength and stretched arm:
- The sons of Jacob that descend, and Joseph's seed from harm.
- 16 The waters Lord perceived thee, the waters saw thee well:
- And they for fear aside did flee, the depths on trembling fell.
- The clouds that were both thick and black did rain full plenteously:
- The thunder in the air did crack, thy shafts abroad did flee.
- 17 The thunder in the air was heard, the lightnings from above:
- 18 With flashes great made them afeared, the earth did quake and move.
- 19 Thy waves within the seas do lie, thy paths in waters deep:
- Yet none can there thy steps espy, nor know thy paths to keep.
- 20 Thou leadest thy folk upon the land, as sheep on every side.
- Through Moses and through Aaron'[s hand, thou didst them safely guide.

Attendite populi. Ps.78.T.S.

He showeth how God of his mercy chose his Church of the posterity of Abraham, casting in their teeth the rebellion of their fathers, that their children might acknowledge God's free mercies, and be ashamed of their perverse ancestors. The holy Ghost hath comprehended as it were the sum of all God's benefits, that the gross people might see in few words the effect of the whole history.

- Attend my people to my Law, and to my words incline.
- 2 My mouth shall speak strange parables, and sentences divine.
- 3 Which we ourselves have heard and learned,
- even of our Fathers old, and which for our instruction our Fathers have us told.
- 4 Because we should not keep it close, from them that should come after:
- Who should God's power to their race praise, and all his works of wonder.
- 5 To Jacob he commandment gave, how Israel should live:
- Willing our Fathers should the same unto their children give.
- 6 That they and their posterity, which were not sprung up though:
- Should have the knowledge of the law, and teach their seed also.
- 7 That they may have the better hope in God that is above.
- And not forget to keep his laws and his precepts in love.
- 8 Not being as our Fathers were, rebelling in God's sight,
- And would not frame their wicked hearts to know their God aright.
- 9 How went the people of Ephraim their neighbors for to spoil:
- Shooting their darts the day of war, and yet they took the foil?
- 10 For why they did not keep with God, the covenant that was made:
- Nor yet would walk or lead their lives, according to his trade.
- 11 But put into oblivion, his counsel and his will,

And all his works most magnifique,

Which he declared still.

- 12 What wonders to our forefathers, did he himself disclose:
- in Egypt land within the field, that called is Thaneos?
- 13 He did divide and cut the sea, that they might pass at once:
- And made the water stand as still, as doth an heap of stones.
- 14 He led them secret in a cloud by day, when it was bright:
- And in the night when dark it was, with fire he gave them light.
- 15 He break the rock in wilderness, and gave the people drink,
- As plentiful as when the deeps do flow up to the brink.
- 16 He drew out rivers out of rocks, that were both dry and hard:
- Of such abundance that no floods, to them might be compared.
- 17 Yet for all this against the Lord, their sin they did increase:
- And stirred him that is most high, to wrath in wilderness.
- 18 They tempted him within their hearts, like people of mistrust:
- Requiring such a kind of meat, as served to their lust.
- 19 Saying with murmuration, in their unfaithfulness,
- What? can this God prepare for us, a feast in wilderness?
- 20 Behold he strake the stony rock, and floods forthwith did flow:
- But can he now give to his folk, both bread and flesh also?
- 21 When God heard this he waxed wrath, with Jacob and his seed,

So did his indignation on Israel proceed.

The third part (Psalm 78).

- 22 Because they did not faithfully believe, and hope that he
- Could always help and succor them in their necessity.
- 23 Wherefore he did command the clouds, forthwith they break in sunder:
- 24 And rained down Manna for them to eat, a food of mickle wonder.
- 25 When earthly men with Angel's food, were fed at their request:
- 26 He bade the East wind blow away, and brought in the Southwest.
- 27 And rained down flesh as thick as dust, and fowl as thick as sand:
- 28 Which he did cast amidst the place, where all the tents did stand.
- 29 Then did they eat exceedingly, and all men had their fills,
- Yet more and more they did desire, to serve their lusts and wills.
- 30 But as the meat was in their mouths, his wrath upon them fell:
- 31 And slew the flower of all their youth, and choice of Israel.
- 32 Yet fell they to their wonted sin, and still they did him grieve,
- For all the wonders that he wrought, they would him not believe.
- 33 Their days therefore he shortened, and made their honor vain:
- Their years did waste and pass away, with terror and with pain.
- 34 But ever when he plagued them, they sought him by and by:
- 35 Remembering then he was their strength, their help and God most high.
- 36 Though in their mouths they did but gloss, and flatter with the Lord:
- And with their tongues and in their hearts, dissembled every word.

The fourth part (Psalm 78).

- 37 For why? their hearts were nothing bent to him, nor to his trade:
- Nor yet to keep, nor to perform the covenant that was made.
- 38 Yet was he still so merciful, When they deserved to die:
- That he forgave them their misdeeds: and would not them destroy.
- Yea many a time he turned his wrath, and did himself advise:
- And would not suffer all his whole displeasure to arise.
- 39 Considering that they were but flesh, and even as a wind.
- That passeth away and cannot well return by his own kind.
- 40 How oftentimes in wilderness, did they the Lord provoke?
- How did they move and stir the Lord, to plague them with his stroke?
- 41 Yet did they turn again to sin, and tempted God est-soon:
- Prescribing to the holy Lord, what things they would have done.
- 42 Not thinking of his hand and power, nor of the day when he
- Delivered them out of the hands, of the fierce enemy.
- 43 Nor how he wrought his miracles, as they themselves beheld
- In Egypt and the wonders that he did in Zoan field.
- 44 Nor how he turned by his power, their waters into blood,
- That no man might receive his drink at river nor at flood.
- 45 Nor how he sent them swarms of flies, which did them sore annoy.
- And filled their country full of frogs, which did their land destroy.

The fifth part (Psalm 78).

- 46 Nor how he did commit their fruits unto the Caterpillar:
- And all the labor of their hands, he gave to the Grasshopper.
- 47 With hailstones he destroyed their vines, so that they were all lost:
- And not so much as wild fig trees, but he consumed with frost.
- 48 And yet with hailstones once again, the Lord their cattle smote.
- And all their flocks and herds likewise, with thunder-bolts full hot.
- 49 He cast upon them in his ire, and in his fury strong:
- Displeasure, wrath, and evil spirits, to trouble them among.
- 50 Then to his wrath he made a way, and spared not the least:
- But gave unto the pestilence, the man and eke the beast.
- 51 He struck also the firstborn all, that up in Egypt came:
- And all the chief of men and beasts, within the tents of Ham.
- 52 But as for all his own dear folk, he did preserve and keep,
- And carried them through wilderness, even like a flock of sheep.
- 53 Without all fear, both safe and sound, he brought them out of thrall:
- Whereas their foes with rage of seas were overwhelmed all.

- 54 And brought them out into the coasts, of his own holy land:
- Even to the mount which he had got, by his strong arm and hand.
- 55 And there cast out the heathen folk, and did the land divide:
- And in their tents he set the tribes of Israel to abide.
- 56 Yet for all this their God most high, they stirred and tempted still:
- And would not keep his testament nor yet obey his will.
- 57 But as their fathers turned back, even so they went astray:
- Much like a bow that will not bend: but slip and start away.

The sixth part (Psalm 78).

- 58 And grieveth him with their hill altars, with offerings and with fire:
- And with their idols vehemently provoked him to ire.
- 59 Therewith his wrath began again: to kindle in his breast:
- The naughtiness of Israel, he did so much detest.
- 60 Then he forsook the tabernacle of Shiloh, where he was
- Right conversant with earthly men, even as his dwelling place.
- 61 Then suffered he his might and power, in bondage for to stand:
- And gave the honor of his Ark, into his enemy's hand.
- 62 And did commit them to the sword, wroth with his heritage:
- 63 The young men were devoured with fire maids had no marriage.
- 64 And with the sword the Priests also, did perish everyone:
- And not a widow left alive, their death for to bemoan.
- 65 And then the Lord began to wake, like one that slept a time:
- And as a valiant man of war, refreshed after wine.
- 66 With Emerods in their hinder parts, he struck his enemies all:
- And put them then unto a shame, that was perpetual.

- 67 Then he the tent and Tabernacle, of Joseph did refuse:
- As for the tribe of Ephraim, he would in no wise choose.
- 68 But chose the tribe of Judah, whereas he thought to dwell:
- Even the noble mount Zion, which he did love so well.
- 69 Whereas he did his temple build, both sumptuously and sure:
- Like as the earth, which he hath made for ever to endure.
- 70 Then chose he David him to serve, his people for to keep:
- Whom he took up and brought away, even from the folds of sheep.
- 71 As he did follow the Ewes with young, the Lord did him advance:
- To feed his people Israel, and his inheritance.
- 72 Then David with a faithful heart, his flock and charge did feed:
- And prudently with all his power, did govern them indeed.

Deus venerunt. Ps.79.I.H.

The Israelites complain to God for the calamity that they suffered, when Antiochus destroyed their Temple and City, desiring aid against his tyranny, least God and religion should be condemned by the heathen, who should see them forsaken and perish.

Sing this as the 77 Psalm.

O Lord the Gentiles do invade, thine heritage to spoil, Jerusalem an heap is made, thy Temple they defile.

2 The bodies of thy Saints most dear abroad to birds they cast:

The flesh of such as do thee fear, the beasts devour and waste.

3 Their blood throughout Jerusalem, as water spilt they have,

So that there is not one of them, to lay their dead in grave.

4 Thus are we made a laughingstock, almost the world throughout:

The enemies at us jest and mock, which dwell our coast about.

5 Wilt thou O Lord, thus in thine ire, against us ever fume?

And show thy wrath as hot as fire, thy folk for to consume?

6 Upon those people pour the same, which did thee never know:

All realms which call not on thy name, consume and overthrow.

7 For they have got the upper hand, and Jacob's seed destroyed:

His habitation and his land, they have left waste and void.

8 Bear not in mind our former faults, with speed some pity show:

And aid us Lord in all assaults, for we are weak and low.

The second part.

9 O God that giv'st all health and grace, on us declare the same:

Weigh not our works, our sins deface, for honor of thy name.

10 Why shall the wicked still alway, to us as people dumb:

In thy reproach rejoice and say, where is their God become?

11 Require O Lord, as thou seest good, before our eyes in sight:

Of all those folk thy servant's blood, which they spilt in despite.

12 Receive into thy fight in haste, the clamors, grief and wrong,

Of such as are in prison cast, sustaining irons strong.

Thy force and strength to celebrate, Lord set them out of band, Which unto death are destinate, and in their enemies hand.

13 The nations which have been so bold, as to blaspheme thy name:

Into their laps with sevenfold, repay again the same.

14 So we thy folk and pasture sheep, will praise thee evermore:

And teach all ages for to keep, for thee like praise in store.

Qui Regis Israel. Ps.80.I.H.

A lamentable prayer to God to help the miseries of the Church, desiring him to consider the first estate when his favor shined toward them that he might finish that work which he had begun.

Sing this as the 67 Psalm.

- Thou heard that Israel dost keep, give ear and take good heed:
- Which leadest Joseph like a sheep, and dost him watch and feed.
- 2 Thou Lord I say, whose seat is set, on Cherubims so bright:
- Show forth thyself, and do not let, send down thy beams of light.
- 3 Before Ephraim and Benjamin, Manasseh eke likewise:
- To show thy power do thou begin, come help us Lord arise.
- 4 Direct our hearts unto thy grace, convert us Lord to thee:
- Show us the brightness of thy face, and then full safe are we.
- 5 Lord God of hosts of Israel, how long wilt thou I say,
- Against thy folk in anger swell, and wilt not hear them pray:
- 6 Thou doest them feed with sorrows deep their bread with tears they eat,
- And drink the tears that they do weep, in measure full and great.
- 7 Thou hast us made a very strive to those that dwell about:
- And that our foes do love a live, they laugh and jest it out.
- 8 O take us Lord unto thy grace, convert our minds to thee.
- Show forth to us thy joyful face, and we full safe shall be.
- 9 From Egypt where it grew not well, thou brought'st a vine full dear:
- The heathen folk thou didst expel, and thou didst plant it there.
- 10 Thou didst prepare for it a place, and set her roots full fast:
- That it did grow and spring apace, and filled the land at last.

- 11 The hills were covered round about, with shade that from it came.
- And eke the Cedars high and stout, with branches of the same.
- 12 Why then didst thou her wall destroy, her hedge plucked up thou haste:
- That all the folk that pass thereby, thy vine may spoil and waste.
- 13 The Boar out of the wood so wild, doth dig and root it out:
- The furious beast out of the field devour it all about.
- 14 O Lord of hosts return again, from heaven look betime:
- Behold and with thy help sustain, this poor vineyard of thine.
- 15 Thy plant I say, thine Israel whom thy right hand hath set:
- The same which thou didst love so well, O Lord, do not forget.
- 16 They lop and cut it down apace, they burn it eke with fire:
- And through the frowning of thy face, we perish in thine ire.
- 17 Let thy right hand be with them now, whom thou hast kept so long:
- And with the son of man, whom thou to thee hast made so strong.
- 18 And so when thou hast set us free, and saved us from shame.
- Then will we never fall from thee, but call upon thy name.
- 19 O Lord of hosts through thy good grace, convert us unto thee;
- Behold us with a pleasant face, and then full safe are we.

Exultate Deo. Ps.81.I.H.

An exhortation to praise God for his benefits, condemning their ingratitude.

- Be light and glad in God rejoice, which is our strength and stay:
- Be joyful and lift up your voice, to Jacob's God I say.
- 2 Prepare your instruments most mete, some joyful Psalm to sing:
- Strike up with Harp and Lute so sweet, on every pleasant string.
- 3 Blow as it were in the new moon, with trumpets of the best:
- As it is used to be done at any solemn feast.
- 4 For this is unto Israel a statute and a trade:
- A law that must be kept full well which Jacob's God hath made.
- 5 This clause with Joseph was decreed, when he from Egypt came:
- That as a witness all his seed should still observe the same.
- 6 When God I say had thus prepared to bring him from that land:
- Whereas the speech that he had heard, he did not understand.
- 7 I from his shoulders took, saith he, the burden clean away:
- And from the furnace quit him free, from burning brick of clay.
- 8 When thou in grief didst cry and call I holp thee by and by:
- And I did answer thee withal in thunder secretly.
- 9 Yea at the waters of discord, I did thee tempt and prove:
- Whereas the goodness of the Lord with muttering thou didst move.
- 10 Hear O my folk, O Israel, and I assure it thee:
- Regard and mark my words full well, if thou wilt cleave to me.

- 11 Thou shalt no God in thee reserve of any land abroad:
- Nor in no wise to bow or serve a strange and foreign God.
- 12 I am the Lord thy God, and I from Egypt set thee free:
- Then ask of me abundantly, and I will give it thee.
- 13 And yet my people would not hear my voice, when that I spake:
- Nor Israel would not obey, but did me quite forsake.
- 14 Then did I leave them to their will, in hardness of their heart:
- To walk in their own counsel still, themselves they might pervert.
- 15 O that my people would have heard the words that I did say:
- And eke that Israel would regard to walk within my way.
- 16 How soon would I confound their foes and bring them down full low:
- And turn my hand upon all those that would them overthrow?
- 17 And they that at the Lord do rage, as slaves should seek him 'til:
- But of his folk the time and age should flourish ever still.
- 18 I would have fed them with the crop and finest of the wheat:
- And made the rock with honey drop, that they their fills should eat.

Deus stetit. Ps.82.I.H.

David declaring God to be present with Judges and Magistrates, reproveth their partiality and unrighteousness, and exhorteth them to do justice, but seeing no amendment, he desireth God to execute justice himself.

Sing this as the 77 Psalm.

Amid the praise with men of might, the Lord himself did stand:

To plead the cause of truth and right, with judges of the land.

2 How long, said he, will you proceed, false judgment to award?

And have respect for love of mead, the wicked to regard?

3 Whereas of due you should defend the fatherless and weak:

And when the poor man doth contend in judgment justly speak.

4 If ye be wise, defend the cause of poor men in their right:

And rid the needy from the claws of tyrants force and might.

5 But nothing will they know or learn in vain to them I talk:

They will not see, or ought discern but will in darkness walk.

For lo even now the time is come that all things fall to naught:

And likewise laws both all and some, for gain are sold and bought.

6 I had decreed it in my sigh, as God's to take you all:

And children to the most of might for love I did you call.

7 But notwithstanding ye shall die as men, and so decay:

O tyrants, I shall you destroy, and pluck you quite away.

8 Up Lord, and let thy strength be known and judge the world with might:

For why? all nations are thine own, to take them as thy right.

Deus quis similes? Ps.83.I.H.

The Israelites pray the Lord to deliver them from their enemies, both at home and far off: also that all such wicked people be stricken with his stormy tempests, that they may know his power.

Sing this as the 77 Psalm.

- Do not O Lord, refrain thy tongue, in silence do not stay:
- Withhold not Lord thyself so long, nor make no more delay.
- 2 For why? behold thy foes, and see how they do rage and cry:
- And those that bear an hate to thee hold up their heads on high.
- 3 Against thy folk they use deceit, and craftily enquire:
- For thine elect to lie in wait their counsel doth conspire.
- 4 Come on say they, let us expel and pluck these folk away:
- So that the name of Israel may utterly decay.
- 5 They all conspire within their hearts, how they may thee withstand:
- Against the Lord to take a part they are in league and band.
- 6 The tents of all the Edomites, the Ishmaelites also:
- The Haggarens and Moabites, with diverse others mo'e.
- 7 Gebal with Ammon, and likewise doth Amalek conspire:
- The Philistines against thee rise, with them that dwell at Tyre.
- 8 And Assur eke is well a-paid, with them in league to be:
- And doth become a fence and aid to Lot's posterity.
- 9 As thou didst to the Midianites, so serve them Lord each one:
- As to Siser, and to Jabin, beside the brook Kishon.
- 10 Whom thou in Endor didst destroy, and waste them through thy might:
- That they like dung on earth did lie, and that in open sight.

- 11 Make them now and their Lords appear like Zeeb and Oreb than.
- As Zebah and Zalmunna were, the Kings of Midian.
- 12 Which said, let us throughout the land in all the coasts abroad,
- Possess and take into our hand the fair houses of God.
- 13 Turn them O God with storms as fast as wheels that have no stay:
- Or like the chaff which men do cast with winds to fly away.
- 14 Like as the fire with rage and fume, the mighty forests spills:
- And as the flame doth quite consume the mountains and the hills.
- 15 So let the tempest of thy wrath upon their necks be laid:
- And of thy stormy wrath and shower Lord make them all afraid.
- 16 Lord bring them all I thee desire to such rebuke and shame:
- That it may cause them to inquire, and learn to seek thy name,
- 17 And let them evermore daily to shame and slander fall:
- And in rebuke and obloquy to perish eke withal.
- 18 That they may know and feel full well that thou art called Lord:
- And that alone thou dost excel and reign throughout the world.

Quam dilecta? Ps.84.I.H.

David exiled his country, desireth ardently to return to God's Tabernacle, and assembly of the Saints, to praise God: then he praiseth the courage of the people that pass the wilderness, to assemble themselves in Zion.

Sing this as the 67 Psalm.

How pleasant is thy dwelling place, O Lord of hosts to me? The Tabernacles of thy grace, how pleasant Lord they be?

- 2 My soul doth long full sore to go into thy Courts abroad:
- My heart doth lust, my flesh also in thee the living Lord.
- 3 The sparrows find a room to rest, and save themselves from wrong:
- And eke the swallow hath a nest wherein to keep her young.
- 4 These birds full nigh thine Altar may have place to sit and sing:
- O Lord of hosts, thou art I say, my God and eke my king.
- 5 O they be blessed that may dwell within thy house always:
- For they all times thy facts do tell, and ever give thee praise.
- 6 Yea, happy sure likewise are they, whose stay and strength thou art:
- Which to thy house do mind the way, and seek it in their heart.
- 7 As they go through the vale of tears they dig up fountains still:
- That as a spring it all appears, and thou their pits dost fill.
- 8 From strength to strength they walk full fast.

no faintness there shall be: And so the God of Gods at last in Zion they do see.

- 9 O Lord of hosts to me give heed, and hear when I do pray:
- And let it through thine ears proceed, O Jacob's God I say.
- 10 O Lord our shield of thy good grace regard and so draw near:
- Regard I say, behold the face of thine anointed dear.
- 11 For why? within thy Courts one day is better to abide:
- Then other where to keep or stay a thousand days beside.
- 12 Much rather would I keep a door within the house of God,
- Then in the tents of wickedness to settle mine abode.
- 13 For God the Lord light and defense, will grace and worship give,
- And now good thing will he with-hold from them that purely live.
- 14 O Lord, of hosts that man is blest, and happy sure is he:
- That is persuaded in his breast, to trust all times in thee.

Benedixisti Dom. Ps.85.I.H.

Because God withdrew not his rod from his Church after the return from Babylon, first they put him in mind, that he should not leave the work of his grace unperfect, and complain of their long affliction. Then they rejoice in hope of promised deliverance, which was a figure of Christ's kingdom, under which should be perfect felicity. Sing this as the 81 Psalm.

Thou hast been merciful in deed, O Lord, unto thy land: For thou restoredst Jacob's seed, from thralldom out of band.

- 2 The wicked ways that they were in, thou didst them clean remit:
- And thou didst hide thy people's sin, full close thou coveredst it.
- 3 Thine anger eke thou didst assuage, that all thy wrath was gone:
- And so didst turn thee from thy rage, with them to be at one.
- 4 O God of health, do now convert thy people unto thee:
- Put all thy wrath from us apart, and angry cease to be.
- 5 Why? shall thine anger never end, but still proceed on us,
- And shall thy wrath itself extend, upon all ages thus?
- 6 Wilt thou not rather turn therefore, and quicken us, that we
- And all thy folk may evermore, be glad and joy in thee?
- 7 O Lord, on us do thou declare, thy goodness to our wealth:
- Show forth to us and do not spare, thine aide and saving health.
- 8 I will hark what God saith, for he speaks to his people peace:
- And to his Saints that never they, return to foolishness.

- 9 For why? his help is still at hand, to such as do him fear:
- Whereby great glory in the land shall dwell and flourish there.
- 10 For truth and mercy there shall meet, in one to take their place:
- And peace shall justice with kiss greet, and there they shall embrace.
- 11 As truth from earth shall spring apace, and flourish pleasantly:
- So righteousness shall show her face, and look from heaven high.
- 12 Yea, God himself doth take in hand, to give us each good thing:
- And through the coasts of all the land, the earth her fruits shall bring.
- 13 Before his face shall justice go, much like a guide or stay:
- He shall direct his steps also, and keep them in the way.

Inclina Dom. Ps.86.I.H.

David sore afflicted, prayeth fervently for deliverance, sometimes rehearsing his miseries and mercies received, desiring also to be instructed of the Lord, that he may fear and glorify his name. He complaineth also of his adversaries, and requireth to be delivered from them.

Sing this as the 81 Psalm.

- Lord bow thine ear to my request, and hear me by and by:
- With grievous pain and grief oppressed, full poor and weak am I.
- 2 Preserve my soul, because my ways, and doings holy be,
- And save thy servant, O my Lord, that puts his trust in thee.
- 3 Thy mercy Lord on me express, defend me eke withal:
- For through the day I do not cease, on thee to cry and call.
- 4 Comfort O Lord, thy servant's soul, that now with pain is pined:
- For unto thee Lord I extol, and lift my soul and mind.
- 5 For thou art good and bountiful, thy gifts of grace are free:
- And eke thy mercy plentiful, to all that call on thee.
- 6 O Lord, likewise when I do pray, regard and give an ear:
- Mark well the words that I do say, and all my prayers hear.
- 7 In time when trouble doth me move, to thee I do complain:
- For why? I know and well do prove, thou answerest me again.
- 8 Among the Gods (O Lord) is none, with thee to be compared:
- And none can do as thou alone, the like hath not been heard.

- 9 The Gentiles and the people all, which thou didst make and frame:
- Before thy face on knees will fall, and glorify thy name.
- 10 For why? thou art so much of might, all power is thine own.
- Thou workest wonders still in sight, for thou art God alone.
- 11 O teach me Lord the way, and I shall in they truth proceed:
- O join my heart to thee so nigh, that I thy name may dread.
- 12 To thee my God will I give praise, with all my heart, O Lord:
- And glorify thy name always, forever through the world.
- 13 For why? thy mercy showed to me is great, and doth excel:
- Thou first my soul at liberty, out from the lower hell.
- 14 O Lord the proud against me rise, and heaps of men of might,
- That seek my soul, and in no wise, will have thee in their sight.
- 15 Thou Lord art merciful and meek, full slack and slow to wrath:
- Thy goodness is full great, and eke Thy truth no measure hath.
- 16 O turn to me, and mercy grant, thy strength to me apply:
- O help and save thine own servant, thy handmaid's son am I.
- 17 On me some sign of favor show, that all my foes may see:
- And be ashamed, because Lord thou doest help and comfort me.

Fundamentum ejus. Ps.87.

The holy Ghost promiseth that the Church as yet in misery after the Captivity of Babylon, should be restored to great excellency, so that nothing should be more comfortable then to be numbered among the members thereof.

Sing this as the 81 Psalm.

The City shall full well endure, her ground work still doth stay: Upon the holy hill full sure, it can no time decay.

- 2 God loves the gates of Zion best, his grace doth there abide,
- He loves them more than all the rest, of Jacob's tent beside.
- 3 Full glorious things reported be, in Zion and abroad:
- Great things I say are said of thee, thou City of our God.
- 4 On Rahab I will cast an eye, and bear in mind the same,
- And Babylon shall eke apply, and learn to know my name.
- 5 Lo Palestine and Tyre also, with Ethiopie likewise,
- A people old full long ago, were born and there did rise.
- 6 Of Zion they shall say abroad, that diverse men of fame,
- Have there sprung up, and the high God hath founded fast the same.
- 7 In their records to them it shall, through God's devise appear:
- Of Zion that the chief of all had his beginning there.
- 8 Their trumpeters with such as sing, therein great plenty be:
- My fountains and my pleasant springs, are 'compassed all in thee.

Domine Deus. Ps.88.I.H.

The faithful sore afflicted by sickness, persecution, adversity, and as it were left of God without any consolation: yet call on God by faith, and strive against desperation.

- Lord God of health the hope and stay thou art alone to me,
- I call and cry throughout the day, and all the night to thee.
- 2 O let my prayers soon ascend, unto thy sight on high:
- Incline thine ear, O Lord entend, and hearken to my cry.
- 3 For why? my soul with woe is filled, and doth in trouble dwell:
- My life and breath almost doth yield, and draweth nigh to hell.
- 4 I am esteemed as one of them, that in the pit do fall:
- And made as one among those men, that have no strength at all.
- 5 As one among the dead and free from things that here remain:
- It were more ease for me to be, with them the which were slain;
- As those that lie in grave I say, whom thou hast clean forgot:
- The which thy hand hath cut away, and thou regardst them not.
- 6 Ye like to one shut up full sure, within the lower pit,
- In places dark and all obscure, and in the depth of it.
- 7 Thine anger and thy wrath likewise, full sore on me doth lie:
- And all thy storms against me rise, my soul to vex and try.
- 8 Thou putst my friends far off from me, and makest them hate me sore:
- I am shut up in prison fast, and can come forth no more.
- 9 My sight doth fail through grief and woe, I call to thee O God,
- Throughout the day, my hands also to thee I stretch abroad.

- 10 Doest thou unto the dead declare, thy wondrous works of fame?
- Shall dead to life again repair, and praise thee for the same?
- 11 Or shall thy loving kindness Lord, be preached in the grave?
- Or shall with them that are destroyed, thy truth her honor have?
- 12 Shall they that lie in dark full low, of all thy wonders wot?
- Or there shall they thy justice know, where all things are forgot?
- 13 But I O Lord, to thee alway, do cry and call apace:
- My prayer eke ere it be day, shall come before thy face.
- 14 Why dost thou Lord abhor my soul, in grief that seeketh thee?
- And now O Lord, why dost thou hide thy face away from me?
- 15 I am afflict as dying still, from youth this many a year,
- Thy terrors that do vex me ill troubled mind I bear.
- 16 The furies of thy wrathful rage full sore upon me fall
- Thy terrors eke do not assuage, but me oppress withal.
- 17 All day they 'compass me about as water at the tide:
- And all at once with streams full stout beset me on each side.
- 18 Thou settest far from me my friends, and lovers everyone:
- Yea, and mine old acquaintance all, out of my sight are gone.

Misericordias. Ps.89.I.H.

David praiseth God for his covenant made between him and his elect by Jesus Christ: then he complaineth of the desolation of his kingdom, so that the promise seemed to be broken. Finally, he prayeth to be delivered from afflictions, mentioning the shortness of man's life, and confirming himself by God's promises.

Sing this as the 67 Psalm.

To sing the mercies of the Lord, my tongue shall never spare

- And with my mouth from age to age, thy truth I will declare.
- 2 For I have said, that mercy shall forevermore remain,
- In that thou dost the heavens stay thy truth appeareth plain.
- 3 To mine elect, saith God, I made a covenant and behest:
- My servant David to persuade, I swear and did protest.
- 4 Thy seed for ever will I stay, and 'stablish it full fast:
- And still uphold thy throne alway, from age to age to last.
- 5 The heavens show with joy and mirth, thy wondrous works, O Lord:
- Thy Saints within thy Church on earth, thy faith and truth record.
- 6 Who with the Lord is equal then in all the clouds abroad?
- Among the sons of all the Gods what one is like our God?
- 7 God in assembly of the Saints is greatly to be dread:
- And over all that dwell about, in terror to be had.
- 8 Lord God of hosts in all the world, what one is like to thee;
- On every side most mighty Lord thy truth is seen to be.
- 9 The raging sea by thine advice, thou rulest at thy will:
- And when the waves thereof arise, thou mak'st them calm and still.
- 10 And Egypt thou Lord hast subdued, and thou hast it destroyed:
- Yea, thou my foes with mighty arm, hast scattered all abroad.

- 11 The heavens are thine, and still have been, likewise the earth and land:
- The world with all that is therein, thou foundedst with thy hand.
- 12 Both North and South, with East and West, thyself didst make and frame:
- Both Tabor mount and eke Hermon, rejoice and praise thy name.
- 13 Thine arm is strong and full of power all might therein doth lie:
- The strength of thy right hand each hour, thou liftest up on high.
- 14 In righteousness and equity, thou hast thy seat and place:
- Mercy and truth are still with thee, and go before thy face.
- 15 That folk is blest that knoweth aright, thy present power O God:
- For in the favor of thy sight, they walk full safe abroad.
- 16 For in thy name throughout the day, thy joy and much rejoice:
- And through thy righteousness have they a pleasant same and noise.
- 17 For why? their glory, strength, and aid in thee alone doth lie:
- Thy goodness eke that hath us stayed, shall lift our horn on high.
- 18 Our strength that doth defend us well, the Lord to us doth bring:
- The holy one of Israel he is our guide and King.
- 19 Sometimes thy will unto thy Saints in visions thou didst show:
- And thus then didst thou say to them, thy mind to make them know.
- A man of might I have erect your King and guide to be:

And set him up whom I elect, among the folk to me.

The third part (Ps 89).

- 20 My servant David I appoint, whom I have searched out:
- And with my holy oil anoint, him King of all the rout.
- 21 For why? my hand is ready still, with him for to remain.
- And with mine arm also I will, him strengthen and sustain.
- 22 The enemies shall him not oppress, they shall him not devour:
- Ne yet the sons of wickedness, on him shall have no power.
- 23 His foes likewise I will destroy, before his face in sight:
- And those that hate him I will plague, and strike them with my might.
- 24 My truth and mercy eke withal, shall still upon him lie:
- And in my name his horn eke shall be lifted up on high.
- 25 His kingdom will I set to be upon the sea and land:
- And eke the running floods shall he embrace with his right hand.
- 26 He shall depend with all his heart, on me and thus shall say:
- My father and my God thou art, my rock of health and stay.
- 28 As my first born I will him take, of all on earth that springs:
- His might and honor I shall make above all worldly Kings.
- 29 My mercy shall be with him still, as I myself have told:
- My faithful covenant to fulfill my mercy I will hold.
- 30 And eke his seed I will sustain forever strong and sure:
- So that his seat shall still remain, while heaven and earth endure.

The fourth part (Ps 89).

- 31 If that his sons forsake my Law, and so begin to swerve:
- And of my judgments have none awe, nor will not them observe:
- 32 Or if they do not use aright, my statues to them made:
- And set all my commandments light, and will not keep my tread;
- 33 Then with the rod will I begin their doings to amend:
- And so with scourging for their sin, when that they do offend.
- 34 My mercy yet and my goodness, I will not take him fro:
- Nor handle him with craftiness, and so my truth forgo.
- 35 But sure my covenant I will hold, with all that I have spoke:
- No word the which my lips have told shall alter or be broke.
- 36 Once swore I by my holiness, and that perform will I:
- With David I will keep promise, to him I will not lie.
- 37 His seed forevermore shall reign, and eke his throne of might.
- As doth the Sun it shall remain for ever in my sight.
- 38 And as the moon within the sky forever standeth fast:
- A faithful witness from on high, so shall his Kingdom last.
- 39 But now O Lord, thou dost reject, and now thou changest cheer:
- Yea thou art wroth with thine elect, thine own anointed dear.
- 40 The covenant with thy servant made Lord thou hast quite undone:
- And down upon the ground also hast cast his royal Crown.

The fifth part (Ps 89).

- 41 Thou pluck'st his hedges up with might, his walls thou dost confound:
- Thou beatest eke his bulwarks down, and break'st them to the ground.
- 42 That he is sore destroyed and torn of comers by throughout,
- And so is made a mock and scorn to all that dwell about.
- 43 Thou their right hand hast lifted up, that him so sore annoy:
- And all his foes that him devour, lo thou hast made to joy.
- 44 His swords edge thou didst take away, that should his foes withstand:
- To him in war no victory thou giv'st, nor upper hand.
- 45 His glory thou dost also waste, his throne, his joy, and myrrh.
- By thee is overthrown, and cast full low upon the earth.
- 46 Thou hast cut off, and make full short his youth and lusty days:
- And raised of him an ill report, with shame and great dispraise.
- 47 How long away form me, O Lord, for ever wilt thou turn?
- And shall thine anger still alway, as fire consume and burn?
- 48 O call to mind, remember then, my time consumed fast,
- Why hast thou made the sons of men, as things in vain to waste.
- 49 What man is he that liveth here, and death shall never see;
- Or from the hand of hell his soul shall he deliver free?
- 50 Where is O Lord, thine old goodness, so oft declared before:
- Which by thy truth and uprightness to David thou hast sworn?
- 51 The great rebukes to mind I call, that on thy servants lie:
- The railing of the people all born in my breast have I.
- 52 Wherewith O Lord, thine enemies

- blasphemed have thine name: The steps of thine anointed one they cease not to defame.
- 53 All praise to thee O Lord, of hosts, both now and eke for aye,
- Through sky, and earth, and all the coasts: Amen, Amen, I say.

Domine refugium. Ps.90.I.H.

Moses seeing the people neither admonished by the brevity of their life, nor by plagues to be thankful, prayeth God to turn their hearts, and continue his mercy toward them and their posterity forever.

Sing this as the 78 Psalm.

Thou Lord hast been our sure defense, our place of ease and rest: In all times past, yea, so long since,

as cannot be expressed.

2 Ere there was made mountain or hill, the earth and all abroad:

From age to age, and always still, forever thou art God.

3 Thou grindest man through grief and pain, to dust, or clay, and then,

And then thou saist again, return again, ye sons of men,

4 The lasting of a thousand year What is it in thy sight?

As yesterday it doth appear or as a watch by night.

5 So soon as thou dost scatter them, then is their life and tread,

All as a sleep, and like the grass, whose beauty soon doth fade.

6 Which in the morning shines full bright, but fadeth by and by:

And is cut down ere it be night, all withered, dead and dry.

7 For through thine anger we consume our might is much decayed:

And of thy servant wrath and fume we are full sore afraid.

8 The wicked works that we have wrought thou setst before thine eye:

Our privy faults, yea, eke our thoughts thy countenance doth spy.

9 For through thy wrath our days do waste, thereof doth naught remain:

Our years consumes as words or blasts, and are not called again.

10 Our time is threescore years and ten, that we do live on mold:

If one see fourscore, surely then we count him wondrous old.

The second part.

- 11 Yet of this time the strength and chief the which we count upon:
- Is nothing else but painful grief, and we like blasts are gone.
- 12 Who once doth know what strength is there what might thine anger hath?
- Or in his heart who doth thee fear according to thy wrath?
- 13 Instruct us Lord to know and try, how long our days remain:

That then we may our hearts apply true wisdom to attain.

14 Return O Lord, how long wilt thou forth on in wrath proceed?

Show favor to thy servants now, and help them at their need.

- 15 Refresh us with thy mercy soon, and then our joy shall be:
- All times so long as life shall last in heart rejoice shall we.
- 16 As thou hast plagued us before: now also make us glad:

And for the years wherein full sore affliction we have had.

17 O let thy work and power appear, and on thy servant's light:

And show unto thy children dear, the glory and thy might.

18 Lord let thy grace and mercy stand on us thy servant thus:

Confirm the works we take in hand, Lord prosper them to us.

Qui habitat. Ps.91.I.H.

Here is described the assurance he liveth in, that committeth himself wholly to God's protection in all temptation, a promise of God to those that love him, know him, and trust in him, to deliver them, and give them immortal glory.

Sing this as the 99 Psalm.

- He that within the secret place, of God most high doth dwell:
- In shadow of the mightiest grace at rest shall keep him well.
- 2 Thou art my hope and my stronghold, I to the Lord will say:
- My God he is in him will I my whole assurance stay.
- 3 He shall defend thee from the snare the which the hunter laid:
- And from the deadly plague and care whereof thou art afraid.
- 4 And with his wings shall cover thee, and keep thee safely there,
- His faith and truth thy fence shall be as sure as shield and spear.
- 5 So that thou shalt not need I say, to fear, or be affright
- Of all the shafts that fly by day, nor terrors of the night.
- 6 Nor of the plague that privily doth walk in dark so fast:
- Nor yet of that which doth destroy, and at noon days doth waste.
- 7 Yea, at thy side as thou dost stand a thousand dead shall be:
- Ten thousand eke at thy right hand, and yet thou shalt be free,
- 8 But thou shalt see it for thy part, thine eyes shalt well regard:
- That even like to their dessert the wicked have reward.
- 9 For why? O Lord, I only lust, to stay my hope on thee:
- And in the highest I put my trust, my sure defense is he,
- 10 Thou shalt not need none ill to fear, with thee it shall not mell:

Nor ye the plague shall once come near

the house where thou doest dwell.

- 11 For why? unto his Angels all with charge commanded he,
- That still in all thy ways they shall preserve and prosper thee.
- 12 And in their hands shall bear thee up, still waiting thee upon:
- So that thy foot shall never chance to spurn at any stone.
- 13 Upon the Lion thou shalt go, the Adder fell and long:
- And tread upon the Lion's young with Dragons stout and strong,
- 14 For he that trusteth unto me, I will dispatch him quite:
- And him defend because that he doth know my name aright.
- 15 When he for help to me doth cry, an answer I will give:
- And from his grief take him will I, in glory for to live.
- 16 With length of years, and days of wealth I will fulfill his time:
- The goodness of my saving health, I will declare to him.

Bonum est. Ps.92.I.H.

A Psalm for the Sabbath, to stir up the people to acknowledge and praise God in his works, David rejoiceth, therein, but the wicked consider not that the ungodly when he is the most flourishing, shall most speedily perish. In the end is described the felicity of the just, planted in the house of God, in praise of the Lord. Sing this as the 88 Psalm.

It is a thing both good and mete to praise the highest Lord:

- And in thy name, O thou most high, to sing with one accord.
- 2 To show the kindness of the Lord betime ere day be light:
- And eke declare his truth abroad, when it doth draw to night.
- 3 Upon ten stringed instruments, on Lute and Harp so sweet:
- With all the mirth you can invent, of instruments most mete.
- 4 For thou hast made me to rejoice in things so wrought by thee:
- And I have joy in heart and voice thy handy works to see.
- 5 O Lord, how glorious and how great are all thy words so stout?
- So deeply are thy counsels set that none can try them out.
- 6 The man unwise hath not the wit this grace to pass to bring:
- And all such fools are nothing fit to understand this thing.
- 7 When so the wicked at their will, as grass do spring full fast:
- They when they flourish in their ill for ever shall be waste.
- 8 But thou art mighty Lord most high, yea, thou dost reign therefore:
- In every time eternally, both now and evermore.
- 9 For why? O Lord behold and see, behold thy foes I say:

How all that work iniquity, shall perish and decay.

10 But thou like as an Unicorn, shalt lift my horn on high:With fresh and new prepared Oil, thine 'nointed king am I.

- 11 And of my foes before mine eyes, shall see the fall and shame:
- Of all that up against me rise, mine ear shall hear the same.
- 12 The just shall flourish up on high, as Date trees bud and blow:
- And as the Cedars multiply, in Lebanon that grow.
- 13 For they are planted in the place, and dwelling of our God:
- Within his courts they spring apace, and flourish all abroad.
- 14 And in their age much fruit shall bring both fat and well beseen:
- And pleasantly both bud and spring, with boughs and branches green.
- 15 To show that God is good and just, and upright in his will:
- He is my rock, my hope, my trust, in him there is none ill.

Dominus regnauit. Ps.93.I.H.

He praiseth the power of God, in the creation of the world, and beateth down all people which lift themselves against his Majesty, and provoketh to consider his promises.

Sing this as the 77 Psalm.

The Lord as king aloft doth reign, in glory goodly dight:

- And he to show his strength and mane hath girt himself with might.
- 2 The Lord likewise the earth hath made, and shaped it so sure:
- No might can move or make it fade, at stay it doth endure.
- 3 Ere that the world was made or wrought, thy seat was set before:
- Beyond all time that can be thought, thou hast been evermore.
- 4 The floods O Lord, the floods do rise, they roar and make a noise:
- The floods (I say) did enterprise, and lifted up their voice.
- 5 Yea, though the storm arise in sight, though seas do rage and swell:
- The Lord is strong and more of might, for he on high doth dwell.
- 6 And look what promise he doth make his household to defend,

For just and true they shall it take all times without an end.

Deus ultionum. Ps.94.I.H.

He prayeth God against the violence of tyrants, and comforteth the afflicted, by the good issue of their afflictions, and by the ruin of the wicked. Sing this as the 78 Psalm.

- Lord thou dost revenge all wrong, that office longs to thee:
- Sith vengeance doth to thee belong, declare that all may see.
- 2 Set forth thyself, for thou of right the earth dost judge and guide:
- Reward the proud and men of might according to their pride.
- 3 How long shall wicked men bear sway, with lifting up their voice,;
- How long shall wicked men I say, thus triumph and rejoice?
- 4 How long shall they with brags brast out, and proudly prate their fill?
- Shall they rejoice which be so stout, whose works are ever ill?
- 5 Thy flock O Lord, thine heritage, they spoil and vex full sore:
- Against thy people they do rage still daily more and more.
- 6 Thy widows which are comfortless, and strangers they destroy:
- They slay the children fatherless, and none doth put them by.
- 7 And when they take these things in hand this talk they have of thee:
- Can Jacob's God this understand? tush no, he cannot see.
- 8 O folk unwise and people rude, some knowledge now discern,
- Ye fools among the multitude, at length begin to learn.
- 9 The Lord which made the ear of man, he needs of right must hear:
- He made the eye all things must then before his sight appear.
- 10 The Lord doth all the world correct, and make them understand:
- Shall he not then your deeds detect: how can you 'scape his hand?

The second part.

11 The Lord doth know the thoughts of man

- his heart he seeth full plain:
- The Lord I say men's thoughts do scan, and findeth them but vain.
- 12 But Lord that man is happy sure, whom thou dost keep in awe:
- And through correction dost procure, to teach him in thy law.
- 13 Whereby he shall in quiet rest, in time of trouble sit:
- When wicked men shall be suppressed; and fall into the pit.
- 14 For sure the Lord will not refuse, his people for to take:
- His heritage whom he did choose, he will no time forsake.
- 15 Until that judgment be decreed, to justice to convert:
- That all may follow her with speed: that are of upright heart.
- 16 But who upon my part shall stand, against the cursed train?
- Or who shall rid me from their hand, that wicked works maintain?
- 17 Except the Lord had been mine aide, mine enemies to expel:
- My soul and life had now been laid almost as low as hell.
- 18 When I did say my foot did slide, and I am like to fall:
- Thy goodness Lord did so provide, to stay me up withal.
- 19 When with myself I mused much, and could no comfort find:
- Then Lord thy goodness did me touch, and that did ease my mind:
- 20 Wilt thou inhaunt thyself and draw with wicked men to sit:
- Which with pretence instead of law, much mischief do commit?
- 21 For they consult against the life of righteous men and good:
- And in their counsels they are rise, to shed the guiltless blood.
- 22 But yet the Lord he is to me a strong defense or rock:
- He is my God, to whom I flee, he is my strength and rock.
- 23 And he shall cause their mischiefs all

themselves for to annoy: And in their malice they shall fall, our God shall them destroy.

Venite exultemus. Ps.95.I.H.

An earnest exhortation to praise God for the government of the world and election to his Church, to eschew the rebellion of the old fathers, who tempted God in the wilderness, and therefore entered not in the land of promise.

Sing this as the 77 Psalm.

- O come let us lift up our voice, and sing unto the Lord:
- In him our rock of health rejoice let us with one accord.
- 2 Yea, let us come before his face, to give him thanks and praise:
- In singing Psalms unto his grace, let us be glad always.
- 3 For why? the Lord he is no doubt, a great and mighty God.
- A king above all Gods throughout, in all the world abroad.
- 4 The secrets of the earth so deep, and corners of the land:
- The tops of hills that are so steep, he hath them in his hand.
- 5 The sea and waters all are his, for he the same hath wrought,
- The earth and all that therein is, his hand hath made of naught.
- 6 Come let us bow and praise the Lord, before him let us fall;
- And kneel to him with one accord, the which hath made us all.

- 7 For why? he is the Lord our God, for us he doth provide:
- We are his flock, he doth us feed, his sheep and he our guide.
- 8 To day if ye his voice will hear, then harden not your heart:
- As ye with grouching many a year provoke me in desert.
- 9 Whereas your fathers tempted me, my power for to prove:
- My wondrous works when they did see, yet still they would me move.
- 10 Twice twenty years they did me grieve, and I to them did say:
- They err in heart, and not believe, they have not known my way.
- 11 Wherefore I swear that when my wrath was kindled in my breast:
- That they should never tread the path, to enter in my rest.

Cantate Dom. Ps.96.I.H.

An exhortation both to the Jews and Gentiles to praise God for his mercy: and his specially ought to be referred to the kingdom of Christ.

Sing this as the 77 Psalm.

- Sing ye with praise unto the Lord new songs of joy and mirth:
- Sing unto him with one accord, all people on the earth.
- 2 Yea, sing unto the Lord, I say, praise ye his holy name:
- Declare and show from day to day, salvation by the same.
- 3 Among the heathen eke declare his honor round about:
- To show his wonders do not spare, in all the world throughout.
- 4 For why? the Lord is much of might, and worthy praise alway:
- And he is to be dread of right, above all Gods I say.
- 5 For all the Gods of heathen folk, are Idols that will fade:
- But yet our God he is the Lord, that hath the heavens made.
- 6 All praise and honor eke doth dwell, for aye before his face:
- Both power and might likewise excel within his holy place.
- 7 Ascribe unto the Lord always, ye people of the world,
- All might and worship eke, I say, ascribe unto the Lord.
- 8 Ascribe unto the Lord also, the glory of his name:
- And eke into his courts do go, with gifts unto the same.

- 9 Fall down, and worship ye the Lord, within his temple bright:
- Let all the people of the world, be fearful at his sight.
- 10 Tell all the world be not aghast, the Lord doth reign above:
- Yea, he hath set the earth so fast, that it can never move.
- 11 And that it is the Lord alone, that rules with princely might,
- To judge the nation everyone, with equity and right.
- 12 The heavens shall great joy begin, the earth eke shall rejoice:
- The sea with all that is therein shall shout and make a noise.
- 13 The field shall joy, and everything that springeth on the earth:
- The wood and every tree shall sing, with gladness and with mirth.
- 14 Before the presence of the Lord, and coming of his might,
- When he shall justly judge the world, and rule his folk with right.

Dominus reg. Ps.97.I.H.

David exhorteth all to rejoice for the coming of the kingdom of Christ, dreadful to the rebels and Idolaters, and joyful to the just, whom he exhorteth to innocency, to rejoicing, and thanksgiving.

Sing this as the 95 Psalm.

The Lord doth reign, where at the earth may joy with pleasant voice:

And eke the Isles with joyful mirth, may triumph and rejoice.

2 Both clouds and darkness eke do swell, and round about him beat:

Yea, right and justice ever dwell, and bide about his feet.

3 Yea, fire and heat at once do run, and go before his face:

Which shall his foes and enemies burn, abroad in every place

4 His lightnings eke full bright did blaze, and to the world appear:

Whereat the earth did look and gaze, with dread and deadly fear.

5 The hills like wax did melt in sight, and presence of the Lord:

They fled before that river's might, which guideth all the world.

6 The heavens eke declare and show his justice all abroad:

That all the world may see and know the glory of our God.

7 Confusion sure shall come to such, as worship idols vain:

And eke to those that glory much, dumb pictures to maintain.

8 For all the idols of the world, which they as Gods do call:

Shall feel the power of the Lord, and down to him shall fall.

9 With joy shall Zion hear this thing, and Judah shall rejoice:

For at thy judgment they shall sing, and make a pleasant noise.

10 That thou O Lord art set on high, in all the earth abroad,

And art exalted wondrously, above each other God.

11 All ye that love the Lord do this, hate all things that are ill:

For he doth keep the souls of his, from such as would them spill.

12 And light doth spring up to the just, with pleasure for his part:

Great joy with gladness, mirth, and lust, to them of upright heart.

13 Ye righteous in the Lord rejoice, his holiness proclaim:

Be thankful eke with heart and voice, and mindful of the same.

Contate Dom. 98.I.H.

As earnest exhortation to all creatures to praise the Lord for his power, mercy and fidelity in his promise by Christ, by whom he hath communicated his salvation to all nations.

Sing this as the 95 Psalm.

O sing ye now unto the Lord a new and pleasant song:

For he hath wrought throughout the world, his wonders great and strong.

With his right hand full worthily, he doth his foes devour:

And gets himself the victory: with his own arm and power.

3 The Lord doth make the people know his saving health and might,

The Lord doth eke his justice show, in all the heathens sight

4 His grace and truth to Israel, in mind he doth record:

That all the earth hath seen right well, the goodness of the Lord.

5 Be glad in him with joyful voice, all people on the earth:

Give thanks to God, sing and rejoice to him with joy and mirth.

6 Upon the harp unto him sing, give thanks to him with Psalms:

Rejoice before the Lord our King: with trumpets and with shalms.

7 Yea, let the sea with all therein, for joy both roar and swell:

The earth likewise let it begin, with all that therein dwell.

8 And let the floods rejoice their fills, and clap their hands apace,

And eke the mountains and the hills, before the Lord his face.

9 For he shall come to judge and try the world and every wight:

And rule the people mightily with justice and with right.

Dominus regnauit. Ps.99.I.H.

He commendeth the power, equity, and excellency of the kingdom of God by Christ, over the Jews and Gentiles, provoking them to magnify the same, and to fear the Lord as the ancient Fathers, Moses, Aaron, and Samuel, who calling upon God were heard in their prayers.

Sing this as the 65 Psalm.

The Lord doth reign, although at it the people rage full sore:

- Yea, he on Cherubims doth sit though all the world do roar.
- 2 The Lord that doth in Zion dwell, is high and wondrous great:
- Above all folk he doth excel, and he aloft is set.
- 3 Let all men praise thy mighty name, for it is fearful sure:
- And let them magnify the same, that holy is and pure.
- 4 The Princely power of our king doth love judgment and right:
- Thou rightly rulest everything in Jacob through thy might.
- 5 To praise the Lord our God devise, all honor to him do:
- His footstool worship him before, for he is holy too.
- 6 Moses, Aaron and Samuel, as Priests on him did call:
- When they did pray, he heard them well, and gave them answer all.
- Within the cloud to them he spake, then did they labor still:
- To keep such laws as he did make and 'ppointed them until,
- 8 O Lord our God thou didst them hear, and answerest them again:
- Thy mercy did on them appear, their deeds didst not maintain.
- 9 O laud and praise our Lord and God, within his holy hill:
- For why? our God throughout the world is holy ever still.

Jubilate Deo omnes. Ps.100.

He exhorteth all men to serve the Lord, who hath made us to enter into his courts and assemblies, to praise his name.

- All people that on earth do dwell, sing to the Lord with cheerful voice:
- 2 Him serve with fear his praise forth tell, Come ye before him and rejoice.
- 3 The Lord ye know is God indeed, without our aid he did us make:
- We are his flock he doth us feed, and for his sheep he doth us take.
- 4 O enter then his gates with praise, approach with joy his courts unto,
- Praise, laud and bless his name always, for it is seemly so to do.
- 5 For why? the Lord our God is good, his mercy is forever sure:
- His truth at all times firmly stood, and shall from age to age endure.

Another of the same.

Sing this as the 68 Psalm.

- In God the Lord be glad and light, praise him throughout the earth:
- Serve him and come before his sight, with singing and with mirth.
- 2 Know that the Lord our God he is, he did us make and keep:
- Not we ourselves, for we are his own flock and pasture sheep.
- O go into his gates always, give thanks within the same:
- Within his courts set forth his praise, and laud his holy name.
- 4 For why? the goodness of the Lord forevermore doth reign:
- From age to age throughout the world his truth doth still remain.

Misericordiam. Ps.101.N.

David describeth what government he will observe in his house and Kingdom, by rooting out the wicked, and cherishing the godly persons.

Sing this as the 81 Psalm.

I mercy will and judgment sing, O Lord God unto thee:

- 2 And wisely do in perfect way, until thou come to me.
- 3 And in the midst of my house walk, of pureness of my spirit:
- And I no kind of wicked thing will set before my sight.
- 4 I hate their works that fall away, it shall not cleave to me,
- From me shall part the forward heart, none evil will I see.
- 5 Him will I 'stroy that slandereth his neighbor privily:
- The lofty heart I cannot bear, nor him that looketh high.
- 6 Mine eyes shall be on them, within the laud, that faithful be:
- In perfect way who walketh shall be servant unto me.
- 7 I will no guiltfull person have within my voice to dwell:
- And in my presence he shall not remain that lies doth tell.
- 8 Betimes will I destroy even all the wicked of the land:
- That I might from God's city cut the wicked workers hand.

Domine exaudi. Ps.102.I.H.

It seemeth that this prayer was appointed to the faithful to pray in the captivity of Babylon. A consolation for the building of the Church, whereof followeth the praise of God to be published unto all posterities. The conversion of the Gentiles, and stability of the Church.

Sing this as the 67 Psalm.

- O hear my prayer Lord, and let my cry come unto thee:
- 2 In time of trouble do not hide thy face away from me.
- 3 Incline thine ears to me, make haste to hear me when I call:

For as the smoke doth fade, so do my days consume and fall.

- 4 And as a hearth my bones are burnt, my heart is smitten dead:
- And withers as the grass, that I forget to eat my bread.
- 5 By reason of my groaning voice, my bones cleave to my skin:
- 6 As Pelican in wilderness, such case now am I in.
- 7 And as an Owl in desert is, lo I am such a one:
- I watch, and as a Sparrow on the housetop am alone.
- 8 Lo daily in reproachful wise min enemies do me scorn:
- And they that do against me rage, against me they have sworn.
- 9 Surely with ashes as with bread, my hunger I have filled:
- and mingled have my drink with tears, that from my eyes have 'stilled.
- 10 Because of thy displeasure Lord, thy wrath, and thy disdain:
- For thou hast lifted me aloft, and cast me down again.
- 11 The days wherein I pass my life, are like the fleeting shade:
- And I am withered like the grass, that soon away doth fade.
- 12 But thou O Lord, for ever dost remain in steady place:

And thy remembrance ever doth

The second part (Ps 102).

- 13 Thou wilt arise and mercy thou to Zion wilt extend:
- The time of mercy, now the time foreset, is come to end.
- 14 For even in the stones thereof thy servants do delight:
- And on the dust thereof they have compassion in their spirit.
- 15 Then shall the heathen people fear, the Lord's most holy name:
- And all the kings on earth shall dread the glory and thy fame.
- 16 Then when the Lord the mighty God again shall Zion roar:
- And then when he most nobly in his glory shall appear.
- 17 To prayer of the desolate, when he himself shall bend:
- When he shall not disdain unto their prayers to attend.
- 18 This shall be written for the age that after shall succeed:
- The people yet uncreated the Lord's renown shall spread.
- 19 For he from his high Sanctuary hath looked down below:
- And out of heaven hath the Lord beheld the earth also.
- 20 That of the morning captive he might hear the woeful cry:
- And that he might deliver those that damned are to die.
- 21 That they in Zion might declare the Lord's most holy name:
- And in Jerusalem set forth the praises of the same.
- 22 Then when the people of the land, and kingdoms with accord,
- Shall be assembled for to do their service to the Lord.

The third part (Ps 102).

- 23 My former force and strength he hath abated in the way:
- And shorter he did cut my days, thus I therefore did say;
- 24 My God in midst of all my days now take me not away:
- Thy years endure eternally, form age to age for aye.
- 25 Thou the foundation of the earth before all times hast laid:
- And Lord the heavens are the work, which thine own hands have made,
- 26 Yea, they shall perish and decay, but thou shalt tarry still:
- And they shall all in time wax old, even as a garment will.
- 27 Thou as a garment shalt them change, and changed shall they be:
- But thou dost still abide the same, thy years do never flee.
- 28 The children of thy servants shall continually endure:
- And in thy sight their happy seed for ever shall stand sure.

Benedic anima. Ps.103.T.H.

The prophet provoketh men and Angels and all creatures to praise the Lord for his fatherly mercies, in deliverance of his people from evils, in his providence over all things, and in preservation of the faithful.

- My soul give laud unto the Lord, my spirit shall do the same:
- And all the secrets of my heart, praise ye his holy name.
- 2 Give thanks to God, for all his gifts, show not thyself unkind,
- And suffer not his benefits to slip out of thy mind.
- 3 That gave thee pardon for thy faults, and thee restored again;
- For all thy weak and frail disease, and healed thee of thy pain.
- 4 That did redeem thy life from death, from which thou couldst not flee,
- His mercy and compassion both, he did extend to thee.
- 5 That filled with goodness thy desire, and did prolong thy youth;
- Like as the Eagle casts her bill, whereby her age reneweth;
- 6 The Lord with justice doth repay all such as be oppressed;
- So that their sufferings and their wrongs, are turned to the best.
- 7 His ways and his commandments, to Moses he did show.
- His counsels and his valiant acts, the Israelites did know.
- 8 The Lord is kind and merciful, when sinners do him grieve,
- The slowest to conceive a wrath, and readiest to forgive.
- 9 He chides not us continually, thou we be full of strife;
- Nor keeps our faults in memory, for all our sinful life.
- 10 Nor yet according to our sins the Lord doth us regard,
- Nor after our iniquities, he doth not us reward.

- 11 But as the space is wondrous great, twixt earth and heaven above;
- So is his goodness much more large, to them that do him love.
- 12 God doth remove our sins from us, and our offences all;
- As far as is the sun rising, from distant from his fall.

- 13 And look what pity parents dear unto their children bear;
- Like pity beareth God to such as worship him in fear.
- 14 The Lord that made us knows our shape, our mold and fashion just;
- How weak and frail our nature is, and how we be but dust.
- 15 And how the time of mortal men, is like the withering hay;
- Or like the flower right fair in field, that fades full soon away.
- 16 Whose gloss and beauty stormy winds, do utterly disgrace,
- And make that after their assaults, such blossoms have no place.
- 17 But yet the goodness of the Lord, with his shall ever stand;
- Their children's children do receive, his righteousness at hand.
- 18 I mean which keep his covenant, with all their whole desire;
- And not forget to do the thing, that he doth them require.
- 19 The heavens high are made the seat, and footstool of the Lord:
- And by his power imperial, he governs all the world.
- 20 Ye Angels which are great in power, praise ye and bless the Lord;
- Which to obey and do his will, immediately accord.
- 21 Ye noble hosts and ministers, cease not to laud him still;
- Which ready are to execute, his pleasure and his will;
- 22 Ye all his works in every place, praise ye his holy name;

My heart, my mind, and eke my soul, praise ye also the same.

Benedic anima. Ps.104.W.K.

A thanksgiving for the creation of the world, and governance of the same by his marvelous providence: also a prayer against the wicked, who are occasions that God diminisheth his blessings.

My soul praise the Lord, speak good of his name;

O Lord our great God, how dost thou appear?

So passing in glory; that great is thy fame,

Honor and majesty in thee shine most clear;

With light as a robe, thou hast thee beclad,

Whereby all the earth thy greatness may see,

The heavens in such sort thou also hast spread,

That it to a curtain compared may be.

3 His chamber beams lie, in the clouds full sure:

Which as his chariots, are made him to bear,

And there with much swiftness his course doth endure:

Upon the wings riding, of wind in the air.

4 He maketh his spirits as heralds to go:

And lightnings to serve, we see also pressed,

His will to accomplish, they run to and fro,

To save or consume things as seemeth to him best.

5 He grounded the earth so firmly and fast,

That it once to move, none shall have such power:

6 The deep a fair covering, for it made thou hast:

Which by his own nature the hills would devour.

But at thy rebuke, the waters do flee,

And so give due place, thy word to obey: At thy voice of thunder so fearful they be,

That in their great raging, they haste soon away.

8 The mountains full high, they then up ascend:

If thou do but speak thy word they fulfill.

So likewise the waves most quickly descend.

Where thou them appointest, remain they do still.

9 Their bounds thou hast set, how far they shall run,

So as in their rage, not that pass they can,

For God hath appointed, they shall not return,

The earth to destroy more, which was made for man.

The second part.

10 He sendeth the springs to strong streams and lakes:

Which run do full swift among the huge hills.

11 Where both the wild asses their thirst oft-times slacks:

And beasts of the mountains, there of drink their fills.

12 By these pleasant springs, or fountains full fair;

The fowls of the air abide shall and dwell.

13 Who moved by nature, to hop here and there,

Among the green branches their songs shall excel.

14 The mountains moist the clouds he doth use:

The earth with his works, are wholly replete.

15 So as the brute cattle he doth not refuse;

But grass doth provide them, and herb for man's meat.

Yea bread, Wine and Oil, he made for man's sake,

His face to refresh and heart to make strong.

16 The Cedars of Liban,

(Psalm 104 – cont.)

this great God did make. Which trees he doth nourish, that grow up so long.

17 In those may birds build and make there their nest,

In fir trees the Storks remain and abide.

18 The high hills are succors for wild Goats to rest;

And eke the rocks stony, for Conies to hide.

19 The Moon then is set, her seasons to run;

The days from the nights, thereby to discern,

And by the descending also of the Sun,

The cold from heat always thereby we do learn.

20 When darkness doth come, by God's will and power,

Then creep forth do all the beasts of the wood.

21 The lions range roaring, their prey to devour;

But yet it is thou (Lord) which givest them food.

22 As soon as the Sun is up, they retire:

To crouch in their dens then are they full faine.

23 That man to his work may as right doth require,

'til night come and call him, to take rest again.

The third part.

24 How sundry (O Lord) are all thy works found?

With wisdom full great, they are indeed wrought,

So that the whole world of thy praise doth sound,

And as for thy riches they pass all mens thought,.

25 So as the great Sea, which large is and broad,

Where things that creep swarm, and beasts of each sort.

26 There both mighty ships sail, and some lie at road:

The Whale huge and monstrous, there also doth sport.

27 All things on thee wait, thou dost them relieve.

And thou in due time full well dost them feed.

28 Now when it doth please thee, the same so to give,

They gather full gladly those things which they need,

Thou openest thy hand, and they find such grace:

That they with good things are filled we see.

29 But sore are they troubled, if thou turn thy face;

For if thou their breath take, vile dust then they be.

30 Again, when thy spirit from them doth proceed:

All things to appoint and what shall ensue.

31 Then are they created, as thou hast decreed:

And dost by thy goodness the dry earth renew.

32 The praise of the Lord forever shall last.

Who may in his works by right well rejoice.

His look can the earth make to tremble full fast:

And likewise the mountains to smoke at his voice.

33 To this Lord and God, sing will I always,

So long as I live my God praise will I.

34 Then am I most certain, my words shall him please.

I will rejoice in him, to him will I cry.

35 The sinners, O Lord, consume in thine ire,

And eke the perverse them root out with shame:

But as for my soul now, let it still desire,

And say with the faithful, praise ye the Lords name.

Confitemini Dom. Ps.105.N.

He praiseth the singular goodness of God, for choosing a peculiar people to himself, never ceasing to do them good, even for his promise's sake.

Sing this as the 59 Psalm.

Give praises unto God the Lord, and all upon his name:

Among the people eke declare his works to spread his fame.

2 Sing ye unto the Lord I say, and sing unto him praise,

And talk of all the wondrous works, that he hath wrought always.

3 In honor of his holy name, rejoice with one accord:

And let the heart also rejoice, of them that seek the Lord.

4 Seek ye the Lord, and seek the strength of his eternal might:

And seek his face continually, and presence of his sight.

5 The wondrous works that he hath done, keep still in mindful heart.

Ne let the judgments of his mouth, out of your minds depart.

6 Ye that of faithful Abraham his servant are the seed:

Ye his elect the children that of Jacob do proceed.

7 For he, he only is I say, the mighty Lord our God:

And his most rightful judgments are through all the earth abroad.

8 His promise and his covenant, which he hath made to his:

He hath remembered evermore, to thousands of degrees.

The second part.

9 The covenant which he hath made, with Abraham long ago:

And faithful oath which he hath sworn, to Isaac also:

10 And did confirm the same for law, that Jacob should obey:

And for eternal covenant,

to Israel for aye.

11 When thus he said, lo I to you, all Canaan land will give:

The lot of your inheritance, wherein your seed shall live.

12 Although the number at that time, did very small appear:

Yea very small, and in the land, they then but strangers were.

13 While yet they walked from land to land without a sure abode,

And while from sundry kingdoms they did wander all abroad.

14 And wrong at no oppressors hand, he suffered them to take:

But even the great and mighty Kings, reproved for their sake.

15 And thus he said touch ye not those, that mine anointed be:

Ne do the Prophets any harm, that do pertain to me.

16 He called a dearth upon the land, of bread he stroyed the store:

But he against their time of need had sent a man before.

The third part.

17 Even Joseph which had once been sold to live a slave in woe:

18 Whose feet they hurt in stocks, whose soul the iron pierced also.

19 Until the time came when his cause, was known apparently:

The mighty word of God the Lord, his faultless truth did try.

20 The King sent and delivered him, from prison where he was:

The ruler of the people then did freely let him pass.

21 And over all his house he made him Lord, to bear the sway:

And of his substance made him have the rule and all the stay.

22 That he might to his will instruct the Princes of the land:

And wisdom's lore his ancient men

(Psalm 105 – cont.)

came Israel also: And Jacob in the land of Ham did live a stranger though.

- 24 His people he exceedingly in number made to flow:
- And over all their enemies, in strength he made them grow.
- 25 Whose hearts he turned, that they with hate his people did entreat:
- And did his servants wrongfully, abuse with false deceit.

The fourth part.

- 26 His faithful servant Moses then, and Aaron whom he chose.
- He did command to go to them, his message to disclose.
- 27 The wondrous message of his sign among them they did show:
- And wonders in the land of Ham then they did work also.
- 28 Darkness he sent and made it dark, instead of brighter day:
- And unto his commission they did not disobey.
- 29 He turned their waters into blood, he did their fishes slay:
- 30 Their land brought frogs, even in the place where their King Pharaoh lay.
- 31 He spake and at his voice there came great swarms of noisome flies:
- And all the quarters of their land were filled with crawling lice.
- 32 He gave them cold and stony hail in stead of minder rain:
- And fiery flames within their land he sent unto their pain.
- 33 He smote their vines, and all their trees, whereas their figs did grow,
- And all the trees within their coasts, down did he overthrow.
- 34 He spake, then Caterpillars did, and Grasshoppers abound.
- 35 Which eat the grass in all their land, and fruit of all their ground.

The fifth part.

- 36 The first begotten in their land, eke deadly did he smite:
- Yea, the beginning and first fruit, of all their strength and might.
- 37 With gold and silver he them brought, from Egypt land to pass:
- And in the number of the tribes, no feeble one there was.
- 38 Egypt was glad and joyful then, when they did thence depart:
- For terror and the fear of them, was fallen into their heart.
- 39 To shroud them from the parching heat, a cloud he did display,
- And fire he sent to give them light, when night had hid the day.
- 40 They asked, and he caused Quails to rain at their request:
- And fully with the bread of heaven, their hunger he repressed.
- 41 He opened then the stony rock, and water gushed out:
- And in the dry and parched grounds, like rivers run about.
- 42 For of his holy covenant, ave mindful was he though:
- Which to his servant Abraham, he plighted long ago.
- 43 He brought his people forthwith mirth and his elect with joy;
- Out of the cruel land, where they had lived in great annoy.
- 44 And of the heathen men he gave to them the fruitful lands.
- The labor of the people eke, they took into their hands.
- 45 That they his holy statutes might observe forevermore:
- And faithfully obey his laws, praise ye the Lord therefore.

Confitemini Dom. Ps.106.N.

The people dispersed unto Antiochus, do magnify the goodness of God among the repentant, and pray to be gathered from among the heathens, that they may praise his name.

Sing this as the 95 Psalm.

- Praise ye the Lord, for he is good, his mercy 'dures for aye:
- Who can express his noble acts, or all his praise display?
- 3 They blessed are that judgment keep, and justly do alway:
- With favor of thy people Lord, remember me I pray.
- 4 And with thy saving health, O Lord, vouchsafe to visit me:
- That I the great felicity of thine elect may see.
- 5 And with thy people joy I may a joyful mind possess:
- And may with thine inheritance, a glorying heart express.
- 6 Both we and eke our fathers all, have sinned everyone:
- We have committed wickedness, and lewdly we have done.
- 7 The wonders great which thou O Lord, hast done in Egypt land:
- Our fathers though they saw them all yet did not understand.
- Nor they thy mercies multitude did keep in thankful mind,
- But at the sea, yea the red sea, rebelled most unkind.
- 8 Nevertheless he saved them, for honor of his name:
- That he might make his power known, and spread abroad his fame.
- 9 The red sea he did then rebuke, and forthwith it was dried:
- And as in wilderness, so through the deep he did them guide.
- 10 He saved them from the cruel hand of their despiteful foe:
- And from the enemies hand he did deliver them also.

The second part.

- 11 The waters their oppressors whelmed, not one was left alive:
- 12 Then they believed his words, and praise in song they did him give.
- 13 But by and by unthankfully his works they clean forgate:
- And for his counsel and his law they did neglect to wait.
- 14 But lusted in the wilderness with fond and greedy lust;
- And in the desert tempted God, the stay of all their trust.
- 15 And then their wanton minds' desire he suffered them to have.:
- But wasting leanness therewithal, into their soul he gave.
- 16 Then when they lodged in their tents, at Moses they did grutch;
- Aaron the holy of the Lord so did they envy much.
- 17 Therefore the earth did open wide, and Dathan did devour:
- And all Abiram's company did cover in that hour.
- 18 In their assembly kindled was the hot consuming fire;
- And wasting flames did then burn up the wicked in his ire.
- 19 Upon the hill of Horeb they an Idol Calf did frame;
- And there the molten image they did worship of the same.
- 20 Into the likeness of a Calf, That feedeth on their grass,
- Thus they their glory turned, and all their honor did deface.
- 21 And God their only Savior unkindly they forgot;
- Which many great and mighty things in Egypt land had wrought.

The third part (Ps 106).

- 22 And in the land of Ham, for them most wondrous works hath done:
- And by the red sea dreadful things performed long a-gone.
- 23 Therefore for their so showing them forgetful and unkind;
- To bring destruction on them all he purposed in his mind.
- Had not his chosen Moses stood before him in the break;
- To turn his wrath least he on them, with slaughter should him wreak.
- 24 They did despise the pleasant land, that he behight to give,
- Yea, and the words that he had spoke they did no whit believe.
- 25 But in their tents with grudging hearts they wickedly repined.
- Nor to the voice of God the Lord they gave an harkening mind.
- 26 Therefore against them lifted he his strong revenging hand;
- Them to destroy in wilderness, ere they should see the land.
- 27 And to destroy their seed among the nations with his rod,
- And through the countries of the world to scatter them abroad.
- 28 To Baal-peor then they did adjoin themselves also:
- And eat the offerings of the dead, so they forsook him though.
- 29 Thus with their own inventions, his wrath they did provoke;
- And in his so enkindled wrath the plague upon them broke.
- 30 But Phinehas stood up with zeal the sinners' vile to slay;
- And judgment he did execute, and then the plague did stay.

The fourth part.

- 31 It was imputed unto him for righteousness that day;
- And from thenceforth so counted is from race to race for aye.
- 32 At waters eke of Meribah they did him angry make;
- Yea, so far forth that Moses was then punished for their sake;
- 33 Because they vexed his spirit so sore, that in impatient heat,
- His lips spake unadvisedly, his fervor was so great.
- 34 Nor as the Lord commanded them, they slew the people though
- 35 But were among the heathen mixed, and learned their works also.
- 36 And did their idols serve, which were their ruin and decay;
- 37 To fiends their sons and daughters they did offer up and slay;
- 38 Yea, with unkindly murdering knife the guiltless blood they spilt;
- Yea, their own sons and daughters blood, without all cause of guilt.
- Whom they to Canaan Idols then offered with wicked hand,
- And so with blood of innocents defiled was the land.
- 39 Thus were they stained with the works of their own filthy way;
- And with their own inventions a-whoring did they stray.
- 40 Therefore against his people was the Lord's wrath kindled sore:
- And even his own inheritance, therefore he did abhor.
- 41 Into the hands of heathen men, he gave them for a prey;
- And made their foes their Lords, whom they were forced to obey.

The fifth part (Ps 106).

- 42 Yea, and their hateful enemies oppressed them in the land;
- And they were humbly made to stoop, as subject to their hand.
- 43 Full oftentimes from trial had he, delivered them before;
- But with their counsels they to wrath provoked him evermore.
- Therefore they by their wickedness were brought full low to lie:
- 44 Yet when he saw them in distress, he hearkened to their cry.
- 45 He called to mind his covenant, which he to them had swore:
- And by his mercies multitude, repented him therefore.
- 46 And favor he them made to find before the sight of those
- That led them captive from their land, when erst they were their foes.
- 47 Save us O Lord, that art our God, save us O Lord we pray;
- And from among the heathen folk, Lord gather us away.
- 48 That we may spread the noble praise of thy most holy name:
- That we may glory in thy praise, and sounding of thy fame.
- 49 The Lord the God of Israel, be blest forevermore:
- Let all the people say Amen, praise ye the Lord therefore.

Confitemini Dom. Ps.107.W.K.

David exhorteth all that are redeemed by the Lord and gathered unto him, to give thanks therefore, who by sending prosperity and adversity bringeth men unto him. Therefore as the righteous there rejoice, so shall the wicked have their mouths stopped.

Sing this as the 96 Psalm.

- Give thanks unto the Lord our God, for gracious is he:
- And that his mercy hath no end all mortal men may see.
- 2 Such as the Lord redeemed hath, with thanks should praise his name:
- And show how they from foes are freed, and how he wrought the same.
- 3 He gathered them forth of the land: that lay so far about:
- From East to West, from North to South his hand did find them out.
- 4 They wandered in the wilderness, and strayed from the way:
- And found no city where to dwell, that serve might for their stay.
- 5 Whose thirst and hunger was so great, in those deserts so void:
- That faintness did them sore assault, and eke their souls annoyed.
- 6 Then did they cry in their distress unto the Lord for aid:
- Who did remove their troublous state, according as they prayed.
- 7 And by that way that was most right, he led them like a guide:
- That they might to a city go, and there also abide.
- 8 Let them therefore before the Lord, confess his goodness then:
- And show the wonders that he doth before the sons of men.
- 9 For he the empty soul sustained, whom thirst had made to faint:
- The hungry soul with goodness fed, and did them eke acquaint.
- 10 Such as do dwell in darkness deep, where they on death do wait:
- Fast bound to taste such troublous storms as iron chains do threat.

The second part.

- 11 For that against the Lord's own word, they sought so to rebel:
- Esteeming light his counsels high, which do so far excel.
- 12 But when he humbled them full low they then fell down with grief:
- And none was found so much to help, whereby to get relief.
- 13 Then did they cry in their distress, unto the Lord for aid:
- Who did remove their troublous state, according as they prayed.
- 14 For he from darkness out them brought, and from death's dreadful shade:
- Bursting with force the iron bands, which did before them laid.
- 15 Let men therefore before the Lord, confess his kindness then:
- And show the wonders that he doth before the sons of men.
- 16 For he threw down the gates of brass, and break them with strong hand:
- The iron bars he smote in two: nothing could him withstand.
- 17 The foolish folk great plagues do feel, and cannot from them wend:
- But heap on more to those they have, because they do offend.
- 18 Their souls so much did loath all meat, that none they could abide:
- Whereby death had them almost caught, as they full truly tried.
- 19 Then did they cry in their distress unto the Lord for aid:
- Who did remove their troublous state, according as they prayed.
- 20 For he then sent to them his word, which health did soon restore:
- And brought them from those dangers deep, wherein they were before.

The third part.

- 21 Let men therefore before the Lord, confess his kindness then:
- And show the wonders that he doth before the sons of men.
- 22 And let them offer sacrifice, with thanks and also fear:
- And speak of all his wondrous works, with glad and joyful cheer.
- 23 Such as in ships or brittle barks into the seas descend:
- Their merchandise through fearful floods to 'compass and to end.
- 24 Those men are forced to behold the Lord's works what they be:
- And in the dangerous deep the same most marvelous they see.
- 25 For at his word the stormy wind, ariseth in a rage:
- And stirreth up the surges so, as naught can them assuage.
- 26 Then are they lifted up on high, the clouds they seem to gain,
- And plunging down the depth until their souls consume with pain.
- 27 And like a drunkard to and fro, now here, now there they reel:
- As men with fear of wit bereft, or had of fence no feel.
- 28 Then did they cry in their distress, unto the Lord for aide,
- Who did remove their troublous state, according as they prayed.
- 29 For with his word the Lord doth make the sturdy storms to cease:
- So that the great waves from their rage, are brought to rest and peace.
- 30 Then are men glad, when rest is come, which they so much do crave,
- And are by him in haven brought, which they so faine would have.

The fourth part.

- 31 Let men therefore before the Lord, confess his kindness then:
- And show the wonders that he doth before the sons of men.
- 32 Let them in presence of the folk,

with praise extol his name:

- And where the Elders do convent, let them there do the same.
- 33 For running floods to dry deserts he doth oft change and turn,
- And drieth up as it were dust, the springing well and bourn.
- 34 A fruitful land with pleasures decked, full barren doth he make:
- When on their sins that dwell therein, he doth just vengeance take.
- 35 Again, the wilderness full rude, he maketh fruit to dear:
- With pleasant springs of waters clear, though none before were there.
- 36 Wherein such hungry souls are set, as he doth freely choose:
- That they a city may them build to dwell in for their use.
- 37 That they may sow their pleasant land, and vineyards also plant:
- To yield them fruits of such increase, as none may seem to want.
- 38 They multiply exceedingly, the Lord doth bless them so:
- Who doth also their brute beasts make by numbers great to grow.
- 39 But when the faithful are low brought, by the oppressors stout,
- And 'minish do through many plagues, that 'compass them about:
- 40 Then doth he Princes bring to shame, which did them sore oppress:
- And likewise caused them to err within the wilderness.
- 41 But yet the poor he raiseth up out of their troubles deep:
- And oft-times doth his train augment, much like a flock of sheep. The righteous shall behold this sight, and also much rejoice:
- Whereas the wicked and perverse with grief shall stop their voice.
- 43 But who is wise, that now fall well he may these things record?
- For certainly such shall perceive

the kindness of the Lord.

Paratum cor. Ps.108.N.

David with heart and voice praiseth the Lord, and offereth himself of the promise of God concerning his kingdom over Israel, and his power against other nations, who though he seem to forsake us for a time, yet he alone in the end will cast down our enemies.

Sing this as the 95 Psalm.

- O God my heart prepared is, and eke my tongue is so: I will advance my voice in song,
- and giving praise also:

 2 Awake my voice and my harp
- sweet melody to make: And in the morning I myself, right early will awake.
- 3 By me among the people (Lord) still praised shalt thou be:
- And I among the heathen folk, will sing (O Lord) to thee.
- 4 Because thy mercy Lord is great above the heavens high:
- And eke thy truth doth reach the clouds within thy lofty sky.
- 5 Above the starry heavens high, exalt thyself, O God:
- And Lord display upon the earth thy glory all abroad.
- 6 That thy dearly beloved may be set at liberty:
- Help O my God with thy right hand, and hearken unto me.

- 7 God in his holiness hath spoke: (whereof my joys abound.)
- Shechem I will divide, and mete the valley of Succoth ground.
- 8 And Gilead shall be mine own, Manasseh mine shall be:
- My head-strength Ephraim, and Law shall Judah give for me,
- 9 Moab my wash pot, and my shoe on Edom I will throw:
- Upon the land of Philistine, in triumph will I go.
- 10 Who shall into the city strong be guide to conduct me?
- Or how by whom to Edom land, conveyed shall I be?
- 11 It is not thou (O Lord) which late hadst us forsaken quite?
- And thou (O Lord) which with our host didst not go forth to fight:
- 12 Give us (O Lord) thy saving aid, when troubles do assail:
- For all the help of man is vain, and can no whit avail.
- 13 Through God we shall do valiant acts, and worthy of renown:
- He shall subdue our enemies, yea he shall read them down.

Deus, laudem meum. Ps.109.N.

David being falsely accused by Saul's flatterers, prayeth God to help him to destroy his enemies, who represent Judas the traitor unto Jesus Christ, and all like enemies of the children of God.

Sing this as the 98 Psalm.

In speechless silence do not hold, O God thy tongue always:

- O God even thou I say that art the God of all my praise.
- 2 The wicked mouth and guileful lips, on me disclosed be:
- And they with false and lying tongue, have spoken unto me.
- 3 They did beset me round about, with words of hateful spite:
- Without all cause of my dessert, against me they did fight.
- 4 For my good will they were my foes, but then 'gan I to pray:
- My good with ill, my friendliness with hate they did repay.
- 5 Set thou the wicked over him, to have the upper hand:
- At his right hand eke suffer thou, his hateful foe to stand.
- 6 When he is judged, let him then condemned be therein:
- 7 And let the prayer that he makes, be turned into sin.
- 8 Few be his days, his charge also, let thou another take:
- 9 His children let be fatherless, his wife a widow make.
- 10 Let his offsprings be vagabonds, to beg and seek their bread:
- Wandering out of the wonted place, where erst they have been fed.
- 11 Let covetous extortioners catch all his goods and store:
- And let the strangers spoil the fruit of his toil before.
- 12 Let there be none to pity him, let there be none at all:
- That on his children fatherless, will let their mercy fall.

The second part.

- 13 And so let his posterity, forever be destroyed:
- Their names out-blotted in the age, that after shall succeed.
- 14 Let not his father's wickedness, from God remembrance fall:
- And let thou not his mother's sin, be done away at all.
- 15 But in the presence of the Lord, let them remain for aye:
- That from the earth their memory, he may cut clean away.
- 16 Sith mercy he forgate to show, but did pursue with spite:
- The troubled man, and sought to slay the woeful hearted wight.
- 17 As he did cursing love, it shall betide unto him so:
- And as he did not blessing love, it shall be far him fro.
- 18 As he with cursing clad himself, so it like water shall
- Into his bowels, and like oil, into his bones be fall.
- 19 As garment let it be to him, to cover him for aye:
- And as a girdle wherewith he shall girded be alway.
- 20 Lo let the same be from the Lord, the guerdon of my foe:
- Yea and of those that evil speak against my soul also.
- 21 But thou O Lord that art my God, deal thou I say with me:
- After thy name deliver me, for good thy mercies be.
- 22 Because in depth of great distress, I needy am and poor:
- And eke within my pained breast, my heart is wounded sore.

The third part (Ps 109).

- 23 Even so do I depart away, as doth declining shade:
- And as the Grasshopper, so I am shaken off and fade.
- 24 With fasting long from needful food, enfeebled are my knees:
- And all her fatness hath my flesh enforced been to leave.
- 25 And I also a vile reproach to them was made to be:
- And they that did upon me look did shake their heads at me.
- 26 But thou O Lord that art my God, mine aide and succor be:
- According to thy mercy Lord, save and deliver me.
- 27 And they shall know thereby, that this Lord is thy mighty hand:
- And that thou, thou hast done it Lord, so shall they understand.
- 28 Although they curse with spite, yet thou shalt bless with loving voice?
- They shall arise and come to shame, thy servant shall rejoice.
- 29 Let them be clothed all with shame, that enemies are to me:
- And with confusion as a cloak, eke covered let them be.
- 30 But greatly I will with my mouth give thanks unto the Lord:
- And I among the multitude his praise will record.
- 31 For he with help at his right hand, will stand the poor man by,
- To save him from the man that would condemn his soul to die.

Dixit Dominus. Ps.110.N.

David prophecieth of the power and everlasting kingdom of Christ, and the Priesthood, which should put an end to the Priesthood of Levi.

Sing this as the 68 Psalm.

- The Lord did say unto my Lord, sit thou on my right hand,
- 'til I have made thy foes a stone, whereon thy feet shall stand.
- 2 The Lord shall out of Zion send the Scepter of thy might.
- Amid thy mortal foes be thou the ruler in their sight.
- 3 And in the day on which thy reign and power they shall see:
- Then hereby free-will offerings shall the people offer thee.
- Yea, with an holy worshipping, then shall they offer all:
- Thy birth due is the dew that doth from womb of morning fall.
- 4 The Lord hath sworn, and never will repent what he doth say:
- By th'order of Melchizedek thou art a Priest for aye.
- 5 The Lord thy God, on thy right hand that standeth for thy stay:
- Shall wound for thee the stately Kings upon his wrathful day.
- 6 The heathen he shall judge, and fill the place with bodies dead:
- And over diverse countries shall in sunder smite the head.
- 7 And he shall drink out of the brook that runneth in the way:
- Therefore he shall lift up on high his royal head that day.

Confitebor tibi. Ps. 111. N.

He giveth thanks to the Lord for his merciful works toward his Church, and declareth wherein true wisdom and right knowledge consisteth.

With heart I do accord to praise and laud the Lord,

in presence of the just:

- 2 For great his works are found, to search them such are bound, as do him love and trust.
- 3 His works are glorious, also his righteousness it doth endure forever.
- 4 His wondrous works he would, we still remember should, His mercy faileth never.
- 5 Such as to him love bear
 A portion full fair
 he hath up for them laid,
 For this they shall well find,
 He will them have in mind,
 and keep them, as he said,
 6 For he did not disdain
 His works to show them plain,
 by lightnings and by thunders:
 When he the heathen's land
 Did give into their hand
 where they beheld his wonders.
- 7 Of all his works ensueth both judgment, right, and truth, whereto his statutes tend: 8 They are decreed sure For ever to endure, which equity doth end. Redemption he gave, His people for to save: 9 And hath also required His promise not to fail, But always to prevail: his holy name be feared. 10 Who so with heart full faine True wisdom would attain, the Lord fear and obey. Such as his laws do keep Shall knowledge have full deep, his praise shall last for aye.

Beatus vir. Ps.112.W.K.

He praiseth the felicity of them that fear God, and condemneth the cursed estate of the condemners of God. Sing this as the Lord's Prayer.

The man is blest that God doth fear, and that his laws doth love indeed.

- 2 His seed on earth God will uprear, And bless such as from him proceed:
- 3 His house with good he will fulfill, His righteousness endure shall still.
- 4 Unto the righteous doth arise In trouble joy, in darkness light: Compassion is in his eyes, And mercy always in his sight:
- 5 Yea, pity moveth such to lend, He doth by judgment things expend.
- 6 And surely such shall never fail, For in remembrance had is he:
- 7 No tidings ill can make him quail, Who in the Lord sure hope doth see: 8 His heart is firm, his fear is past, For he shall see his foes downcast.
- 9 He did well for the poor provide, His righteousness shall still remain, And his estate with praise abide, Though that the wicked man disdain: 10 Yea, gnash his teeth thereat shall he, And so consume his state to see.

Laudate puer, Ps.113.W.K.

recoiled backwardly.

An exhortation to praise the Lord for his providence, in that contrary to the course of nature he worketh in his Church.

Ye children which do serve the Lord, praise ye his name with one accord,

- 2 yea, blessed be always his name:
- Who from the rising of the Sun, 'til it return where it begun, is to be praised with great fame.
- 4 The Lord all people doth surmount:
- As for his glory we may count, above the heavens high to be,
- 5 With God the Lord who may compare, whose dwelling in the heavens are? of such great power and force is he.
- 6 He doth abase himself we know Things to behold doth hear below, and also in heaven above.
- 7 The needy out of dust to draw, And eke the poor which help none saw, his only mercy did him move.
- 8 And so him set in high degree With princes of great dignity, that rule his people with great fame.
- 9 The barren he doth make to bear, And with great joy her fruit to rear: therefore praise ye his holy name.

In exitu Israel. Ps.114.W.W.

Israel's delivery out of Egypt, putteth them in remembrance of God's great mercies towards his children, and of our unthankfulness for the same.

Sing this as the 85 Psalm.

When Israel by God's address, from Pharaoh's land was bent: And Jacob's house the strangers left,

- And Jacob's house the strangers left, and in the same train went.
- 2 In Judah God his glory showed his holiness most bright:
- So did the Israelites declare his kingdom, power, and might.
- 3 The sea it saw, and suddenly as all amazed did flee:
 The roaring streams of Jordan's flood

4 As rams afraid the mountains skipped, their strength did them forsake:
And as the silly trembling Lambs,

And as the silly trembling Lambs their tops did beat and shake.

- 5 What ailed the sea as all amazed, so suddenly to flee?
- Ye rolling waves of Jordan's flood, why ran ye backwardly.
- 6 Why shook ye hills as Rams afraid, why did your strength so shake?
- Why did your tops as trembling lambs, for fear quiver and quake?
- 7 O Earth confess thy sovereign Lord, and dread his mighty hand:
- Before the face of Jacob's God, fear ve both sea and land.
- 8 I mean the God which from hard rocks doth cause main floods appear:

And from the stony flint doth make, gush out the fountain clear.

Non nobis domine. Ps.115.N.

The faithful oppressed by Idolatrous tyrants, promise that they will not be unmindful of so great a benefit, if it would please God to hear their prayer and deliver them by his omnipotent power.

Sing this as the 68 Psalm.

Not unto us, Lord, not unto us, but to thy name give praise:

- 2 Both for the mercy and the truth, that are in thee always.
- Why shall the heathen scorners say, where is their God become?
- 3 Our God in heaven is, and what he will, that hath he done.
- 4 Their idols silver are and gold, work of men's hands they be:
- 5 They have a mouth and do not speak and eyes and do not see.
- 6 And they have ears joined to their heads, and do not hear at all:
- And noses eke they formed have, and do not smell withal.
- 7 And hands they have and handle not, and feet and do not go:
- 8 A throat they have, yet through the same, they make no sound to blow.
- Those that make them be like to them, and those whose trust they be:
- 9 O Israel trust in the Lord, their help and shield is he.
- 10 O Aaron's house trust in the Lord, their help and shield is he:
- 11 Trust ye the Lord that fear the Lord, their help and shield is he.
- 12 The Lord hath mindful been of us, and will bless us also:
- On Israel and Aaron's house his blessing he will show.

- 13 Them that be fearers of the Lord, the Lord will bless them all:
- Even he will bless them everyone, the great and eke the small.
- 14 To you (I say) the living Lord, will multiply his grace:
- To you and to the children that shall follow of your race.
- 15 Ye are the blessed of the Lord, even of the Lord I say:
- Which both the heaven and the earth hath made and set in stay.
- 16 The heavens, yea, the heavens high belong unto the Lord:
- The earth unto the sons of men he gave of free accord.
- 17 They that be dead do not with praise set forth the Lord's renown:
- Nor any that into the place of silence do go down.
- 18 But we will praise the Lord our God from henceforth and for aye:
- Sound ye the praises of the Lord, praise ye the Lord I say.

Dilexi quoniam. Ps.116.N.

David being in great danger of Saul in the desert of Maon, perceiving the great and inestimable love of God towards him, magnifieth such great mercies, and protesteth that he will be thankful for the same.

Sing this as the 111 Psalm.

- I love the Lord, because my voice and prayer heard hath he:
- 2 When in my days I called on him, he bowed his ear to me.
- 3 Even when the snares of cruel death about beset me round:
- When pains of hell me caught and when I woe and sorrow found.
- 4 Upon the name of God the Lord, then did I call and say:
- Deliver thou my soul O Lord, I do thee humbly pray.
- 5 The Lord is very merciful, and just he is also:
- And in our God compassion doth plentifully flow.
- 6 The Lord in safety doth preserve all those that simple be:
- I was in woeful misery and he relived me.
- 7 And now my soul, sith thou art safe return unto thy rest:
- For largely lo the Lord to thee his bounty hath expressed.
- 8 Because thou hast delivered my soul from deadly thrall:
- My moistened eyes from mournful tears, my sliding feet from fall.
- 9 Before the Lord I in the land of life will walk therefore:
- 10 I did believe, therefore I spake, for I was troubled sore.

The second part.

- 11 I said in my distress and fear, that all men liars be:
- 12 What shall I pay the Lord for all his benefits to me?
- 13 The wholesome cup of saving health I thankfully will take:
- And on the Lord's name I will call when I my prayer make.
- 14 I to the Lord will pay the vows, that I have him behight:
- Yea, even at this present time, in all his peoples sight,
- 15 Right dear and precious in his sight the Lord doth aye esteem
- The death of all his holy ones, whatever men do deem.
- 16 Thy servant Lord, thy servant lo I do myself confess:
- Son of thy handmaid, thou hast broke the bonds of my distress.
- 17 And I will offer up to thee a sacrifice of praise,
- And I will call upon the name of God the Lord always.
- 18 I to the Lord will pay the vows, that I have him behight:
- Yea, even at this present time, in all his people's sight.
- 19 Yea, in the courts of God's own house, and in the midst of thee,
- O thou Jerusalem, I say: wherefore the Lord praise ye.

Laudate Dom. Ps.117.N.

He exhorteth the Gentiles to praise God, because he hath accomplished as well to them, as to the Jews, the promise of life everlasting by Jesus Christ.

Sing this as the 98 Psalm.

- O all ye nations of the world, praise ye the Lord always, And all ye people everywhere,
- set forth his noble praise.
- 2 For great his kindness is to us, his truth endures for aye:

Wherefore praise ye the Lord our God, praise ye the Lord I say.

Confitemini. Dom. Ps.118.N.

David rejected of Saul and of the people, at the time appointed obtained the kingdom, for the which he biddeth all them that fear the Lord to be thankful, under whose person Christ is lively set forth, who should be of his people rejected.

Sing this as the 84 Psalm.

- O give ye thanks unto the Lord, for gracious is he:
- Because his mercy doth endure forever towards thee.
- 2 Let Israel confess and say, his mercy 'dures for aye,
- Now let the house of Aaron say: his mercy 'dures for aye.
- 4 Let all that fear the Lord our God even now confess and say:
- The mercy of the Lord our God, endureth still for aye.
- 5 In trouble and in heaviness unto the Lord I cried:
- Which lovingly heard me at large, my suite was not denied.
- 6 The Lord himself is on my side: I will not stand in doubt,
- Nor fear what man can do to me, when God stands me about.
- 7 The Lord doth take my part with them that help to succor me:
- Therefore I shall see my desire, upon mine enemy.
- 8 Better it is to trust in God, then in man's mortal seed:
- Or to put confidence in Kings, or princes in our need.
- All nations have enclosed me, and 'compassed me round.
- 10 But in the name of God shall I mine enemies confound.
- 11 They kept me in on every side, they kept me in I say:
- But through the Lord's most mighty name I shall work their decay.
- 12 They came about me all like Bees, but yet in the Lord's name
- I quenched the thorns that were on fire and will destroy the same.

The second part.

- 13 Thou hast with force thrust sore at me that I indeed might fall:
- But through the Lord I found such help that they were vanquished all.
- 14 The Lord is my defense and strength, my joy, my mirth, and song:
- He is become for me indeed a Savior most strong.
- 15 The right hand of the Lord our God doth bring to pass great things:
- He causeth voice of joy and health in righteous men's dwellings.
- 16 The right hand of the Lord doth bring most mighty things to pass:
- His hand hath the preeminence, his force is as it was.
- 17 I will not die, but ever live to utter and declare
- The Lord his might and wondrous power his works, and what they are.
- 18 The Lord himself hath chastened, and hath corrected me:
- But hath not given me over yet to death, as ye may see.
- 19 Set open unto me the gates of truth and righteousness:
- that I may enter into them,
 The Lord's praise to confess.
- 20 This is the gate even of the Lord, which shall not so be shut,
- But good and righteous men alway shall enter into it.

The third part (Ps 118).

- 21 I will give thanks to thee, O Lord, because thou hast heard me:
- And art become most lovingly a Savior unto me.
- 22 The stone which ere this time among the builders was refused:
- Is now become the cornerstone, and chiefly to be used.
- 23 This was the mighty work of God, this was the Lord own fact:
- And it is marvelous to behold with eyes that noble act.
- 24 This is the joyful day indeed, which God himself hath wrought:
- Let us be glad and joy therein, in heart, in mind, and thought,
- 25 Now help us Lord and prosper us, we wish with one accord:
- 26 Blessed be he that come to us, in the name of the Lord.
- 27 God is the Lord that showeth us light bind ye therefore with cord
- Your sacrifice to the Altar, and give thanks to the Lord.
- 28 Thou art my God, I will confess, and render thanks to thee:
- Thou art my God, and I will praise thy mercy towards me.
- 29 O give ye thanks unto the Lord, for gracious is he:
- Because his mercy doth endure forever towards me.

Beati immaculate. Ps.119.W.W.

The Prophet wonderfully commendeth God's Law, wherein he cannot satisfy himself, nor express sufficiently his affections, thereunto adding notable complaints and consolations, mete for the faithful to have both in heart and voice: and in Hebrew every eight verses begin with an letter of the Alphabet.

- Blessed are they that perfect are, and pure in mind and heart:
- Whose lives and conversation, from God's Laws never start.
- 2 Blessed are they that give themselves his statutes to observe:
- Seeking the Lord with all their heart: and never from him swerve.
- 3 Doubtless such men go not astray, nor do no wicked thing:
- Which steadfastly walk in his paths without any wandering.
- 4 It is thy will and commandments, that with attentive heed,
- Thy noble and divine precepts we learn and keep indeed,
- 5 O would to God it might thee please my ways so to address:
- That I might both in heart and voice thy laws keep and confess.
- 6 So should no shame my life attain, whilst I thus set mine eyes:
- And bend my mind always to muse on thy sacred decrees.
- 7 Then will I praise with upright heart, and magnify thy name.
- When I shall learn thy judgments just, and likewise prove the same.
- 8 And wholly will I give myself, to keep thy laws most right:
- Forsake me not forever Lord but show thy grace and might.

BETH. The second part.

- 9 By what means may a young man best, his life learn to amend?
- If that he mark and keep thy word, and therein his time spend.
- 10 Unfainedly I have thee sought, and thus seeking abide:
- O never suffer me O Lord, from thy precepts to slide.
- 11 Within my heart and secret thoughts, thy words I have hid still,
- That I might not at any time, offend thy godly will;
- 12 We magnify thy name O Lord, and praise thee evermore:
- Thy statutes of most worthy fame, O Lord teach me therefore.
- 13 My lips have never ceased to preach, and publish day and night:
- The judgments all which did proceed, from thy mouth full of might.
- 14 Thy testimonies and thy ways, please me no less indeed:
- Than all the treasures of the earth, which worldlings make their meed.
- 15 Of thy precepts still will I muse, and there to frame my talk:
- As at a mark so will I aim, thy ways how I may walk.
- 16 My only joy shall be so fixed, and on thy laws so set:
- That nothing can me so far blind, that I thy words forget.

GIMEL. The third part.

- 17 Grant to thy servant now such grace, as may my life prolong:
- Thy holy word then will I keep, both in my heart and tongue.
- 18 Mine eyes which were dim and shut up so open and make bright:
- That of thy law and marvelous works, I may have the clear sight.
- 19 I am a stranger in this earth, wandering now here now there:
- Thy word therefore to me disclose, my footsteps for to clear.
- 20 My soul is ravished with desire, and never is at rest:
- But seeks to know thy judgments just, and what may please thee best.
- 21 The proud men and malicious thou hast destroyed each one,
- And cursed are such as do not thy 'hests attend upon.
- 22 Lord turn from me rebuke and shame, which wicked men conspire:
- For I have kept thy covenants, with zeal as hot as fire.
- 23 The Princes great in counsel sate, and did against me speak:
- But then thy servant thought how he thy statutes might not break.
- 24 For why? thy covenants are my joy, and my heart's great solace:
- They serve instead of counselors, my matters for to pass.

DALETH. The fourth part.

- 25 I am alas as brought to grave, and almost turned to dust,
- Restore therefore my life again, as thy promise is just.
- 26 My ways when I acknowledged, with mercy thou didst hear:
- Hear now est-soons and me instruct, thy laws to love and fear.
- 27 Teach me once thoroughly for to know, thy precepts and thy lore:
- Thy works then will I meditate, and lay them up in store.
- 28 My soul I feed so sore oppressed, that it melteth for grief:
- According to thy word therefore, hast Lord to send relief.
- 29 From lying and deceitful lips, let thy grace me defend:
- And that I may learn thee to love, thy holy law me send.
- 30 The way of truth both straight and sure, I have chosen and found:
- I set thy judgments me before, which keep me safe and sound.
- 31 Since then O God, I forced myself, thy covenant to embrace:
- Let me therefore have no rebuke, nor cheek in any case.
- 32 Then will I turn with joyful cheer, where thy word doth me call,
- When thou hast set my hearth at large, and rid me out of thrall.

HE. The fifth part.

- 33 Instruct me Lord in the right trade, of thy statutes divine,
- And it to keep even to the end, my heart will I incline:
- 34 Grant me the knowledge of thy law, and I shall it obey:
- With heart and mind, and all my might, I will it keep I say.
- 35 In the right paths of thy precepts, guide me Lord I require:
- None other pleasure do I wish, nor greater thing desire.
- 36 Incline my heart thy laws to keep, and covenants to embrace:
- And from all filthy avarice, Lord shield me with thy grace.
- 37 From vain desires and worldly lusts turn back mine eyes and sight,
- Give me the spirit of life and power, to walk thy ways aright.
- 38 Confirm thy gracious promise Lord, which thou hast made to me:
- Which am thy servant, and do love, and fear nothing but thee.
- 39 Reproach and shame which I so fear, from me, O Lord expel:
- For thou dost judge with equity, and therein dost excel.
- 40 Behold my hearts desire is bent, thy laws to keep for aye:
- Lord strengthen me so with thy grace, that it perform I may.

VAV. The sixth part.

- 41 Thy mercies great and manifold, let me obtain (O Lord)
- Thy saving health let me enjoy, according to thy word.
- 42 So shall I stop the slanderous mouths, of lewd men and unjust:
- For in thy faithful promises, stands my comfort and trust.
- 43 The word of truth within my mouth, let ever still be pressed:
- For in thy judgments wonderful, my hope doth stand and rest.
- 44 And whilst that breath within my breast, doth natural life preserve:
- Yea 'til this world shall be dissolved, thy law will I observe.
- 45 So walk will I as set at large, and made free from all dread:
- Because I sought how for to keep, thy precepts and thy read.
- 46 Thy noble acts I will describe, as things of most great fame:
- Even before Kings I will them blaze, and shrink no whit for shame.
- 47 I will rejoice then to obey, thy worthy hefts and will,
- Which evermore I have loved best, and so will love them still.
- 48 My hands will I lift to thy laws, which I have dearly sought:
- And practice thy commandments, in will, in deed, in thought.

ZAIN. The seventh part.

- 49 Thy promise which thou made'st to me, thy servant, Lord remember,
- For therein have I put my trust, and confidence forever.
- 50 It is my comfort and my joy, when troubles me assail:
- For were my life not by thy word, my life would soon me fail.
- 51 The proud and such as God condemn, still made of me a scorn:
- Yet would I not thy Law forsake, as he that was forlorn.
- 52 But called to mind Lord thy great works, showed to our fathers old:
- Whereby I feel my joys surmount my grief an hundred fold.
- 53 But yet alas for fear I quake, seeing how wicked men,
- Thy law forsook, and did procure thy judgments, who knoweth when?
- 54 And as for me I framed my songs thy statutes to exalt.
- When I among the strangers dwelt, and thoughts 'gan me assault.
- 55 I thought upon thy name O Lord, by night when others sleep,
- As for thy law also I kept, and ever will it keep.
- 56 This grace I did obtain, because thy covenants sweet and dear:
- I did embrace and also keep, with reverence with fear.

HETH. The eighth part.

- 57 O God which art my part and lot, my comfort and my stay:
- I have decreed and promised, thy law to keep alway.
- 58 Mine earnest heart doth humbly sue, in presence of thy face:
- As thou therefore hast promised, Lord grant me of thy grace.
- 59 My life I have examined, and tried my secret heart:
- Which to thy statutes caused me my feet straight to convert.
- 60 I did not stay, nor linger long, as they that slothful are:
- But hastily the laws to keep, I did myself prepare.
- 61 The cruel hands of wicked men, have made of me their prey:
- Yet would I not thy law forget, nor from thee go astray.
- 62 Thy righteous judgments showed toward me,
- so great are and so high, That even at midnight will I rise, thy name to magnify.
- 63 Companion am I to all them, which fear thee in their heart:
- And neither will for fear nor dread, from thy commandments start.
- 64 Thy mercies Lord most plenteously do all the world fulfill:
- O teach me how I may obey, thy statutes and thy will.

TETH. The ninth part.

- 65 According to thy promise Lord, so hast thou with me dealt:
- For of thy grace in sundry sorts, have I thy servant felt.
- 66 Teach me always to judge aright, and give me knowledge sure:
- For certainly believe I do, that thy precepts are pure.
- 67 Ere thou didst touch me with thy rod, I erred and went astray:
- But now I keep thy holy word, and make it all my stay.
- 68 Thou art both good and gracious, and giv'st most liberally:
- Thy ordinances how to keep, therefore (O Lord) teach me.
- 69 The proud and wicked men have forged against me many a lie:
- Yet thy commandments still observe, with all my heart will I.
- 70 Their hearts are swollen with worldly wealth

as grease so are they fat, But in thy Law do I delight, and nothing seek but that.

- 71 O happy time may I well say when thou didst me correct:
- For as a guide to learn thy Laws, thy rod did me direct.
- 72 So that to me thy word and Law is dearer manifold,
- Then thousands great of silver and gold, or ought that can be told.

YODH. The tenth part.

- 73 Seeing thy hands have made me Lord to be thy creature:
- Grant knowledge likewise how to learn to put thy Laws in ure.
- 74 So they that fear thee shall rejoice, when ever they me see:
- Because I have learned by thy word, to put my trust in thee.
- 75 When with thy rod the world is plagued, I know the cause is just:
- So when thou dost correct me Lord, the cause just needs be must.
- 76 Now of thy goodness I thee pray some comfort to me send:
- As thou to me thy servant heit'st, so from all ill me shend.
- 77 Thy tender mercies pour on me, and I shall surely live:
- For joy and consolation both thy laws to me do give.
- 78 Confound the proud: whose false pretence is me for to destroy:
- But as for me thy hefts to know I will myself employ.
- 79 Who so with reverence do thee fear, to me let them retire,
- And such as do thy covenants know, and them alone desire.
- 80 My heart without all wavering let on thy laws be bent:
- That no confusion come to me, whereby I should be shent.

KAPH. The eleventh part.

- 81 My soul doth faint, and ceaseth not thy saving health to crave:
- And for thy word's sake still I trust my heart's desire to have.
- 82 Mine eyes do fail with looking for thy word, and thus I say:
- Oh when wilt thou me comfort Lord, why dost thou thus delay?
- 83 As a skin bottle in the smoke, so am I parch and dried:
- Yet will I not out of my heart let thy commandments slide.
- 84 Alas how long shall I yet live, before I see the hour:
- That on my foes which me torment thy vengeance thou wilt pour?
- 85 Presumptuous men have digged pits, thinking to make me sure:
- Thus contrary against thy Law my hurt they do procure.
- 86 But thy commandments are all true, and causeless they me grieve,
- To thee therefore I do complain, that thou mightst me relieve.
- 87 Almost they had me clean destroyed, and brought me quite to ground: yet by thy statute I abode,
- and therein succor found.
- 88 Restore me Lord again to life, for thy mercies excel:
- And so shall I thy covenant keep, 'til death my life expel.

LAMEDH. The twelfth part.

- 89 In heaven Lord where thou dost dwell, thy word is 'stablished sure:
- And shall for all eternity, fast graven there endure.
- 90 From age to age thy truth abides, as doth the earth witness:
- Whose groundwork thou hast laid so sure, as no tongue can express.
- 91 Even to this day we may well see, how all things persevere
- According to thy ordinance, for all things thee revere.
- 92 Had it not been that in thy Law my soul had comfort sought:
- Long time ere now in my distress, I had been brought to naught.
- 93 Therefore will I thy precepts aye, in memory keep fast:
- By them thou hast my life restored, when I was at last cast.
- 94 No wight to me can title make, for I am only thine:
- Save me therefore for to thy Laws mine ears and heart incline.
- 95 The wicked men do seek my bane, and thereto lie in wait:
- But I the while considered, thy noble acts and great.
- 96 I see nothing in this wide world, at length which hath not end:
- But thy commandment and thy word, beyond all end extend.

MEM. The thirteenth part.

- 97 What great desire and fervent love, do I bear to thy Law?
- All the day long my whole devise, is only on thy saw.
- 98 Thy word hath taught me far to pass my foes in policy:
- For still I keep it as a thing of most excellency.
- 99 My teachers which did me instruct, in knowledge I excel:
- Because I do thy covenants keep, and them to others tell.
- 100 In wisdom I do pass also the ancient men indeed:
- And all because to keep thy Laws, I held it aye best read.
- 101 My feet I have refrained eke from every evil way:
- Because that I continually thy word might keep, I say.
- 102 I have not swerved from thy judgments, nor yet shrunk any deal:
- For why? thou hast me taught thereby to live godly and well.
- 103 O Lord how sweet unto my taste find I thy words alway?
- Doubtless no honey in my mouth feel ought so sweet I may.
- 104 Thy laws have me such wisdom learned that utterly I hate
- All wicked and ungodly ways, in every kind of rate.

NUN. The fourteenth part.

- 105 Even as a lantern to my feet, so doth thy word shine bright:
- And to my paths where ere I go it is a flaming light.
- 106 I have both sworn, and will perform most certainly doubtless:
- That I will keep thy judgments just, and them in life express.
- 107 Affliction hath me sore oppressed, and brought me to death's door:
- O Lord as thou hast promised, so me to life restore.
- 108 The offerings which with heart and voice most frankly I thee give,
- Accept, and teach me how I may after thy judgments live.
- 109 My soul is aye so in my hand, that dangers me assail:
- Yet do I not thy Law forget, nor it to keep will fail.
- 110 Although the wicked laid their nets, to catch me at a bay:
- Yet did I not from thy precepts, once swerve, or go astray.
- 111 Thy Law I have so claimed alway, as mine own heritage:
- And why? for therein I delight, and set my whole courage.
- 112 Forevermore I have been bent thy statutes to fulfill:
- Even so likewise unto the end, I will continue still.

SAMEKH. The fifteenth part.

- 113 The crafty thoughts and double hearts, I do always detest:
- But as for thy Laws and precepts I loved them ever best.
- 114 Thou art my hid and secret place, my shield and strong defense:
- Therefore I have thy promises, looked for with patience.
- 115 Go to therefore ye wicked men, depart from me anon:
- For the Commandments will I keep of God my Lord alone.
- 116 As thou hast promised, so perform, that death me not assail:
- Nor let my hope abuse me so, that through distrust I quail.
- 117 Uphold me, and I shall be safe, for ought they do or say:
- And in thy statutes pleasure take will I both night and day.
- 118 Thou hast trod such under thy feet, as do thy statutes break:
- For naught avails their subtlety, their counsel is but weak.
- 119 Like dross thou casts the wicked out, where ere they go or dwell:
- Therefore can I as thy statutes, love nothing half so well.
- 120 My flesh alas is taken with fear, as though it were benumbed:
- For when I see thy judgments straight I am as one aston'ed.

AYIN. The sixteenth part.

- 121 I do the thing that lawful is, and give to all men right:
- Resign me not to them that would oppress me with their might.
- 122 But for thy servant surety be in that thing that is good:
- The proud men give me not the soil, which rage as they were wood.
- 123 Mine eyes with waiting are now blind, thy health so much I crave:
- And eke thy righteous promise Lord, whereby thou wilt me save.
- 124 Entreat thy servant lovingly, and favor to him show:
- Thy statutes of most excellency, teach me also to know.
- 125 Thy humble servant Lord I am, grant me to understand:
- How by thy statutes I may know best what to take in hand.
- 126 It is now time Lord to begin, for truth is quite decayed:
- Thy Law likewise they have transgressed, and none against them said.
- 127 This is the cause wherefore I love thy Laws better than gold:
- Or Jewels fine, which are esteemed must costly to be sold:
- 128 I thought my precepts all most just, and so them laid in store:
- All crafty and malicious ways I do abhor therefore.

PE. The seventeenth part.

- 129 Thy covenants are most wonderful, and full of things profound:
- My soul therefore doth keep them sure, when they are tried and sound.
- 130 When men first enter into thy word, they find a light most clear:
- And very Idiots understand, when they it read or hear.
- 131 For joy I have both gaped and breathed to know thy commandment:
- That I might guide my life thereby, I sought what thing it meant.
- 132 With mercy and compassion Lord behold me from above:
- As thou art wont to behold such as thy name fear and love.
- 133 Direct my footsteps by thy word, that I thy will may know:
- And never let iniquity thy servant overthrow.
- 134 From slanderous tongues and deadly hate preserve and keep me sure:
- Thy precepts then will I observe, and put them eke in ure.
- 135 Thy countenance which doth surmount the Sun in his bright hue:
- Let shine on me, and by thy Law, teach me what to eschew.
- 136 Out of mine eyes great floods gush out, of dreary tears and fell:
- When I behold how wicked men, thy laws keep never a dell.

TSADHE. The eighteenth part.

- 137 In every point Lord thou art just, the wicked though they grudge:
- And when thou dost sentence pronounce, thou art a righteous Judge.
- 138 To render right and fly from guile, are two chief points most high:
- And such as thou hast in thy law, commanded us straightly.
- 139 With zeal and wrath I am consumed, and even pined away:
- To see my foes thy word forget, for ought that I do may.
- 140 So pure and perfect is thy word, as any heart can deem:
- And I thy servant nothing more, do love or yet esteem.
- 141 And though I be nothing set by, as one of base degree:
- Yet do I not thy hefts forget, nor shrink away from thee.
- 142 Thy righteousness Lord is most just: for ever to endure:
- Also thy law is truth itself, most constant and most pure.
- 143 Trouble and grief have seized on me, and brought me wondrous low:
- Yet do I still of thy precepts, delight to hear and know.
- 144 The righteousness of thy judgments, doth last forevermore:
- Then teach thou me, for even in them my life lieth up in store.

QOPH. The nineteenth part.

- 145 With fervent heart I called and cried, now answer me O Lord:
- That thy commandments to observe, I may fully accord.
- 146 To thee my God I make my suite, with most humble request:
- Save me therefore, and I will keep thy precepts and thy hest.
- 147 To thee I cry even in the morn, before the day wax light:
- Because that I have in thy word, my confidence wholly plight.
- 148 Mine eyes prevent the watch by night and ere they call I wake:
- That by devising on they word, I might some comfort take.
- 149 Incline thine ears to hear my voice, and pity on me take:
- As thou wast wont, so judge me Lord, least life should me forsake.
- 150 My foes draw near, and do procure my death maliciously:
- Which from thy law are far gone back, and strayed from it lewdly.
- 151 Therefore O Lord, approach thou near for need doth so require:
- And all thy precepts true they are, than help I thee desire.
- 152 But thy commandments I have learned not now, but long ago:
- That they remain forevermore, thou hast them grounded so.

RESH. The twentieth part.

- 153 My trouble and affliction, consider and behold:
- Deliver me, for of thy law, I ever take fast hold.
- 154 Defend my good and righteous cause, with speed me succor send:
- From death as thou hast promised, Lord keep me and defend.
- 155 As for the wicked far they are, for having health and grace:
- Whereby they might thy statutes know, they enter not the trace.
- 156 Great are thy mercies Lord I grant, what tongue can them attain?
- And as thou hast me judged ere now, so let me life obtain.
- 157 Though many men did trouble me, and persecute me sore:
- Yet from thy laws I never shrunk, nor went away therefore.
- 158 And truth it is for grief I die, when I these traitors see:
- Because they keep no whit thy word, nor yet seek to know thee.
- 159 Behold, for I do love thy laws, with heart most glad and faine:
- As thou art good and gracious Lord, restore my life again.
- 160 What thy word doth decree, must be, and so it hath been ever:
- Thy righteous judgments are also, most true and decay never.

SHIN. The twenty-first part.

- 161 Princes have sought by cruelty, causeless to make me couch,
- But all in vain, for of thy word, the fear did my heart touch.
- 162 And certainly even of thy word, I was more merry and glad,
- Than he that of rich spoils and preys, great store and plenty had.
- 163 And for all lies and falsity, I hate most and detest:
- For why thy holy laws do I, above all things love best.
- 164 Seven times a day I praise the Lord, singing with heart and voice:
- Thy righteous acts and wonderful, to cause me to rejoice.
- 165 Great peace and rest shall all such have as do thy statutes love:
- No danger shall their quiet state impair or once remove.
- 166 Mine only health and comfort Lord, I look for at thy hand:
- And therefore have I done those things, which thou didst me command.
- 167 Thy laws have been my exercise, which my soul most desired:
- So much to them my love was bent, that naught else I required.
- 168 Thy statutes and commandments I keep, thou knowest aright:
- For all the things that I have done, are present in thy sight.

TAV. The twenty-second part.

- 169 O Lord let my complaint and cry, before thy face appear,
- And as thou hast me promise made, so teach me thee to fear.
- 170 Mine humble supplication, toward thee let find access:
- And grant me Lord deliverance, for so is thy promise.
- 171 Then shall my lips thy praises speak, after most ample sort:
- When thou thy statutes hast me taught, wherein stands my comfort.
- 172 My tongue shall sing and preach thy word,
 - and on this wise say shall:
- God's famous acts and noble laws, are just and perfect all.
- 173 Stretch out thy hand I thee beseech, and speedily me save:
- For thy commandments to observe, chosen O Lord I have.
- 174 Of thee alone Lord I crave health, for other I know none:
- And in thy law and nothing else, I do delight alone.
- 175 Grant me therefore long days to live, thy name to magnify:
- And of thy judgments merciful, let me thy favor try;
- 176 For I was lost and went astray, much like a wandering sheep.
- Oh seek me, for I have not failed, thy commandments to keep.

Ad Dominum. Ps.120.T.S.

David being banished among the barbarous Arabians through false reports of envious flatterers, lamenteth his long abode among such infidels, given to all kind of wickedness and contention.

In trouble and in thrall, unto the Lord I call, and he doth me comfort:

- 2 Deliver me, I say, from liar's lips alway, and tongues of false report.
- 4 What vantage or what thing, Getst thou thus for to sting, thou false and flattering liar?
- 5 Thy tongue doth hurt I wean, No less than arrows keen of hot consuming fire.
- 6 Alas too long I slake,
 Within these tents so black,
 Which Kedars are by name,
 By whom the flock elect,
 And all of Isaac's sect
 Are put to open shame.
- 7 With them that peace did hate, I came a peace to make, and set a quiet life:
- 8 But when my tale was told, Causeless I was controlled, by them that would have strife.

Leuaui occulos. Ps.121.W.W.

The Prophet showeth by his own example, that the faithful ought to look for all their succor of God alone, who will govern and give good success to all their godly enterprises.

- I lift mine eyes to Zion hill, from whence I do attend, that succor God me send:
- 2 The mighty God me succor will, which heaven and earth framed, and all things therein named.
- 3 Thy foot from slip he will preserve, And will thee safely keep: For he will never sleep.
- Lo, he that doth Israel conserve, No sleep at all can him catch, But his eyes do ever watch.
- 5 The Lord is thy warrant alway, The Lord eke doth thee cover, As at thy right hand ever.
- 6 The Sun shall not thee parch by day, Nor the Moon not half so bright,

Shall with cold thee hurt by night.

- 7 The Lord will keep thee from distress, And will thy life sure save, And thou also shalt have,
- 8 In all thy business good success, Wherever thou goest in or out, God will thy things bring about.

Laetatus sum. Ps.122.W.K.

David rejoiceth that God accomplished his promise and placed his Ark in Zion, giving thanks, and praying for the prosperity of the Church.

I did in heart rejoice to hear the people's voice, in offering so willingly,

For let us up say they, and in the Lord's house pray, thus spake the folk full lovingly:

- 2 Our feet that wandered wide, shall in thy gates abide,
- 3 O thou Jerusalem full fair, which art so seemly set, much like a City neat.

the like whereof is not elsewhere.

4 The tribes with one accord, the tribes of God the Lord, are thither bent their way to take:

So God before did tell,

That there his Israel,

their prayers should together make.

5 For there are thrones erect,and that for this respect:to set forth justice orderly:Which thrones right to maintain,

To David's house pertain, his folk to judge accordingly.

- 6 To pray let us not cease, for Jerusalem's peace, thy friends God prosper mightily,
- 7 Peace be thy walls about, And prosper thee throughout, thy place eke continually.
- 8 I wish thy prosperous state, for my poor brethren's sake: that comfort have by means of thee, God's house doth me allure, Thy wealth for to procure:

so much always as lies in me.

Ad te Leuaui. Ps.123.T.S.

A prayer of the faithful, which are afflicted by the wicked worldlings, and condemners of God.

Sing this as the 137 Psalm.

O Lord that heaven dost possess, I lift mine eyes to thee:

Even as the servant lifteth his, his master's hands to see.

- 2 As handmaids watch their mistress' hands some grace for to achieve:
- So we behold the Lord our God, 'til he do us forgive.
- 3 Lord grant us thy compassion, and mercy in thy sight:

For we are filled and overcome with hatred and despite.

- 4 Our minds be stuffed with great rebuke, the rich and worldly wise,
- Do make of us their mocking flocks the proud do us despise.

Nisi quia Do. Ps.124.W.W.

The faithful delivered out of great danger, acknowledge not to have escaped by their own power, but through the favor of God.

Now Israel may say, and that truly, if that the Lord had not our cause maintained,

if that the Lord had not our right sustained,

- When all the world against us furiously, made their uproars, and said, we should all die.
- 3 Now long ago, they had devoured us all, And swallowed quick, for ought that we could deem, Such was their rage, as we might well esteem:
- 4 And as the floods with mighty force do fall: So had they now
- our lives even brought to thrall.The raging streams,

5 The raging streams, most proud in roaring noise: Had long ago,

- overwhelmed us in the deep,
- 6 But loved be God,
 which doth us safely keep:
 From bloody teeth,
 and their cruel voice,
 Which as a prey,
 to eat us would rejoice.
- 7 Even as a bird, out of the fowler's grin, Escaped away,

right so it fareth with us:

Broke are their nets, and we escaped thus.

8 God that made heaven and earth is our help then:

His name hath saved us, even from these wicked men.

Qui confidunt, Ps.125.W.K.

He describeth the assurance of the faithful in their afflictions, and desireth their wealth, and the destruction of the wicked.

Such as in God the Lord do trust, as mount Zion shall firmly stand, and be removed at no hand, the Lord will count them right and just, so that they shall be sure, for to endure.

- 2 As mighty mountains huge and great,
 Jerusalem about do close:
 So will the Lord be unto those,
 Who on his godly will do wait,
 Such are to him so dear,
 They never need to fear.
- 3 For though the righteous try doth he, By making wicked men his rod. Least they through grief forsake their God, It shall not as their lot still be.
- 4 Give Lord to those thine light, Whose hearts are true and right.
- 5 But as for such as turn side, By crooked ways which they out sought: The Lord will surely bring to naught, With works most vile they shall abide,

But peace with Israel Forevermore shall dwell.

Another of the same by R.W.

Sing this as the 10 Commandments.

Those that do put their confidence
Upon the Lord our God only:
And fly to him for their defense,
In all their need and misery.
Their faith is sure firm to endure,
Grounded on Christ the cornerstone,
Moved with none ill but standeth still,
Steadfast, like the mount Zion.

And as about Jerusalem,
The mighty hills do it 'compass:
So that no enemies come to them,
To hurt that town in any case,
So God indeed, in every need,
his faithful people doth defend:
Standing them by, assuredly,

From this time forth world without end.

Right wise and good is our Lord God,
And will not suffer certainly:
The sinner's and ungodly's rod,
To tarry upon his family,
Least they also from God should go
Falling to sin and wickedness;
O Lord defend world without end,
Thy Christian flock through thy goodness.

O Lord do good to Christians all,
That steadfast in thy word abide:
Such as willing from God fall,
And to false doctrine daily slide.
Such will the Lord scatter abroad,
With hypocrites thrown down to hell,
God will them send pains without end,
But Lord grant peace to Israel.

Glory to God the Father of might, And to his son our Savior, And to the holy Ghost, whose light Shine in our hearts and us succor.

That the right way from day to day, We may walk and him glorify: With heart's desire all that are here, Worship the Lord and say, Amen.

In convertendo. Ps.126.N.

This Psalm was made after the return of the people from Babylon, and showeth that the means of their deliverance was wonderful, after the seventy years of captivity, forespoken by Jer. 23:12 and 29:10.

When that the Lord again his Zion had forth brought,

from bondage great and also servitude extreme.

His works was such as did surmount man's heart and thought,

so that we were much like to them that use to dream:

Our mouths were with laughter filled then, and eke our tongues did show us joyful men.

2 The heathen folk were forced then this to confess:

How that the Lord,

for them also great things had done.

3 But much more we, and therefore can confess no less:

Wherefore to joy,

we have good cause as we begun:

4 O Lord go forth, thou canst our bondage end,

As to Deserts, the flowing rivers send.

5 Full true it is, that they which sow in tears indeed,

A time will come

when they shall reap in mirth and joy.They went and wept,

in bearing of their precious seed: For that their foes

full oftentimes did them annoy:

But their return

with joy they shall sure see:

Their sheaves home bring, and not impaired be.

Nisi Dominus. Ps.127.W.W.

It is not man's wit, power, or labor, but the free goodness of God that giveth riches, preserveth towns and countries, granteth nourishment and children.

Sing this as the Lord's Prayer.

Except the Lord the house do build, And thereunto do set his hand:
What men do build it cannot stand,
Likewise in vain men undertake
Cities and holds to watch and ward,
Except the Lord be their safeguard.

- 2 Though ye arise early in the morn,
 And so at night go late to bed,
 Feeding full hardy with brown bread:
 Yet were your labor lost and worn,
 But they whom God doth love and keep
 Receive all things with quiet sleep.
- 3 Therefore mark well when ever you see That men have heirs to enjoy their land, it is the gift of God's own hand:

For God himself doth multiply Of his great liberality, The blessings of posterity.

4 And when the children come to age, They grow in strength and activeness, In person and in comeliness:

So that a shaft shot with courage, Of one that hath a most strong arm, Flies not so swift, nor doth like harm.

5 O well is he that hath his quiver Furnished with such artillery: For when in peril he shall be,

Such one shall never shake nor shiver, When that he pleadeth before the Judge Against his foes that bear him grudge.

Beat. omnes, Ps.128.W.W.

Here is described the prosperous estate of persons married in the fear of God, and the promises of God's blessings to all them that live in this honorable estate according to his commandments.

Sing this as the 137 Psalm.

Blessed art thou that fearest God, and walkest in his way: For of thy labor thou shalt eat, happy art thou I say.

- 2 Like fruitful Vine on thy house side, so doth thy wise spring out:
- Thy children stand like Olive plants thy table round about.
- 3 Thus art thou blest that fearest God, and he shall let thee see

The promised Jerusalem, and his felicity.

- 4 Thou shalt thy children's children see, to thy great joys increase,
- And likewise grace on Israel prosperity and peace.

Saepe expugnauerut. Ps.129.N.

He admonisheth the Church to rejoice though afflicted in all ages, for God will deliver and suddenly, destroy the enemies thereof.

Sing this as the 137 Psalm.

Oft they, now Israel may say, me from my youth assailed:

- 2 Oft they assailed me from my youth yet never they prevailed.
- 3 Upon my back the plowers plowed, and furrows long did cast:
- 4 The righteous Lord hath cut the cords of wicked foes at last.
- 5 They that hate me shall be ashamed, and turned back also:
- 6 And made as grass upon the house, which withereth ere it grow.
- 7 Whereof the mower cannot find enough to fill his hand:

Nor he can fill his lap, that goeth to glean upon the land.

Nor passersby pray God on them to let his blessing fall:

Nor say we bless you in the name of God the Lord of all.

De profundis. Ps.130.T.S.

An effectual prayer to obtain mercy and forgiveness of his sin, and at length deliverance from all evils.

Lord to thee I make my moan, when dangers me oppress: I call, I sigh, 'plain, and groan, trusting to find release.

2 Hear now O Lord, my request, for it is full due time:

And let thine ears aye be pressed unto this prayer mine.

3 O Lord our God if thou weigh our sins, and them peruse:

Who shall then escape and say, I can myself excuse?

4 But Lord thou art merciful, and turn'st to us thy grace;

That we with hearts most careful, should fear before thy face.

5 In God I put my whole trust, my soul waits on his will:

For his promise is most just, and I hope therein still.

6 My soul to God hath regard, wishing for him alway:

More than they that watch and ward to see the dawning day.

7 Let Israel then boldly in the Lord put his trust:

He is that God of mercy that his deliver must.

8 For he it is that must save Israel from his sin:

And all such as surely have their confidence in him.

Domine non est. Ps.131.N.

David charged with ambition, protesteth his humility before God. Sing this as the Lamentation.

O Lord, I am not puffed in mind, I have no scornful eye: I do not exercise myself

in things that be too high.But as the child that weaned is

even from his mother's breast: So have I Lord behaved myself in silence and in rest.

3 O Israel trust in the Lord, let him be all thy stay:Form this time forth forevermore, from age to age for aye.

Memento Domin. Ps.132.N.

The faithful grounded on God's promise made unto David, desireth that he would establish the same, both as touching his posterity, and the building of the Temple, to pray there as was forespoken.

Remember David's troubles Lord how to the Lord he swore,

- 2 And vowed a vow to Jacob's God, to keep forevermore
- 3 I will not come within my house, nor climb up to my bed:
- 4 Nor let my temples take their rest, nor the eyes in my head.
- 5 'til I have found out for the Lord, a place to sit thereon:
- An house for Jacob's God to be an habitation.
- 6 We heard of it at Ephrathah, there did we hear this sound:
- And in the fields and forests there, these voices first were found.
- 7 We will assay and go in now his tabernacle there:
- Before his footstool to fall down, upon our knees in fear.
- 8 Arise, O Lord, arise I say, into thy resting place:
- Both thou and the Ark of thy strength, the presence of thy grace.
- 9 Let all thy Priests be clothed Lord with truth and righteousness:
- Let all thy Saints and holy men sing all with joyfulness.
- 10 And for thy servant David's sake refuse not Lord, I say
- The face of thine anointed Lord nor turn thy face away.

The second part.

- 11 The Lord to David sworn in truth, and will not shrink from it:
- Saying, the fruit of thy body upon thy seat shall sit.
- 12 And if thy sons my covenant keep, that I shall learn each one:

Then shall their sons forever sit

upon thy Princely throne.

- 13 The Lord himself hath chose Zion, and loves therein to dwell:
- 14 Saying, this is my resting place, I love and like it well.
- 15 And I will bless with great increase her victuals everywhere:
- And I will satisfy with bread the needy that be there.
- 16 Yea, I will deck and clothe her Priests with my salvation:
- And all her Saints shall sing for joy of my protection.
- 17 There will I surely make the horn of David for to bud:
- For I have there ordained for mine a lantern bright and good.
- 18 As for his enemies I will clothe with shame forevermore:
- But I will cause his crown to shine more fresh than heretofore.

Ecce quam? Ps.133.W.W.

The commandment of godly and brotherly amity, compared to the most precious oil mentioned in Exod. 30. Sing this as the 127 Psalm.

- O how happy a thing it is, and joyful for to see
- Brethren together fast to hold, the band of amity!
- 2 It calls to mind the sweet perfume, and that costly ointment,
- Which on the Sacrifcer's head, by God's precept was spent.
- 3 It wet not Aaron's head alone, but drenched his beard throughout:
- And finally it did run down his rich attire about:
- 4 And as the lower ground doth drink the dew of Hermon hill:
- And Zion with her silver drops, the fields with fruit doth fill.
- 5 Even so the Lord doth pour on them, his blessings manifold:

Whose hearts and minds without all guile,

this knot do keep and hold.

Ecce nunc. Ps.134.VV.K.

He exhorteth the Levites that watch in the Temple to praise the Lord.

Behold and have regard, ye servants of the Lord:

- Which in his house by night do watch, praise him with one accord.
- 2 Lift up their hands on high, unto his holy place,
- And give the Lord his praises due his benefits embrace.
- 3 For why? the Lord who did both earth and heaven frame,
- Doth Zion bless and will conserve forevermore the same.

Laduate nomen. Ps.135.N.

He exhoreth all the faithful to praise God for his marvelous works and graces, wherewith he hath declareth his Majesty, to the confusion of all Idolaters.

O praise the Lord, praise him,

praise him, praise him with one accord:

- O praise him still, all ye that be the servants of the Lord,
- 2 O praise him ye that stand and be in the house of the Lord:
- ye of his court and of his house praise him with one accord.
- 3 Praise ye the Lord, for he is good, sing praises to his name:
- It is a comely and good thing, always to do the same.
- 4 For why? the Lord hath chose Jacob, his very one we see:
- So hath he chosen Israel, his treasure for to be.
- 5 For this I know and am right sure, the Lord is very great:
- He is indeed above all Gods, most easy to entreat.
- 6 For whatsoever pleased him, all that full well he wrought,
- In heaven, in earth, and in the sea, which he hath framed of naught.
- 7 He lifts up clouds even from the earth he makes lightning and rain:
- He bringeth forth the winds also, he made nothing in vain.
- 8 He smote the firstborn of each thing in Egypt that took rest,

He spared there no living thing,

the man nor yet the beast.

- 9 He hath in thee showed wonders great, O Egypt void of vaunts,
- On Pharaoh thy cursed King and his severe servants.
- 10 He smote then many nations, and did great acts and things
- He slew the great and mightiest, and chiefest of their Kings.
- 11 Sihon King of the Ammorites, and Og King of Bashan:
- He slew also the kingdoms all, that were of Canaan.
- 12 And gave their land to Israel, an heritage we see:
- To Israel his own people, an heritage to be.

The second part.

- 13 Thy name O Lord shall still endure, and thy memorial
- Throughout all generations, that are or ever shall.
- 14 The Lord will surely now avenge his people all indeed:
- And to his servants he will show favor in time of need.
- 15 The Idols of the heathen are made, in all their coasts and lands:
- Of silver and of gold be they the works even of men's hands,
- 16 They have their mouths and cannot speak and eyes and have no sight:
- 17 They eke have ears and hear nothing, their mouths be breathless quite.
- 18 Wherefore all they are like to them, that do so set them forth,
- And likewise those that trust in them, or think they be ought worth.
- 19 O all ye house of Israel, see that ye praise the Lord:
- And ye that be of Aaron's house, praise him with one accord.
- 20 And ye that be of Levite's house, praise ye likewise the Lord:
- And all that stand in awe of him, praise him with one accord.
- 21 And out of Zion sound his praise, the great praise of the Lord,

Which dwelleth in Jerusalem praise him with one accord.

Confitemini. Ps.136.N.

A most earnest exhortation to give thanks unto God for the creation and governance of all things.

Praise ye the Lord for he is good, for his mercy endureth forever,

- 2 Give praise unto the God of Gods, for his mercy endureth forever.
- 3 Give praise unto the Lord of Lords, for his mercy endureth forever.
- 4 Which only doth great wonders work, for his mercy endureth forever.
- 5 Which by his wisdom made the heavens, for his mercy endureth forever.
- 6 Which on the waters stretched the earth, for his mercy endureth forever.
- Which made great lights to shine abroad, for his mercy endureth forever.
- 8 As Sun to rule the lightsome day, for his mercy endureth forever.
- 9 The Moon and stars to guide the night for his mercy endureth forever.
- 10 Which smote Egypt with the first horn, for his mercy endureth forever.
- 11 And Israel brought out from them, for his mercy endureth forever.
- 12 With mighty hand and stretched arm, for his mercy endureth forever.
- 13 Which cut the red sea in two parts, for his mercy endureth forever.
- 14 And Israel made pass there through, for his mercy endureth forever.
- 15 And drowned Pharaoh and his host, for his mercy endureth forever.
- 16 Through wilderness his people led, for his mercy endureth forever.

- 17 He which did smite great noble Kings, for his mercy endureth forever.
- 18 And which hath slain the mighty Kings, for his mercy endureth forever.
- 19 As Sihon King of the Ammorites, for his mercy endureth forever.
- 20 And Og the King of Bashan land, for his mercy endureth forever.
- 21 And gave their land for heritage, for his mercy endureth forever.
- 22 Even to his servant Israel, for his mercy endureth forever.
- 23 Remembering us in base estate, for his mercy endureth forever.
- 24 And from oppressors rescued us, for his mercy endureth forever.
- 25 Which giveth food all flesh, for his mercy endureth forever.
- 26 Praise ye the Lord of heaven above, for his mercy endureth forever.
- 27 Give thanks unto the Lord of Lords, for his mercy endureth forever.

Another of the same by T.C.

Sing this as the 148 Psalm.

O laud the Lord benign,
Whose mercies last for aye,
2 Great thanks and praises sing
To God of Gods I say,
For certainly,
His mercies 'dure,
Both firm and sure,
Eternally.
3 The Lord of Lords praise ye,
Whose mercies aye do 'dure.
4 Great wonders only he
Doth work by his great power:
For certainly,
His mercies 'dure,
Both firm and sure,

5 Which God omnipotent, By his great wisdom high: The heavenly firmament Did frame as we do see: For certainly, His mercies 'dure, Both firm and sure, Eternally.

Eternally.

- 6 Yea he the heavy charge Of all the earth did stretch, And on the waters large, The same he did outreach For certainly, His mercies 'dure, Both firm and sure, Eternally.
- 7 Great lights he made to us, For why? his love is aye.
 8 Such as the sun we see, To rule the lightsome day, For certainly, His mercies 'dure, Both firm and sure, Eternally.

9 And eke the Moon so clear Which shineth in our sight: And stars that do appear, To guide the darksome night. For certainly, His mercies 'dure, Both firm and sure, Eternally.

10 With grievous plagues and sore All Egypt smote he than,
The firstborn less and more
He slew of beast and man,
For certainly,
His mercies 'dure,
Both firm and sure,
Eternally.

11 And from amidst their land His Israel forth brought, 12 Which he with mighty hand, And stretched arm hath wrought, For certainly, His mercies 'dure, Both firm and sure, Eternally.

13 The sea he cut in two, Which stood up like a wall: 14 And made through it go His chosen children all, For certainly, His mercies 'dure, Both firm and sure, Eternally.

15 But there he whelmed then The proud King Pharaoh, With his huge host of men And Chariots eke also. For certainly, His mercies 'dure, Both firm and sure, Eternally.

(Another of the same by T.C. – cont.)

16 Who led through wilderness
His people safe and sound:
17 And for his love endless
Great Kings he brought to ground:
For certainly,
His mercies 'dure,
Both firm and sure,
Eternally.

18 And slew with puissant hand, Kings mighty and of fame: 19 As of Ammorites land Sihon the King by name. For certainly, His mercies 'dure, Both firm and sure, Eternally.

20 And Of the Giant large, Of Bashan King also: 21 Whose land for heritage He gave his people though. For certainly, His mercies 'dure, Both firm and sure, Eternally.

22 Even unto Israel,
His servant dear I say,
He gave the same to dwell,
And there abide for aye.
For certainly,
His mercies 'dure,
Both firm and sure,
Eternally.

23 To mind he did us call In our most base degree: 24 And from oppressors all In safety set us free, For certainly, His mercies 'dure, Both firm and sure, Eternally.

25 All flesh on earth abroad With food he doth fulfill:
26 Wherefore of heaven the God To laud be it your will,
For certainly,
His mercies 'dure,
Both firm and sure,

Eternally.

Super flumina. Ps.137.W.W.

The Israelites in their captivity hearing the Chaldeans reproach and blaspheme God and his religion, desire God to punish the Edomites, who provoked the Babylonians against them, and prophesied the destruction of Babylon.

When as we sat in Babylon the rivers round about: And in remembrance of Zion, the tears for grief burst out.

2 We hanged our harps and instruments the willow trees upon:

For in that place men for their use had planted many one.

3 Then they to whom we prisoners were, said to us tauntingly,

Now let us hear your Hebrew songs, and pleasant melody.

4 Alas, said we, who can once frame, his sorrowful heart to sing:

The praises of our loving God, thus under a strange king?

5 But yet if I Jerusalem out of my heart let slide:

Then let my fingers quite forget the warbling harp to guide.

6 And let my tongue within my mouth be tied for ever fast,

If that I joy before I see thy full deliverance past.

7 Therefore O Lord, remember now, the cursed noise and cry:

That Edom's sons against us made, when they raised our City.

Remember Lord, their cruel words, when as with one accord:

Then cried, on, sack, and raise their walls in despite of the Lord.

8 Even so shalt thou (O Babylon) at length to dust be brought,

And happy shall that man be called, that our revenge hath wrought.

9 Yea blessed shall that man be called, that takes thy children young,

To dash their bones against hard stones

which lie the streets among.

Confitebor tibi. Ps.138.N.

David praiseth the goodness of God toward him, for which, even foreign Princes shall praise the Lord together with him. And he is assured to have like comfort of God hereafter, as heretofore.

Sing this as the 137 Psalm.

Thee will I praise with my whole heart, my Lord my God always:

Even in the presence of the Gods I will advance thy praise,

2 Towards thy holy Temple I will look, and worship thee:

And praised in my thankful mouth, thy holy name shall be.

3 Even for thy loving kindness' sake, and for thy truth withal

For thou thy name hast by thy word, advanced over all.

4 When I did call thou heardest me, and thou hast made also

The power of increased strength within my soul to grow.

5 Yea, all the Kings on earth they shall give praise to thee, O Lord:

For they of thy most holy mouth have heard the mighty word.

6 They of the ways of God the Lord in singing shall entreat:

Because the glory of the Lord it is exceeding great.

7 The Lord is high and yet he doth behold the lowly spirit:

But he condemning knows afar the proud and lofty wight.

8 Although in midst of trouble I do walk, yet shall I stand:

Renewed by thee, O my Lord, thou wilt stretch forth thy hand.

9 Upon the wrath of all my foes, and saved shall I be:

By thy right hand the Lord God will perform his work to me.

10 Thy mercies Lord endures for aye, Lord do me not forsake:

Forsake me not that am the work which thine own hand did make.

Domine probasti. Ps.139.N.

David to cleanse his heart from all hypocrisy, showeth that nothing is so secret which God seeth not, after declaring his zeal and fear of God, he protesteth to be enemy to all them that condemn God.

Sing this as the 95 Psalm.

- O Lord, thou hast me tried and known, my sitting thou dost know:
- 2 And rising eke, my thoughts afar, thou understandst also.
- 3 My paths, yea, and my lying down, thou 'compassest always:
- And by familiar custom art acquainted with my ways.
- 4 No word is in my tongue O Lord, but known it is to thee:
- Thou me behind hold'st, and before, thou layest thy hands on me.
- 5 Too wonderful above my reach Lord is thy cunning skill:
- It is so high, that I the same cannot attain until.
- 6 From sight of thy all-seeing spirit, Lord, whither shall I go?
- Or whither shall I flee away, thy presence to 'scape fro?
- 7 To heaven if I mount aloft, lo thou art present there:
- In hell if I lie down below, even there thou dost appear.
- 8 Yea, let me take the morning wings, and let me go and hide
- Even there where are the farthest parts, where flowing seas do slide.
- 9 Yea, even thither also shall thy reaching hand me guide:
- And thy right hand shall hold me fast, and make me to abide.
- 10 Yea if I say the darkness shall yet shroud me from thy sight:
- Lo even also the darkest night, above me shall be light.
- 11 Yea the darkness hideth not from thee, but night doth shine as day:
- To thee darkness and the light, are both alike alway.

The second part.

- 13 For thou possessed hast my reins, and thou hast covered me:
- When I within my mother's womb, enclosed was by thee:
- 14 Thee will I praise, made fearfully and wondrously I am:
- Thy works are marvelous right well my soul doth know the same.
- 15 My bones they are not hid from thee, although in secret place:
- I have been made and in the earth, beneath I shaped was.
- 16 When I was formless, then thine eye, saw me, for in thy book:
- Were written all, naught was before, that after fashion took.
- 17 The thoughts therefore of thee (O God) how dear are they to me?
- And of them all now passing great, the endless number be.
- 18 If I should count them, lo their sum, more than the sand I see:
- And whensoever I awake, yet am I still with thee.
- 19 The wicked and the bloody men, oh that thou wouldest slay:
- Even those O God, to whom depart, depart from me I say.
- 20 Even those of thee, O Lord my God, that speak full wickedly:
- Those that are lifted up in vain, being enemies to thee.
- 21 Hate I not them that hate thee Lord, and that in earnest wise?
- Contend I not against them all, against thee that arise?
- 22 I hate them with unfained hate, even as my very foes:
- 23 Try me O God, and know my heart, my thoughts prove and disclose.
- 24 Consider Lord if wickedness in me there any be:

And in thy way, O God my guide, forever lead thou me.

Eripe me Dom. Ps.140.N.

David prayeth unto the Lord against the cruelty, falsehood, and injuries of his enemies, assuring himself of his succor, wherefore he provoketh the just to praise the Lord, and to assure themselves of his tuition.

Sing this as the Lamentation.

- Lord save me from the evil man, and from the cruel wights,
- 2 Deliver me, which evil do imagine in their spirits.
- 3 Which make on me continual war, their tongues lo have they whet,
- Like Serpents, underneath their lips is adder's poison set,
- 4 Keep me O Lord from wicked hands, preserve me to abide
- Free from the cruel man, that means to cause my steps to slide.
- 5 The proud have laid a snare for me, and they have spread a net
- With cords in my pathways, and gins for me eke have they set.
- 6 Therefore I said unto the Lord, thou art my God alone:
- Hear me O Lord, O hear the voice, wherewith I pray and moan.
- 7 O Lord my God, thou only art the strength that saveth me:
- My head in day of battle hath been covered still by thee.
- 8 Let not O Lord the wicked have the end of his desire:
- Perform not his ill thought, least he with pride be set on fire,
- 9 Of them that 'compass me about, the chiefest of them all:
- Lord let the mischief of their lips upon themselves befall:
- 10 Let coals fall on them let him cast them in consuming flame:
- And in deep pits, so as they may not rise out of the same.
- 11 For no backbiter shall on earth, be set in stable plight:
- And evil to destruction still shall haunt the cruel wight.
- 12 I know the Lord th'afflicted will revenge, and judge the poor:
 The just shall praise thy name, just shall

dwell with thee evermore.

Domine clamaui. Ps.141.N.

David being grievously persecuted under Saul, desireth succor and patience, 'til God take vengeance of his enemies.

- O Lord upon thee do I call, Lord haste thee unto me.
- And hearken Lord, unto my voice, when I do cry to thee,
- 2 As incense let my prayer be directed in thine eyes:
- And the uplifting of my hands as evening sacrifice.
- 3 My Lord for guiding of my mouth set thou a watch before:
- And also of my mourning lips O Lord keep thou the door,
- 4 That I should wicked works commit, incline thou not my heart:
- With ill men of their delicates Lord let me eat no part.
- 5 But let the righteous smite me Lord, for that is good for me,
- Let him reprove me, and the same a precious oil shall be.
- Such smiting shall not break my head, the time shall shortly fall,
- When I shall in their misery make prayers for them all.
- 6 Then when in stony places down their Judges shall be cast:
- Then shall they hear my words, for then they have a pleasant tast.
- 7 Our bones about the grave's mouth, lo scattered are they found:
- As he that heweth wood, or he that diggeth up the ground.
- 8 But O my Lord my God, mine eyes do look up unto thee:
- In thee is all my trust, let not my soul forsaken be.
- 9 Which they have laid to catch me in, Lord keep me from the snare:
- And from the subtle gins of them that wicked workers are.
- 10 The wicked into their own nets together let them fall:
- While I do by thy help escape

the danger of them all.

Voce mea ad Dom. Ps.142.N.

thy justice answer me.

David neither for fear nor anger would kill Saul, but with a quiet mind prayeth unto God, who preserveth him.

Sing this as the 141 Psalm.

Before the Lord God with my voice, I did send out my cry: And with my strained voice unto the Lord God prayed I.

2 My meditation in his sight to pour I did not spare:

And in the presence of the Lord my trouble did declare.

3 Although perplexed was my spirit, my path was known to thee:

In way where I did walk a snare they slyly laid for me.

4 I looked and viewed on my right hand, but none there would me know:

All refuge failed me, and for my soul none cared though.

5 Then cried I Lord to thee, and said, my hope thou only art:

Thou in the land of living art my portion and my part.

6 Hark to my cry, for I am brought full low, deliver me

From them that do me persecute, for me so strong they be.

7 That I may praise thy name, my soul from prison Lord bring out:

When thou art good to me the just shall praise me round about.

Domine exaudi. Ps.143.N.

An earnest prayer for remission of sins, acknowledging that the enemies did cruelly persecute him by God's just judgment, he desireth to be restored to grace, to be governed by his holy Spirit, that he may spend the rest of his life in the true fear and worship of God.

Sing this as the 141 Psalm.

Lord hear my prayer, hark the 'plaint, that I do make to thee: Lord in thy native truth, and in 2 In judgment with thy servant Lord, oh enter not at all:

For justified in thy sight not one that liveth shall.

3 The enemy hath pursued my soul, my life to ground hath thrown:

And laid me in the dark, like them, that dead are long a-gone.

4 Within me in perplexity was mine encumbered spirit:

And in me was my troubled heart, amazed and affright.

5 Yet I record time past, in all thy works I meditate:

Yea, in the works I meditate that thy hands have create.

6 To thee O Lord my God, lo I do stretch my craving hands:

My soul desireth after thee, as do the thirsty lands,

7 Hear me with speed, my spirit doth fail, hide not thy face me from:

Else shall I be like them that down into the pit do go.

8 Let me thy loving kindness in the morning hear and know:

For in thee is my trust, show me the way that I shall go.

9 For I lift up my soul to thee, O Lord deliver me

From all mine enemies: for I have hidden me with thee.

10 Teach me to do thy will, for thou, thou art my God I say:

Let thy good spirit into the land of mercy me convey.

11 For thy name's sake with quickening grace alive do thou me make:

And out of trouble bring my soul, even for thy justice sake.

12 And for thy mercy slay my foes, O Lord destroy them all That do oppress my soul, for I thy servant am and shall.

Benedictus Dom. Ps.144.N.

David praiseth the Lord for his victories and kingdom restored, yet calling for the destruction of the wicked, he declareth wherein the felicity of any people consisteth.

Sing this as the 141 Psalm.

- Blest be the Lord my strength, that doth instruct my hands to fight:
- The Lord that doth my fingers frame to battle by his might.
- 2 He is my goodness, fort and tower, deliverer and shield:
- In him I trust, my people he subdues to me to yield.
- 3 O Lord, what thing is man that him thou holdest so in price?
- Or son of man, that upon him thou thinkest in this wise?
- 4 Man is but like to vanity, so pass his days to end.
- 5 As fleeting shade, bow down, O Lord, the heavens and descend.
- 6 The mountains touch, and they shall smoke cast forth thy lightning flame.
- And scatter them: thine arrows shoot, consume them with the same.
- 7 Send down thy hand even from above, O Lord deliver me:
- Take me from waters great, from hand of strangers make me free.

- 8 Whose subtle mouth of vanity and fondness doth entreat:
 And their right hand is a right hand
- And their right hand is a right hand of falsehood and deceit.
- 9 A new song will I sing O God, and singing will I be
- On Viol and on instrument ten stringed unto thee.
- 10 Even he it is that only gives deliverance to kings?
- Unto his servant David help from hurtful sword he brings.
- 11 Form stranger's hand me save and shield, whose mouths talk vanity:
- And their right hand is a right hand of guile and subtlety.
- 12 That our sons may be as the plants, whom growing youth doth rear:
- Our daughters as carved cornerstones, like to a Palace fair.
- 13 Our garners full, and plenty may with sundry sorts be found:
- Our sheep bring thousands, in our streets ten thousands may abound.
- 14 Our Oxen be to labor strong, that none do us invade:
- There be no going out, no cries within our streets be made.
- 15 The people blessed are that with such blessings are so stored:
- Yea, blessed all the people are, whose God is God the Lord.

Exaltabo te. Ps.145.N.

David describeth the wonderful providence of God in governing and in preserving all the other creatures. He praiseth God for his justice, mercy and special loving kindness towards those that call upon him, that fear him and love him.

Thee will I laud my God and king, and bless thy name for aye.

- 2 For ever will I praise thy name, and bless thee day by day.
- 3 Great is the Lord most worthy praise, his greatness none can reach.
- 4 From race to race they shall thy works praise,

and thy power preach.

- 5 I of thy glorious Majesty, the beauty will record:
- And meditate upon thy works, most wonderful O Lord.
- 6 And they shall of thy power and of thy fearful acts declare:
- And I to publish all abroad, thy greatness will not spare.
- 7 And they into the mention shall break of thy goodness great:
- And I aloud thy righteousness, in singing shall repeat.
- 8 The Lord our God is gracious, and merciful also:
- Of great abounding mercy, and to anger he is slow.
- 9 Yea good to all, and all his works his mercy doth exceed:
- 10 Lo all thy works do praise thee Lord, and do thy honor spread.
- 11 Thy Saints do bless thee, and they do thy kingdoms glory show:
- 12 And blaze thy power to cause the sons of men thy power to know.

The second part.

- 13 And of his mighty kingdom eke, to spread the glorious praise:
- Thy kingdom Lord a kingdom is, that doth endure always.
- 14 And thy dominion through each age, endures without decay:
- The Lord upholdeth them that fall, their sliding he doth stay.
- 15 The eyes of all do wait on thee, thou dost them all relieve:
- And thou to each sufficing food, in season due dost give.
- 16 Thou openest thy plenteous hand, and bounteously dost fill:
- All things whatsoever do live, with gifts of thy good will.
- 17 Lord is just in all his ways, his works are holy all:
- 18 Near all he is that call on him, in truth that on him call.
- 19 He the desires with they require, that fear him will fulfill:
- And he will hear them when they cry, and save them all he will.
- 20 The Lord preserves all those, to him that bear a loving heart:
- But he them all that wicked are, will utterly subvert.
- 21 My thankful mouth shall gladly speak the praises of the Lord:
- All flesh to praise his holy name, forever shall accord.

Lauda anima mea. Ps.146.I.H.

David teached that none should put their trust in men, but in God alone, who is almighty, and delivereth the afflicted, nourisheth the poor, setteth prisoners at liberty, comforteth the fatherless, widows, strangers, and is king forever.

Sing this as the 137 Psalm.

My soul praise thou the Lord always, my God I will confess:

- While breath and life prolong my days, my tongue no time shall cease.
- 3 Trust not in worldly princes then, though they abound in wealth:

Nor in the sons of mortal men, in whom there is no health.

4 For why? their breath doth soon depart to earth anon they fall,

And then the counsels of their hearts decay and perish all.

5 O happy is that man I say, whom Jacob's God doth aide:

And he whose hope doth not decay, but on the Lord is stayed.

6 Which made the earth and waters deep, the heavens high withal:

Which doth his word and promise keep, in truth and ever shall.

With right always he doth proceed, for such as suffer wrong:

The poor and hungry he doth feed, and loose the fetters strong.

7 The Lord doth send the blind their sight the lame to limmers restore:

The Lord I say doth love the right and just man evermore.

8 He doth defend the fatherless, and strangers sad in heart,

And quit the widow from distress, and ill men's ways subvert.

9 Thy Lord and God eternally, O Zion still shall reign:

In time of all posterity, forever to remain.

Laudate Dom. Ps.147.N.

The Prophet praiseth the bounty, wisdom, power, justice and providence of God upon all creatures, but specially upon his Church, which he gathered together after their desperation, declaring his word and judgment so toward them, as he hath done to no other people.

Praise ye the Lord,

for it is good unto our God to sing: For it pleasant,

and to praise it is a comely thing.

- 2 The Lord his own Jerusalem, he buildeth up alone,
- and the dispersed of Israel, doth gather into one.
- 3 He heals the broken in their heart, their sores up doth he bind:
- 4 He counts the number of the stars, and names them in their kind:
- 5 Great is the Lord, great is his power, his wisdom infinity:
- 6 The Lord relieves the meek and throws to ground the wicked wight.
- 7 Sing unto the Lord with praise, unto the Lord rejoice:
- And to our God upon the harp, advance your singing voice.
- 8 He covers heaven with clouds, and for the earth prepareth rain:
- And on the mountains he doth make the grass to grow amane.
- 9 He gives to beasts their food, and to young Ravens when they cry:
- 10 His pleasure not in strength of horse, nor in man's legs doth lie.
- 11 But in all those, that fear the Lord, the Lord hath his delight:
- And such as do attend upon, his mercies shining light.

The second part.

- 12 O praise the Lord Jerusalem, thy God O Zion praise:
- 13 For he the bars hath forged strong, wherewith thy gates he stays.
- 14 Thy children he hath blest in thee, and in thy borders he
- Doth settle peace, and with the flower of wheat he filleth thee.
- 15 And his commandment upon the earth he sendeth out:
- And eke his word with speedy course, doth swiftly run about.
- 16 He giveth snow like wool hoary frost like ashes he doth spread:
- 17 Like morsels cast his ice, thereof the cold who can abide?
- 18 He sendeth forth his mighty word, and melteth them again:
- His wind he makes to blow and then the waters flow amain.
- 19 The doctrine of his holy word, to Jacob he doth sow,
- His statutes and his judgments, he give Israel's to know.
- 20 With every nation he hath not so dealt, nor they have known
- His secret judgments, ye therefore praise ye the Lord alone.

Laudate Dom. Ps.148.I.H.

He provoketh all creatures to praise the Lord, in Heaven, and in all places, especially for the power that he hath given to his people Israel.

Give laud unto the Lord, from heaven that is so high:
Praise him in deed and word,
2 above the starry sky,
And also ye, his Angels all,
armies royal, praise him with glee.

- 3 Praise him both Moon and Sun,
 Which are so clear and bright:
 The same of you be done,
 Ye glittering stars of light,
 4 And eke no less,
 Ye heavens fair,
 And clouds of the air,
 His laud express.
- 5 For at his word they were,
 All formed as we see:
 At his voice did appear,
 All things in their degree:
 6 Which he set fast?
 To them he made,
 A law and trade,
 for aye to last.
- 7 Extol and laud God's name, On earth ye dragons fell: All deeps do ye the same, For it becommeth you well, 8 Him magnify, Fire, hail, ice, snow, And storms that blow, at his decree.

- 9 The hills and mountains all,
 And trees that fruitful are:
 The Cedars great and tall,
 His worthy praise declare,
 10 Beasts and cattle,
 Ye birds flying,
 And worms creeping,
 That on earth dwell.
- 11 All kings both more and less,
 With all their pompous train:
 Princes and all Judges,
 That in the world remain,
 12 Exalt his name,
 young men and maids,
 Old men and babes
 Do ye the same.
- 13 For his name shall we prove,To be most excellent:Whose praise is far aboveThe earth and firmament,14 For sure he shall,Exalt with bliss,The horn of his,And help them all.
- 15 His Saints all shall forth tellHis praise and worthiness,The children of Israel,Each one both more and less:16 And also theyThat with good willHis words fulfilland them obey.

Cantate Domino. Ps.149.N.

An exhortation to the Church, to praise the Lord for his victory and conquest that he giveth his Saints against all man's power.

Sing this as the 145 Psalm.

Sing ye unto the Lord our God a new rejoicing song:

And let the praise of him be heard his holy Saints among.

2 Let Israel rejoice in him that made him of nothing,

And let the seed of Zion eke be joyful in their King.

3 Let them sound praise with voice of flute unto his holy name:

And with the Timbrel and the Harp, sing praises of the same.

4 For why? the Lord his pleasure all hath in his people set:

And by deliverance he will raise the meek to glory great.

5 With glory and with honor both let all the Saints rejoice:

And now aloud upon their beds advance their signing voice.

6 And in their mouths let be the acts of God the mighty Lord:

And in their hands eke let them bear a double-edged sword.

- 7 To plague the heathen, and correct the people with theirs hands:
- 8 To bind their stately kings in chains their Lords in iron bands.
- 9 To execute on them the doom that written is before:

This honor all his Saints shall have, praise ye the Lord therefore.

Laudate Dom. Ps.150.N.

An exhortation to praise the Lord without ceasing by all manner of ways, for all his mighty and wonderful works. Sing this as the 147 Psalm.

Yield unto God the mighty Lord, praise in his Sanctuary:

And praise him in the firmament, that showeth his power on high.

2 Advance his name and praise him in his mighty acts always:

According to his excellency of greatness give him praise.

3 His praises with the Princely noise of sounding Trumpets blow:

Praise him upon the Viol, and upon the Harp also.

- 4 Praise him with Timbrel, and with Flute, Organs and Virginals:
- 5 With sounding Cymbals praise ye him, praise him with loud Cymbals,
- 6 Whatever hath the benefit of breathing praise the Lord:

To praise the name of God the Lord agree with one accord.

The end of the Psalms of David.

An Exhortation unto the praise of God

to be sung before Morning prayer, T.B. Sing this as the 100 Psalm.

Praise the Lord, O ye Gentiles all, which hath brought you into his light: O praise him all people mortal, as it is most worthy and right.

For he is full determined on us to pour out his mercy, And the Lord's truth be ye assured, abideth perpetually.

Glory be to God the Father, and to Jesus Christ his true Son, With the holy Ghost in like manner, now and at every season.

An Exhortation unto the praise of God,

to be sung before Evening prayer, T.B. Sing this as the 100 Psalm.

Behold now give heed such as be the Lord's servants faithful and true, Come praise the Lord every degree, with such songs as to him are due.

O ye that stand in the Lord's house, even in our own God's mansions: Praise ye the Lord so bounteous, which worketh our salvation.

Lift up your hands in his holy place, yea, and that in the time of night: Praise ye the Lord which giveth all grace, for he is a Lord of great might.

Then shall the Lord out of Zion, which made heaven and earth by his power, Give to you and your nation, his blessing mercy and favor.

Glory be to God the Father, and to Jesus Christ his true Son, With the holy Ghost in like manner, now and at every season.

Audi Israel. Exod.20.W.W.

Attend my people and give ear of ferly things I will thee tell: See that my words in mind thou bear, and to my precepts listen well.

The Lord's Prayer.

- 1 I am thy sovereign Lord and God, Which have thee brought from careful thrall, And eke reclaimed from Pharaoh's rod, Make thee no gods on them to call.
- 2 Nor fashioned form of any thing,in heaven or earth to worship it:For I thy God by revenging,With grievous plagues this sin will smite.
- 3 Take not in vain God's holy name, Abuse it not after thy will: For so thou might'st soon purchase blame, And in his wrath he would thee spill.
- 4 The Lord from work the seventh day ceased,
 And brought all things to perfect end:
 So thou and thine that day take rest,
 That to God's hests ye may attend.
- 5 Unto thy parents honor give, As God's commandments do pretend, That thou long days and good maist live In earth where God a place doth lend.
- 6 Beware of murder and cruel hate,
- 7 All filthy fornication fear.
- 8 See thou steal not in any rate.
- 9 False witness against no man bear.
- 10 Thy neighbor's house wish not to have, His wife nor ought that he calls mine: His field, his Ox, his Ass, his slave, Or anything that is not thine.

A prayer.

The Spirit of grace grant us (O Lord)
To keep these Laws our hearts restore:
And cause us all with one accord
To magnify thy name therefore.

For of ourselves no strength we have To keep these laws after thy will: Thy might therefore (O Christ) we crave, That we in thee may them fulfill.

Lord, for thy name's sake grant us this, Thou art our strength, O Savior Christ: Of thee to speed how should we miss, In whom our treasure doth consist?

To thee forevermore be praise, With the Father in each respect: And with the holy Spirit always, The comforter of thine elect.

The Lord's Prayer.

Our father which in heaven art,
And mak'st us all one brotherhood:
To call upon thee with one heart,
Our heavenly Father and our God,
Grant we pray not with lips alone:
But with the hearts deep sigh and groan.

Thy blessed name be sanctified,
The holy word might us inflame,
In holy life for to abide,
To magnify thy holy name:
From all errs defend and keep
The little flock of thy poor sheep,

Thy kingdom come even at this hour, And henceforth everlastingly: Thine holy Ghost into us pour, With all his gifts most plenteously From Satan's rage and filthy band Defend us with thy mighty hand.

Thy will be done with diligence, Like as in heaven in earth also: In trouble grant us patience, Thee to obey in wealth and woe. Let not flesh, blood, or any ill Prevail against thy holy will. Give us this day our daily bread,
And all other good gifts of thine:
Keep us from war, and from bloodshed,
Also from sickness, death, and pine:
That we may live in quietness,
Without all greedy carefulness.

Forgive us our offences all,
Relieve our careful conscience:
As we forgive both great and small
Which unto us have done offence:
Prepare us Lord for to serve thee
In perfect love and unity.

O Lord into temptation
Lead us not when the fiend doth rage:
To withstand his invasion,
Give power and strength to every age,
Arm and make strong thy feeble host,
With faith and with the holy Ghost.

O Lord from evil deliver us,
The days and times are dangerous,
From everlasting death save us,
And in our last need comfort us:
A blessed end to us bequeath,
Into thy hands our souls receive.

For thou O Lord art king of kings And thou hast power over all: Thy glory shineth in all things, In the wide world universal. Amen, Let it be done O Lord, That we have prayed with one accord.

The Creed.

All my belief and confidence Is in the Lord of might: The Father which all things hath made, The day and eke the night:

The heavens and the firmament And also many a star:
The earth and all that is therein,
Which pass man's reason far.

And in the like manner I believe, In Christ our Lord his Son:
Coequal with the Deity,
And man in flesh and bone:
Conceived by the holy Chost

Conceived by the holy Ghost, His word doth me assure? And of his mother Mary born, yet she a Virgin pure.

Because mankind to Satan was, For sin in bond and thrall, He came and offered up himself, To death to save us all.

And suffering most grievous pain Then Pilate being Judge, was crucified on the Cross, And thereat did not grudge.

And so he died in the flesh,
But quickened in the spirit,
His body then was buried,
As is our use and right,
His Soul did after this descend
Into the lower parts:
To them that long in darkness were,
The true light of their hearts.

And in the third day of his death: He rose to life again: To th'end he might be glorified, Out of all grief and pain.

Ascending to the heavens high, To sit in glory still: On God's right hand his father dear, According to his will. Until the day of judgment come, When he shall come again, With Angels power, yet of that day We all be uncertain.

To judge all people righteously, Whom he hath dearly bought: The living and the dead also, Which he hath made of naught.

And in the holy Spirit of God, My faith to satisfy, The third person in Trinity: Believe I steadfastly,

The holy and Catholic Church, That God's word doth maintain And holy Scripture doth allow, Which Satan doth disdain.

And also I do trust to have, By Jesus Christ his death: Release and pardon for my sins And that only by faith.

What time all flesh shall rise again, Before the Lord of might: And see him with their bodily eyes, Which now do give them light.

And then shall Christ our Savior,
The sheep and goats divide:
And give life everlastingly,
To those whom he hath tried.
Within his Realm celestial,
In glory for to rest:
With all the holy company,
Of Saints and Angels blest.

Which serve the Lord omnipotent, Obediently each hour: To whom be all dominion, And praise forevermore.

A prayer to the holy Ghost,

to be sung before the Sermon. Sing this as the 119 Psalm.

Come holy Spirit the God of might, comforter of us all:

Teach us to know thy word aright, that we do never fall.

O Holy Ghost visit our coast, defend us with thy shield:

Against all sin and wickedness, Lord help us win the field.

Lord keep our King and his counsel, and give them will and might,

To persevere in thy Gospel, which can put sin to flight.

O Lord that givest thy holy word, send Preachers plenteously:

That in the same we may accord, and therein live and die.

O holy spirit direct aright, the Preachers of thy word, That thou by them maist cut down sin,

as it were with a sword:

Depart not from those Pastors pure but aid them at all need:

Which break to us the bread of life, whereon our souls do feed.

O blessed spirit of truth keep us, in peace and unity:

Keep us from sects and errors all, and from all Papistry.

Convert all those that be our foes, and bring them to thy light:

That they and we may well agree, and praise thee day and night.

O Lord increase our faith in us, and love so to abound:

That man and wife be void of strife, and neighbors about us round.

In our time give thy peace O Lord, to nations far and nigh:

And teach them all thy holy word, that we many sing to thee.

All glory to the Trinity,
that is of mighties most,
The living Father, and the Son,
and eke the holy Ghost.
As it hath been in all the time,
that hath been heretofore:

As it is now, and so shall be, henceforth forevermore.

Da pacem Domine. F.G.

Give peace in these our days O Lord,
Great dangers are now at hand:
Thine enemies with one accord,
Christ's name in every land
Seek to deface,
Root out and race
Thy true right worship indeed:
Be thou our stay,
Lord we thee pray,
Thou helpst alone in all need.

Give us that peace which we do lack,
Through misbelief and ill life:
Thy word to offer thou dost not slack,
Which we unkindly 'gain strive.
With fire and sword,
This healthful word,
Some persecute and oppress:
Some with the mouth
Confess the truth,
Without sincere godliness.

Give peace, and us thy spirit down send,
With grief and repentance true,
Do pierce our hearts our lives to amend,
And by faith Christ renew:
That fear and dread,
War and bloodshed,
Through thy sweet mercy and grace,
May from us slide,
That thy truth may 'bide,
And shine in every place.

The Lamentation.

Through perfect repentance the sinner hath a sure trust in God: that his sins shall be washed away in Christ's blood.

O Lord in thee is all my trust,
give ear unto my woeful cry:
Refuse me not that am unjust,
but bowing down thine heavenly eye,
Behold how I do still lament
my sins wherein I do offend:
O Lord for them shall I be shent,
sith thee to please I do intend.

No, no, not so, thy will is bent,
to deal with sinners in thine ire:
But when in heart they shall repent,
Thou grant'st with speed their just desire,
To thee therefore still shall I cry,
to wash away my sinful crime:
Thy blood O Lord is not yet dry,
but that it may help me in time.

Haste thee O Lord, haste thee I say,
to pour on me the gifts of grace:
That when this life shall flit away,
in heaven with thee I may have place.
Where thou dost reign eternally,
with God which once did down thee send
WhereAngels sing continually,
to thee be praise world without end.

A thanksgiving after the receiving of the Lord's supper.

Sing this as the 137 Psalm.

The Lord be thanked for his gifts, and mercies evermore:

That he doth show unto his Saints, to him be laud therefore.

Our tongues cannot so praise the Lord, as he doth right deserve:

Our hearts cannot of him so think, as he doth us preserve.

His benefits they be so great, to us that be but sin:

That at our hands for recompense, there is no hope to win.

O sinful flesh that thou shouldst have such mercies of the Lord:

Thou dost deserve more worthily, of him to be abhorred.

Naught else but sin and wretchedness, doth rest within our hearts:

And stubbornly against the Lord, we daily play our parts,

The sun above the firmament which is to us a light:

Doth show itself more clear and pure, than we be in his sight.

The heavens above, and all therein, more holy are than we:

They serve the Lord in their estate, each one in their degree.

They do not strive for mastership, nor slack their office set:

But fear the Lord and do his will, hate is to them no let.

Also the earth and all therein, of God it is in awe:

It doth observe the former's will, by skillful natures law.

The sea and all that is therein, both bend when God doth beck:

The spirits beneath do tremble all, and fear his wrathful check.

But we alas for whom all these were made them for to rule:

Do not so know or love the Lord, as doth the Ox or Mule.

A law he gave for us to know, what was his holy will:

He would us good, but we would not avoid the thing is ill.

Not one of us that seeketh out, the Lord of life to please:

Nor do the thing that might us join, to Christ and quiet ease.

Thus are we all his enemies, we can it not deny:

And he again of his good will, would not that we should die.

Therefore when remedy was none, to bring us unto life:

The Son of God our flesh he took, to end our mortal strife.

And all the law of God the Lord, he did it full obey:

And for our sins upon the Cross, his blood our debts did pay.

And what we should not yet forget, what good he to us wrought:

A sign he left our eyes to tell, that he our bodies bought.

In bread and wine here visible, unto thine eyes and taste:

His mercies great thou maist record, if that his spirit thou haste.

At once the corn did live and grow, and was cut down with scythe:

And threshed our with many stripes, out from his husk to drive.

And as the mill with violence, did tear it out so small

And make it like to earthly dust, not sparing it at all.

(<u>A thanksgiving after the receiving of the</u> <u>Lord's supper. – cont.)</u>

And as the oven with fire hot,
did close it up in heat:
And all this done that I have said,
that it should be our mete.
So was the Lord in his ripe age,
cut down by cruel leath:
His soul he gave to torments great,
and yielded up his breath.

Because that he to us might be
an everlasting bread:
With much reproach and troubles great,
on earth his life he led,
And as the grapes in pleasant time,
are pressed very sore:
And plucked down when they be ripe
and let to grow no more.

Because the juice that in them is, as comfortable drink:
We might receive and joyful be, when sorrows make us shrink.
So Christ his blood out-pressed was, with nails and eke with spear:
The juice whereof doth save all those, that rightly do him fear.

And as the corners by unity into one loaf is knit:
So is the Lord and his whole Church, though he in heaven sit:
As many grapes make but one Wine, so should we be but one,
In faith and love in Christ above, and unto Christ alone.

Leading a life without all strife, in quiet rest and peace:
From envy and from malice both, our hearts and tongues to cease.
Which if we do, then shall we show, that we his chosen be
By faith in him to lead a life, as always willed he.

And that we may so do indeed, God send us all his grace. Then after death we shall be sure, with him to have a place.

Robert Wisdom.

Preserve us Lord by thy dear word, from Pope and Turk defend us Lord, Which both would thrust out of his Throne our Lord Jesus Christ thy dear Son.

Lord Jesus Christ show forth thy might, that thou art Lord of Lords by right, Thy poor afflicted flock defend, that we may praise thee without end,

God holy Ghost our comforter, be our patron, help and succor. Give us one mind and perfect peace, all gift of grace in us increase.

Thou living God in persons three, thy name be praised in unity: In all our need so us defend, that we may praise thee world without end.

FINIS.